



The Sophia Sun

Newsletter of
The Rudolf Steiner Branch (NC) of
The Anthroposophical Society in America
Chapel Hill, NC

APRIL - MAY 2012
VOLUME V, NUMBER 2

He Lives

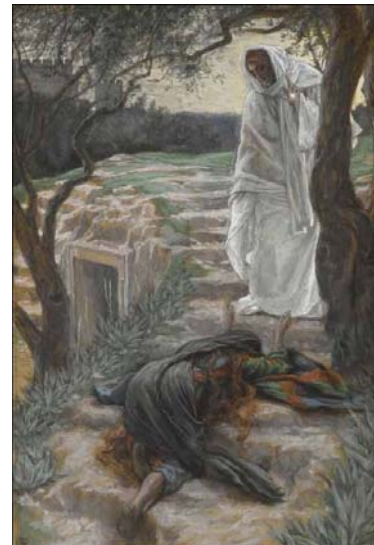
By Novalis

He lives! He's risen from the dead!
To every man I shout,
His presence over us is spread,
Goes with us in and out.

To each I say it; each apace
His comrades telleth too –
That straight will dawn in every place
The heavenly kingdom new.

He lives – will sit down by our hearts
Though all besides had ceased!
Therefore this day shall be the Earth's
Rejuvenescence-feast.

(from *Spiritual Songs* by Novalis; translated by George MacDonald)



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Logo above: "Woman Clothed With the Sun" by Baron Arild Rosenkrantz
Painting above right: Tissot's "Touch Me Not"

April 2012 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CC Children's Service-10a Act of Consecration of Man-10:30a CC Family Group Potluck and Children's Parade-4p Clemmons SG-6p Greensboro SG-7p	2 Easter Study-8:30a Greensboro SG-3:30p	3 Easter Study-8:30a	4 Easter Study-8:30a Eurythmy Classes 8:30a EWS-3rd Grade Seder Celebration Open to the Community - 5:30 pm Rose Cross SG-7:30p	5 Easter Study-8:30a Maundy Thursday Observance	6 GOOD FRIDAY Easter Study-8:30a 12n-Communal Meditative Reading Parzival opera 3:30 9p-Communal Meditative Reading	7 EASTER SATURDAY Easter Study-8:30a IANDS NDE SG-1:30p-Cary Labyrinth Walk-5p Dinner-6:30p Labyrinth Walk-9p
8 EASTER SUNDAY Sunrise-Easter Observation and Brunch-5:45a CC Group-11:30a Greensboro SG-7p	9 Greensboro SG-3:30p	10	11 Rose Cross SG-7:30p	12 Socially Resilient Child Gp-8:45a Reading to the Dead Group-7:30p	13	14
15 Meeting of the First Class-10a, (Review-11a) CC Group-11:30a Clemmons SG-6p Greensboro SG-7p	16 Greensboro SG-3:30p	17 IANDS NDE SG-7p-CH	18 Eurythmy Classes 8:30a Rose Cross SG-7:30p	19 Socially Resilient Child Gp-8:45a	20 EWS-Grade 6-11 Instrumental Concert-6:30p	21 Biodynamic Work Group 3pm
22 CC Group-11:30a Clemmons SG-6p Greensboro SG-7p	23 Greensboro SG-3:30p	24	25 Eurythmy Classes 8:30a Rose Cross SG-7:30p	26 Socially Resilient Child Gp-8:45a	27 Celtic Singing and Poetry with Treasa O'Dricoll 7:30 pm	28 Poetry Workshop 9-4 pm
29 CC Group-11:30a Greensboro SG-7p	30 Greensboro SG-3:30p					

May 2012 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Articles and calendar items for the next Sophia Sun should be sent to Kathleen Wright at kathleenwright51@peoplepc.com by May 20, 2012.						
		1	2 Eurythmy Classes 8:30a Rose Cross SG- 7:30p	3 Socially Resilient Child Gp-8:45a	4 Werbeck Singing Group-7:15p	5
6 CC Group-11:30a Clemmons SG-6p Greensboro SG-7p	7 Greensboro SG-3:30p	8	9 Eurythmy Classes 8:30a Rose Cross SG- 7:30p	10 Reading to the Dead Group- 7:30p	11	12
13 CC Group-11:30a Greensboro SG-7p	14 Greensboro SG-3:30p	15	16 Eurythmy Classes 8:30a Rose Cross SG- 7:30p	17 ASCENSION DAY Socially Resilient Child Gp-8:45a	18	19 Biodynamic Work Group 8 am
20 Meeting of the First Class-10a, (Review- 11a) Brunch and Open House at Infinity Farm 10 am CC Group-11:30a Clemmons SG-6p Greensboro SG-7p	21 Greensboro SG-3:30p	22	23 Eurythmy Classes 8:30a Rose Cross SG- 7:30p	24 Socially Resilient Child Gp-8:45a	25	26
27 WHITSUN CC Group-11:30a Greensboro SG-7p	28 Greensboro SG-3:30p	29	30 Eurythmy Classes 8:30a Rose Cross SG- 7:30p	31 Socially Resilient Child Gp-8:45a		

Holy Week Observances

Daily: Monday, April 2 to Saturday, April 7, 8:30 am, All are invited to a daily reading from Emil Bock's *The Three Years*, discussion and music at Joanna Cary's apartment at **Poplar Place, 605 Jones Ferry Rd., Apt. UU5, Carrboro. Phone: 919-885-7569** for more information.



Holy Thursday, April 5, there will be the traditional Washing of the Feet and reading the Discourse chapters from the St. John Gospel. Optional silent Pot Luck meal at 6 PM with the main event starting at **7:30 PM** at Joanna's (address above)

Good Friday, April 6, communal meditative reading to be done individually at noon and 9:00pm of **Luke: 23:44-48** and **Mark 15:33-39.** ; **3:30** viewing of Wagner's opera *Parzival* at the home of Linda Folsom, 6118 Dixon Rd., Durham;

call **493-8323** for more info. This is an abridged version of the opera and it will last a little less than 2 hours- (the unabridged version is close to 5 hours.) Rudolf Steiner identified Wagner as an old Hibernian initiate, and said that the Good Friday music from this opera is an imagination of the Mystery of Golgotha. It is truly a divinely inspired opera. For many years the Metropolitan Opera House in NYC had performances of *Parzival* every Good Friday starting at noon.

Good Friday evening – at the home of Joanna Carey; reading and lyre music; details still being worked out as of this printing. check the list-serve for update or call Joanna.

Holy Saturday, April 7, 5:00pm, You are invited to walk the labyrinth in front of UNC Hospital on Manning Drive. It is a replica of the labyrinth at Chartres Cathedral in France. **Directions to the labyrinth: It is in the hospital's front yard, off Manning Dr., but not visible from the street. If you turn into the hospital entrance on the U-road that deposits you in front of either the new Cancer wing, the Children's Hospital, the Main Hospital or the Women's hospital, you will pass by the labyrinth without noticing it. On that U-road entrance, you will notice the new Cancer wing on your right. The labyrinth is in front of that wing, between it and the U-road, down low behind a wall and a ramped sidewalk. If you are unable to walk down the steps or the ramp, you may enter the Cancer wing and take the elevators to the lower level and into the labyrinth outside the glass doors. You should park in the Parking Garage across the street,**

Holy Saturday, 6:30pm you are invited to join the Festivals Committee in a bread and soup supper plus preparation for tomorrow's Easter morning renewal at the Frey's house at 55207 Broughton in Governor's Club. **Call Judy at 928-8749** for information and to let her know that you will be there. Judy's community has a guard at the gate whom you must let know you are and whom you are visiting.

After supper if you have not walked the labyrinth and wish to do so, there will be a group going for a night walk at 9:00 pm.

You are invited to spend the night at the Freys' if you wish. There will be space for 6 guests in beds and others if you bring sleeping bags, but please let Judy know if you would like to do this, as there may not be enough beds.

Easter Sunrise Observance 5:45 am,
followed by breakfast, music and discussion
at the Freys'. The sun will crest the horizon at
6:27 a.m., but the pre-dawn glow will begin 30
minutes before, as all songbirds know

The Festivals Committee
Linda Folsom 493-8323
Peg Carmody 537-8142
Margaretta Bornhorst 824-7337
Marie Nordgren 544-9184
Joanna Cary 885-7569
Judy Frey 928-8749



Looking Toward Whitsun – May 27, 2012



The Festivals Committee of our Rudolf Steiner Branch is planning to participate in the following initiative. More details will follow on our list-serve, so please mark your calendars and please try to participate. This sounds wonderful:

2012 marks the centenary anniversary of Eurythmy. On Whitsunday, 27 May 2012, a worldwide celebration of eurythmy will be held all over the world. This has been initiated by Eurythmy Ireland.

They would like for as many people as possible to perform the "Hallelujah" exercise at exactly the same time, all around the world. "Hallelujah" was the first word made visible in Eurythmy by Lori Smits in 1912, under the direction of Rudolf Steiner. This is an invitation to an "inner event", to celebrate 100 years of Eurythmy by offering "Hallelujah" once more to world. This particular word has great healing power and we all know how much the world needs healing right now.

The time to perform this exercise in our region here in North Carolina is 7.00am. It will be 12noon Ireland, and 13:00 in the UK; We realize that some will have to rise with or before the dawn to take part - but it is hoped you will feel the gift you're offering is worth the effort!

WORKSHOP WITH YESHAYAHU BEN-AHARON

JUNE 8-10 2012

CHAPEL HILL, NC (EXACT VENUE STILL BEING WORKED OUT)

COST:\$125. FOR ENTIRE WORKSHOP (not including meals)

CONTINENTAL BREAKFAST AND CATERED LUNCH \$10.

Details are still being worked out as to the title of the workshop and the venue. The topic of the workshop will be based on Yeshayahu's most recent book *The Event in Science, History, Philosophy and Art*.

The workshop will begin on Friday evening with a viewing of Kurzweil's movie "The Transcendent Man", which concerns the effects on modern civilization as technology progresses in the twenty-first century. A discussion will follow.

Ben-Aharon looks at creative developments in science, history, philosophy and art and how they can "contribute towards a new understanding of life, consciousness and social interaction".

The weekend will require a basic understanding or openness to Anthroposophy, and should be seen as a deepening of work being taken up by people currently involved in meeting the challenges of the 21st century through an anthroposphical lens.



For updates on Dr. Ben-Aharon's visit, please contact **Peg Carmody** at: mcarmody@nc.rr.com or call her at: **919-537-8142**.

For more information on Yeshayahu (Jesaiiah) Ben-Aharon you can check out his website at www.ybasite.com or you can Google his Wikipedia page. Many of his books are available at amazon.com. A recent article of Dr. Ben-Aharon's appeared in the Fall issue of *Being Human* which was entitled "Anthroposophy and Contemporary Philosophy in Dialogue" If you would like a copy of it, please contact Kathleen Wright at 919-309-9622 or email her at kathleenwright51@gmail.com

Brochures on the conference will be sent out in about a month. Be sure to check our list-serve. Those not on the list-serve who are members of the Anthroposophical Society in our surrounding states will receive a brochure by mail. If you do not live in the Southeast, please contact Peg Carmody to receive a brochure when it becomes available.

News from Whitted Bowers Farm

Wow. With night time temperatures in the 50's for the last 10 days, the soil has exploded with all things spring, even though we are not officially there yet. The birds are serenading us in the morning and the peepers chime in at night providing the most lovely bookends on the day. Mason, honey and bumble bees are dancing around the blossoming plums, strawberries and blueberries. Soon the blackberry blossoms will pop and the symphony will evolve. Everything is a deeper green. The crops in the field are jumping as if in a contest to see who can be ready first. We've been picking asparagus for 5 days now, the surest sign that the season is here. This is an amazing time of year on the farm. Nature spirits abound and it is hard not to feel their presence. (continued on next page)

It has been an incredibly busy "off season" for us. We've added roads, over 220 fruit trees, more brambles and have been fully occupied with the usual array of down time duties. One of the things we are most excited about is the completion of our new pick-your-own



while others pick berries!

We've also continued our efforts to educate the general public about biodynamic agriculture. We hosted Dr. David Orr, Professor of Organics at NC State, Masters and Doctoral students in early March for a tour of the farm and discussion about biodynamic agriculture. We are a test sight for Dr. Orr's research involving native plantings for pollinators and beneficial insects. Related to Dr. Orr's work, we are also very excited to have been asked by the Xerces Society for Invertebrate Conservation, an Oregon-based non-profit dedicated to the preservation of native pollinators, to be a demonstration site for the east coast. We are in the midst of putting together a plan to expand our native plantings to ensure ample forage for all of our native pollinators and beneficial insects. Additionally, the farm was featured in the most recent addition of the Saturday Evening Post in a cover article titled, "The Organic Food Paradox" written by Barry Yeoman, a Durham-based freelance journalist. We will be on the Carolina Farm Stewardship Farm Tour April 28th and 29th. The tour is a wonderful opportunity to see and visit with farms who are creating one of the most vibrant local food scene's in the country. This will be our fifth year in a row on the tour. Lastly, we will participate in the annual Farm to Fork Picnic in late May. The picnic was described by Gourmet magazine as the "best buffet in the country." Local farms are teamed with area chefs in a wonderful celebration. We feel fortunate and blessed to continue to have venues to talk about biodynamics and the importance of local, sustainable food.

We recently received our formal Demeter Biodynamic certification for this season. This is the fourth year running for our certification and we are proud to be affiliated with Demeter-USA, an organization that is on the forefront of sustainable agriculture and the battle against corporate farming and all that comes with it. We remain one of two farms in the southeast with the Demeter certification.

And lastly, the strawberries will be very early this year. We anticipate opening the Pick-Your-Own **as early as April 10**. There are loads of green fruit on the plants and we appear to be headed for a great season. But, a lot can happen in a few weeks, so we remain conscious that all of this is a gift. We invite all of you to come visit the farm and to help support biodynamics in the southeast.

With thanks and gratitude,

Rob, Cheri and Téa

Wed. & Saturdays at the Carrboro Farmers' Market

Editor's Note: After the above article was received, we received word from the Whitted-Bowers that their farm is featured on the Demeter-usa.org website. There are three pictures of the farm in the slideshow that you will see at the top of the Homepage of Demeter-usa.



shelter/farm stand. Francisco Plaza's fine craftsmanship is now on display and the building will help our visitors find shade, relax and gaze out on the fields, perhaps

ARTIST ANNE STOCKTON HAS CROSSED THE THRESHOLD

On Tuesday, January 31, 2012, Anthroposophical artist Anne Stockton departed this life. Anne's Funeral Service was held on February 6th at the Christian Community Church in Forest Row, England. Although born in America, Anne spent much of her adult life in England.

Anne was one of the founding members of Emerson College in Forest Row and she taught painting there for many years. She and her late husband Kurt Falk helped to found the Tobias School of Art in 1979. Anne wrote a number of books during her life including two children's books which she illustrated : *Honey Bun: An Enchanting Memoir About an Exceptional Cat* and *The Harvest Story*. She also wrote *Art: An Introductory Reader* and most recently she created the veil paintings for *The Illustrated Calendar of the Soul*.

Anne was introduced to Anthroposophy by her Mother who discovered Anthroposophy while pregnant with Anne's brother, Peter. Peter was very good friends with Henry Barnes. They were in school from first grade until they began their college studies at Harvard University. Unfortunately, Peter died while at Harvard; however, it was Anne and Peter's Mother who introduced the Barnes brothers to Anthroposophy. Anne described her brother and the Barnes brothers (Henry and Edward) as being like "Parzival seeking the Grail".



Drawing Identified by Steiner As Incarnation of Christian Rosenkreutz



The drawing on the left was shown to Rudolf Steiner by Count Lerchenfeld. The Count said to Steiner that this picture had been with his family for many years, and he believed it to be an ancestor of his. Steiner shook his head and said, "No, this is not a relative of yours. This is the Count St. Germain." This was an incarnation of Christian Rosenkreutz's during the French Revolution. This drawing and the link to it was sent to me on Facebook. Because the theme of the year is about Christian Rosenkreutz and Rudolf Steiner, we thought you would find it of interest. The link from where it came is in French:

www.eurhythmiste.com/images/stories/livres/Portraits11.12.pdf

- Kathleen Wright, editor

New Buying Club at Infinity Farm

I have been considering several variations to the familiar CSA (community supported agriculture) model for the farm this year. The reason being that the original CSA model that developed in New England in the mid-1980's has become less and less appealing to today's lifestyle. While a noble attempt to connect consumers with their farmers, it does not offer the flexibility and convenience we are used to in other food venues. This year, after much research and conversation, I am offering what could be called more of a buying club than a CSA. You may still consider it a CSA if you want since, by joining the club, you will definitely be part of the community supporting Infinity Farm. This model will be more user friendly for you and not add too much extra time and labor for me. Another new twist is that I am collaborating with Whitted Bowers Farm (a biodynamic fruit and vegetable farm just down the road). Their delicious strawberries and various melons will be available through Infinity Farm's buying club. Also, in the fall, the superb wild caught sockeye salmon that was obtained last year for CSA members and others will be part of the buying club as well. My goal is to eventually work with other biodynamic and organic producers in order to offer a "grocery store" of healthy (mainly biodynamic) produce for members. — **Jon Lyerly**



Providing Fresh Organic/Biodynamic Produce to the Local Community

About the Farm

Infinity Farm is located on 161 beautiful acres in northern Orange County. It is an ideal mix of pastureland and forest with 4 ponds and a wildlife marsh area. The land has been farmed since 2003 using sound biodynamic and organic agricultural principles. We use absolutely no chemical fertilizers, pesticides, herbicides, or fungicides. All animals are hormone and antibiotic free.

In 2012 we are growing a wide range of vegetables, herbs and flowers for our buying club and wholesale accounts.

About the farmer

Jon Lyerly has been involved in biodynamic farming since 1998. He apprenticed for four seasons on several biodynamic farms. Since 2002 he has managed three farms and has given workshops and classes at independent institutions and biodynamic conferences. He has a B.S in Microbiology from Auburn University.

FAQ's

- What is biodynamics?
Biodynamics is a method of farming that incorporates sound organic farming practices such as composting, cover cropping and crop rotations. In addition, specific preparations or remedies are applied to the compost piles and also sprayed directly on the fields, which have been shown to homeopathically enhance nutrient uptake, root formation and photosynthesis resulting in superior crops. For more info see www.biodynamics.com.
- What kind of produce is available?
A wide variety of vegetables, culinary herbs, flowers plus early season strawberries and wild caught sockeye salmon. Please see our harvest schedule.
- Where and when can I pick up my share?
Shares can be picked up at the farm at 1600 McDade Store Rd. Cedar Grove, NC. Also multiple pick up sites (most likely 6 or 7) in Chapel Hill, Carrboro, Durham and Hillsborough will be available. Specific locations and times/days will be given shortly.
- When does the season begin?
This is totally dependent on the weather. Continued mild weather can push the first week of harvest as early as the third week of April. Notice of start date will be given in early April.

- How does the buying club work?

* Each week an availability list of crops and prices will be sent to members. From that list you may chose whichever crops and amounts of each for your box. Orders must be placed before 5:00pm of the evening before your pick up day.

For example....

<u>Crop Availability List</u>	>	<u>Your order</u>	
Spinach \$3.00/bunch		Spinach 1 bunch	\$3.00
Carrots \$3.00/bunch		Carrots 2 bunches	\$6.00
Strawberries \$5.00/quart		Strawberries 2 quarts	\$10.00
Radishes \$2.00/bunch		Mixed Greens 1 bunch	<u>\$4.00</u>
Kale \$3.00/bunch			\$ 23.00
Arugula \$4.00/ bag			
Mixed Greens \$4.00/bag			
Beets \$ 3.00/bunch			

* There is a \$20.00 minimum on orders.

* You may skip any number of weeks anytime you wish. Simply do not place an order for those weeks.

* There are 3 ways you may join:

1. Membership fee of \$50.00. This includes \$25.00 for materials and labor plus \$25.00 credit towards produce. You may pay as you order per week after your \$25.00 of credit is used up.
2. Membership fee of \$200.00. This includes \$25.00 for materials and labor plus \$175.00 credit towards produce. You may pay as you order after your \$175.00 of credit is used up or pay an additional \$200.00 (all for produce) at that time.
3. Membership fee of \$400.00. This includes \$25.00 for materials and labor plus \$375.00 credit towards produce. If your credit is used up before the season is over you may pay as you order per week until season's end.

* **Membership dues must be paid by April 15, 2012. Please send to...**

**Infinity Farm
1600 McDade Store Rd.
Cedar Grove, NC 27231**

* On Infinity Farm's website (in progress) there will be a Paypal option for convenient weekly payments.

* 5 wax boxes (2 for the rotation plus 3 spares) will be provided for each member (part of your \$25.00 fee). These are your boxes with your name on them. Please return the previous week's box.

* For those of you with credit, a record of the week's purchase with remaining credit will be provided in your box each week.

Other questions ?

Contact Jon Lyerly at 919-357-7453 or at infinityfarmbiodynamics@gmail.com or jelyerly2@gmail.com

VOLUNTEER AND LEARN AT INFINITY FARM! 2012 Biodynamic Working Group Schedule

Note: Whoever helps out is welcome to take some of the preparation home to spray on your own lawns and gardens. My hope is that those of you interested in learning about, and (more importantly) applying the biodynamic preparations at your place can do so with the help of others. It is no fun trying to practice biodynamics by yourself. We will be meeting the third Saturday of each month through October.

April 21 @ 3:00 pm.....Horn Manure Preparation
 May 19 @ 8:00 am.....Horn Silica Preparation (this prep
 must be applied near sunrise)
 June 16 @ 3:00 pm.....Equisetum Preparation
 July 21 @ 3:00 pm.....Barrel Compost Preparation
 August 18 @ 3:00 pm.....Horn Manure Preparation
 September 15 @ 8:00 am.....Horn Silica Preparation
 October 20 @ 3:00 pm.....Equisetum Preparation

More Events at Infinity Farm:

Friday, April 27, at 7:30 PM

An Evening with Treasa O'Driscoll

In the Brown Wing at EWS High School

Celtic sean-nos songs, poetry reading and reading of passages from her autobiography *Celtic Woman: A Memoir of Life's Poetic Journey*

\$10. includes Refreshments

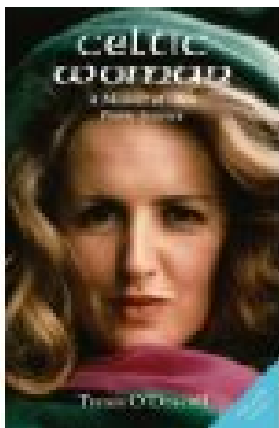
Saturday, April 28, 9 AM to 4 PM

In the Brown Wing at EWS

A Workshop with Treasa O'Driscoll: "Poetry, Presence and Place, the Celtic Way of Peace"

Cost: \$50. includes lunch

Treasa will engage the participants in conversation, meditation, writing and speaking exercises



Treasa O'Driscoll grew up in a large Catholic family in Ireland. She married a Canadian professor and moved to Canada where she has spent most of her adult life. With her husband she is helping to establish a Celtic/Irish culture in Toronto while raising their four children. Treasa is a gifted singer, poet and story teller. She has a delightful sense of humor, and is a member of the Anthroposophical Society and the School of Spiritual Science.

Her work has been praised by such authors as Nuala O'Faolain, James Redfield and Malachy McCourt. Robert Sardello has said of Treasa: "Her presentation is pure ritual. Treasa O'Driscoll takes the audience on a journey into another world where people undergo a transformation."

For more information call Joy and Robert Kwapien at 732-1840 or

email: jrkwapien@earthlink.net

**SUNDAY, MAY 20
Open House and Sunday Brunch
At the Farmhouse at Infinity Farm**

Reservations include a 20% discount coupon for later room booking, special events such as weddings and family reunions. Email jrkwapien for more details.

**FRIDAY, JUNE 1 at 7:30 pm
A Viewing of the Documentary "Queen of the Sun"
With Gunther Hauk**

\$10. including refreshments

Gunther will give a short commentary after the film
Venue to be announced. We are anticipating a large crowd and hope to book a large hall at the Eno River Unitarian Universalist Fellowship. Check the list-serve for the update.



SATURDAY, JUNE 2
9 am – 4 pm
a Workshop with Gunther Hauk:
"The Mystery of the Honeybee"
Cost: \$45. includes lunch.

Proceeds to Benefit Spikenard Farm Bee Sanctuary.

**Palm Sunday Weekend Retreat:
"I am the Vine and You Are the Branches"**

A weekend contemplation on the Gospel of John in preparation for Easter



with Rev. Carol Kelly
Friday March 30, beginning 5:30pm – Sunday April 1,
ending 12:30pm

\$65 if you pre-register, \$75 at the door
Dogwood Building, Camp New Hope

"Christ, whom all human beings will become able to see now, in our century, who comes as the healer of pride and despair in every human being, can be experienced now in a new way, which was earlier not possible." ~ Rudolf Steiner: *From Jesus to Christ*

Friday, March 30

5:30 pm Gathering & Supper, Singing

7:30 pm– 8:15 pm Evening presentation and conversation on the theme; “The anointing with oil in Bethany; the intuitive powers of Mary Magdalene; what does the oil bring?”

8:45 pm – 9 pm Vesper Service

Saturday, March 31

9 am - Act of Consecration of Man

9:45 - Breakfast and Singing

10:45 am – 11:30 am Morning presentation on the theme: “Palm Sunday – the Sun Being in full radiant glory; the Washing of the Feet; the Last Supper”

12:15 pm– 1:30 pm Lunch

1:30 pm Drama activity with Margaret Heath

Short Break

2:45 pm – 3:45 pm Conversation on the theme: “I am the True Vine, You are the branches – how can we make a new start in total trust, becoming ever more His Disciple? Forming an inner circle of disciples as a chalice.

3:45 - Walking the labyrinth at Camp New Hope: a meditative interlude

5-6 pm Cooking dinner together, Supper and Singing

7:30 pm Presentation on the theme: “The Events of the Passion of Christ; how do we live with the Imagination in such a way that it works in us?”

8:45 pm – 9 pm Vesper Service

Palm Sunday, April 1 (Held in the Dogwood Building at New Hope Camp and Conference Center - NOTE: This is a different building than the one we usually use on Sundays. Watch for signs!)

9:00 am - Children’s story

9:30 am - Children’s service

10:30 am - Act of Consecration

11:45 am - Hot cross buns & coffee

4 pm - 6pm - Family Group gathering at the home of Lisa Stauffer - please contact Lisa for directions and more information - lisavstauffer@aol.com or 919-929-9827. The whole community is invited to attend.

Children’s story with Carol Kelly

Cockerel cross parade

Planting Easter grass

Potluck Dinner

IMPORTANT NOTE: Palm Sunday events are not part of the retreat) Everyone welcome! Please don’t let cost be a deterrent to your weekend attendance. Financial aid can be available. Those who are unable to attend the whole workshop may attend individual sessions; please try to make a generous donation to help cover costs.

Out of town or local attendees: Bunk-bed lodging in the Dogwood building is available for \$20 per night.

Questions or directions - contact christiancommunity.nc@earthlink.net

Suggested Donation for the Retreat: \$65. in advance; \$75. at the door

Attendance at individual sessions permitted; donation discretionary

Please register by emailing christiancommunitync@earthlink.net or

Call Linda Folsom at 919-493-8323

EURYTHMY WORKSHOP

WITH HOLLY JENSEN

**SATURDAY,
APRIL 21ST
2:00 – 5:00 P.M.**

**AT BROOKBERRY FARM
MEADOWLARK RD.
WINSTON-SALEM, NC**

**\$25. INCLUDES LIGHT
REFRESHMENTS**

**PRE-REGISTRATION
REQUIRED EMAIL:
robeanson@windstream.net**

**Or call:
(336) 408-9899**



In this workshop we will discover some of the many aspects of eurythmy - most importantly the social aspect. Through different exercises we will experience how Eurythmy awakens our awareness to the space and people around us (without losing ourselves). We will also be working with a few poems, bringing them to life through movement and consciousness.

No experience necessary. Comfortable clothing and soft soled shoes are recommended.

“If a human being reveals through Eurythmy - gestures what his being inherently possesses as language and enables the entire soul experience to become visible, then the mysteries of the world may be artistically expressed.”

Rudolf Steiner



Holly Jensen grew up in the USA and then attended the Rudolf Steiner Seminar in Jarna, Sweden, where she completed a training in Curative Education. She then moved to Denmark and began a four-year training in Eurythmy at Aarhus. She also took Eurythmy classes at Peredur Eurythmy School in East Grinstead, UK, earning a degree in Curative Eurythmy. She worked for 18 years at the Waldorf School in Veijle, Denmark as both a classroom and Eurythmy teacher. She has also been performing Eurythmy with a traveling ensemble for 21 years throughout Denmark, Holland, Switzerland and Germany.

**.Annual General Meeting
Rudolf Steiner Branch
of the Anthroposophical Society of America
March 17, 2012**

This year's meeting was a warm and lively gathering of 18 people. It was held in the Eurythmy Room of the Emerson Waldorf School.

Introductions and agenda presided over by President Peg Carmody.

After a reading of the ***Calendar of the Soul***, Peg read the names of those who have crossed the Threshold in the past year.

All were then asked to give a short review of a significant event related to the Branch which occurred over the past year. This proved to be an important revelation and recollection of the variety of events which took place within the Branch and the nature of its individuals and their personal situations.

We were then presented with a preview of what is or will be happening over 2012.

The Foundation Studies program will graduate their next set of graduates in June.

Douglas Gerwin will be visiting soon. There are 17 students at present.

- Much discussion over possible speaker/workshop venues to be decided relatively soon. There is a desire to hear from the community for ideas for Michaelmas and Whitsun of this year.
- Mention was made of the 100th anniversary of eurythmy this year and hopes that something special could be offered.
- A movie night has been proposed with the recently released film on the life of Rudolf Steiner
- Another movie was also mentioned. "The Queen of the Sun" could be shown in conjunction with a talk by Gunther Hauk, famed honey bee advocate and bio-dynamic farmer currently living in Virginia.

The First Class Report was given.

- Class lessons have been occurring each month throughout the year except July and August.
- There are 34 members of which 24 are active.
- The average number of people at any lesson is 15. It was noted that many people have been struggling with illness this past year.
- There is a review conversation after each lesson which usually includes all who have attended the lesson. These prove to be fruitful events.
- A new cycle of Class lessons will begin in September of 2012 with lesson 1.
- People are encouraged to engage in conversation with any of the 3 Class Holders if interested in joining the First Class. September will be an opportune time to join as Lesson 1 begins the cycle.

The Eastern Regional Council Report (Kathleen was not present; written report submitted)

The Eastern Regional Council consists of Ed Scherer; Ann Finucane and Kathleen Wright. Ed serves as Treasurer and Phone conference chairperson. Ann is the ERC representative to the General Council and Collegium. Ed serves the northeastern states; Ann the Mid-Atlantic States, and Kathleen the Southeastern states. The group has bi-monthly phone conferences to plan their events and for Ann to report on what is happening in the Society based on the meetings she attends with the General Council and Collegium. While the group usually

meets in person at least once a year, this year because of trying to cut expenses, it has not met. Among the Fall activities of the ERC was phoning lapsed members to find out why they had dropped out (Over 300 did not pay their dues this past year. For most, the reason was financial; others had moved and had been too busy to reconnect with the Society. A very small percentage cited having differences with the Society.) A few people were interviewed as potential new members of the Eastern Regional Council, but so far no one new has been added.

An ongoing activity of the Council is to welcome new members into the Society and ask them if they would like information about contacting groups and branches in their area. The ERC also had a special phone conference with the Treasurer and Membership Coordinator of the Society to discuss the financial problems of the Society and brainstorm ideas for improvements. In March, Kathleen will attend a conference on the *Calendar of the Soul* in Florida as representative of the ERC. In June she will attend the Tennessee annual conference and in August, she and Ann will attend the Leadership Colloquium in Ann Arbor, as well as the AGM there. Plans are in the making for a joint Regional Councils meeting to share ideas for enlivening the work of the Councils. It will happen some time after the Leadership Colloquium. Kathleen intends to contact the South Carolina groups to see if they are interested in having a conference together. There are only a few groups there, but one never hears from them. It is hoped that by connecting the groups, they will begin working together more.

Respectfully submitted,
Kathleen Wright

Sophia Sun report: (Kathleen was not present; written report was submitted.)

The Sophia Sun has been published for over four years now. This year the newsletter has been issued bi-monthly instead of monthly as in previous years, with the exception of September and October when there were two consecutive issues. This was because the editor felt that it was taking too much of her time and she was afraid of burning out completely; also there wasn't enough happening to warrant such frequent issues, especially when so many members rely on the list-serve for event reminders. Kathleen Wright is the editor-in-chief and Linda Folsom is the Calendar editor.

This year there are only 18 members who receive hard copies of the newsletter. This, combined with the fact that members who receive the newsletter by mail, pay an extra fee in their dues, has reduced the cost of the newsletter drastically. Each month 12 copies are given to the Emerson Waldorf School so that interested parents and faculty members may read it.

There are approximately 135 members on our list-serve who receive the newsletter via email, plus it is available on our website. There is also a separate email list for people who only wish to receive newsletter. It has nearly 50 members. We receive on average two letters per month, from all over the country (and sometimes from other countries too) from people who have read the newsletter. Some simply praise it or want to subscribe to it; others ask permission to reprint articles or ask us to share information about Anthroposophy or anthroposophical groups. Because we are on the web, many people come upon us when they do searches.

The web manager at RTP.net had been posting the newsletter for us for free for the last few years, but recently announced that he wanted to be paid for the service. A call for help was sent out and Robert Mays stepped forward and said he would be willing to help us out. In addition to posting the newsletter each time, Robert has agreed to make some much needed updates to our website. These should be coming out soon.

Respectfully,
Kathleen Wright

ASNC Board Report:

A Treasurer is needed. Anyone interested in stepping forward will be greatly appreciated. By-Laws have been read and reviewed. A new committee has been formed to amend them.

Currently there are 60 dues-paying members of the Branch. A Question was raised as to whether there is a need for an Events Committee.

Financial Report

The financial report was given. Robert Mays gave a different perspective of the situation, changing the lost dollars into assets. Two workshops lost money. Ideas were generated to bring about a new envisioning of our financial picture. Developing a sponsorship program was addressed and will be taken up at the next Board meeting. Other ideas were shared on how to generate money for the various events that we wish to participate in. In general the Branch's financial situation is relatively intact.

National Leadership Colloquium Conference:

This particular event scheduled to happen this summer is being sponsored by the national Anthroposophical Society in an attempt to attract Branch members to gather and to help shape the future of the Society. The Society feels fragile and doesn't feel connected to its members. This conference is an invitation to gather to shape the future of Anthroposophy in America. They are asking for commitments from interested members by March 30, 2012. The conference will take place August 8th and 9th in Ann Arbor, Michigan. Anyone interested in attending needs to contact Peg Carmody.

The question was asked: What is needed in order to go?

Preparation would require readings and get togethers to study suggested reading material. Those interested in going from our area are also asked to follow through with what is to happen in the future. There is a small amount of money available for members who wish to attend. It was estimated that the overall cost would be around \$1500 per person. Ideas were generated about lowering that cost through cooperative endeavors such as fundraisers, renting a van and sharing hotel rooms, etc.

Three questions are proposed to be addressed to all who wish to attend:

1. What was the spiritual intention behind the founding of the group or initiative in which you are active? (Spirit Recollection)
2. What is the current reality of your group or initiative? Where are we succeeding and where are we not? (Spirit Sensing)
3. What is the future asking of us? (Spirit Beholding)

The General Council has begun a study of "The Work of the Angels in Man's Astral Body", in relation to the spiritual mission of America. They have asked that all those who attend also take up a study of this work.

There were a number of comments voiced in response to this news.

Many questioned the necessity of attending such an event and instead proposed that we work regionally with these same questions and bring our own livelihood as a Branch to the forefront of our lives. It was also noted that these same questions have been addressed within the context of the Branch Home Envisioning Committee over the past year.

Many spoke of allowing for an expansion of the Self to allow new silos of initiatives to be born. Perhaps the national is looking for new leadership. A new order is being called forth. An envisioning is asked of us. Some even called it an initiation within a group process.

Voting was the next agenda item: All three who were up for reelection were reelected for another 3 year term. There were no dissents.

Local initiatives were then voiced:

- **Christian Community** has an upcoming retreat which will be March 30th –April 1st. Carol Kelly will preside with singing, lectures and dramatic exercises with Margaret Heath. There is a weekly family gathering at the home of Lisa Stauffer which works with various materials and plans festivals together.

- **Farm initiative:** Study group offered every 3rd Saturday of each month. Stirring and spraying of preparations will happen Sunday March 18th at Infinity Farm. Jon spoke of different marketing ideas he's working on. He is offering more flexible buying options which will be available this year. There is also collaboration with the Whitted-Bowers farm as well. Joy Kwapien also announced farmhouse events which are being planned and presented at Infinity Farm. These will be announced as they come about. Joy is also working with healing retreats and resuming her nursing practice.
- **Emerson Waldorf School:** is going through lots of changes. A new administrator position is pending. The annual Gala fundraiser is next weekend at the Botanical Gardens in Chapel Hill. The school now has a bulletin blog where anyone can contribute through a sign up process. Just mention Peg Carmody's name when signing up.
- Dan Mohat, a new member of our Branch, spoke of an independent project that he is engaged in. He hopes to be able to implement a healing center on some land adjacent to the school, behind Spence's Farm. As he said, he is inviting the unknown to be a part of the project. Some thought that perhaps the Branch Home initiative could be a part of this endeavor as well. Dan also pointed out that: "there's a difference between running away from something and searching for something." He is working with the school and their Board to further the possibilities of this endeavor.

IANDS Report:

The Mays's spoke of the current interest in the words and thoughts of mystic Lorna Byrne from Ireland who has experiences with Angels. Their next meeting will be Tuesday March 20th at 7:00 at the home of Robert and Suzanne Mays.

"The Motto of the Social Ethic" by Rudolf Steiner was read in English and German. We then sang a small spring round called "Blossom on the Plum"

Respectfully submitted by:
Joanna Carey, corresponding secretary

Workshops and Conferences in the Eastern Region:

A Conversation with the Planet Earth: A lecture and workshop with Michael Lipson, PhD; May 4th, 5th, and 6th 2012, at the Hartsbrook Waldorf School, Hadley, MA, Cost for entire workshop :\$150. Friday Lecture only 7-9, \$15, senior/student \$10.

By way of the inspiration of poets and thinkers who have listened deeply to nature, the Friday lecture will consider what the natural world has to tell us. On Saturday and Sunday we will practice exercises of feeling and sense perception to deepen our experience of nature's meanings.

Sponsored by the Center for Biography and Social Art. For more information and to register: www.biographysocialart.com/work-arising or call **Kathleen Bowen at 413-320-1723.**

Michael Lipson Ph.D. is a Clinical Psychologist practicing in Great Barrington, MA. He is the author of *Stairway of Surprise* and of *Group Meditation* both from Steinerbooks, as well as the translator of Rudolf Steiner's *Philosophy of Freedom*. Dr. Lipson teaches topics in consciousness and meditation internationally. He is a frequent guest expert on National Public Radio's Albany affiliate, WAMC.

**Southeastern Regional Branch's
Annual St John's Festival Conference
June 22-24 at the Clarence Brown Conference Center
Cartersville, GA 30121.**

Keynote Speaker: Edward R. Smith, author of *The Burning Bush*, *The Incredible Births of Jesus*, *The Disciple Whom Jesus Loved* and others, will be speaking about **The Book of Revelation, St. John and Old Testament Connections to them.**

Robert Brock will give a dramatic presentation of *Book of Revelation* from memory on Saturday afternoon. There will be visual art and music.

Conference Fee: \$40. For more information please contact: **Katherine Jenkins, 59 Watson Mill Rd., Comer, GA 30629 or call 706-540-5871 (cell)**
See flyer in the next issue of the *Sophia Sun*





Mary and the Magical Way of Wisdom

June 7 - 11th 2012

At the
**School of Spiritual Psychology
Benson, NC**

The Way of Mary: Embodying Wisdom

Mary was an initiate into embodying the Wisdom of Sophia. She brought to the world the capacity to inwardly feel the unity of cosmos and Earth within the interior of the heart; the capacity to 'read' and calm the phenomena of the natural world as soul phenomena – weather, animal gestures, temperature...the elements. We enter the embodied capacity of imaginal consciousness – the ability to allow the matter of Spiritual Earth to be within and guide the soul. The capacity to live within creativity of the soul in its unity with the deep Earth. This one session course develops the imaginal union of our soul with the Earth-soul, embodies this union, and shifts our soul from individual interests to our inherent union and destiny with Earth. Come, experience the soul Presence of the Comforter!

Program Facilitators

Robert Sardello, Ph.D. is co-founder and co-director of The School of Spiritual Psychology, which began in 1992. He has written *Facing the World with Soul*, *Love and the Soul*, *Love and the World*, *Freeing the Soul from Fear*, *The Power of Soul: Living the Twelve Virtues*, *Silence*, *Steps on the Stone Path: Working with Crystals and Minerals as Spiritual Practice*, and *Acts of the Heart*.

Cheryl Sanders-Sardello, Ph.D., is co-founder and co-director of The School of Spiritual Psychology, in Benson, NC. Prior to the founding of The School in 1992, she worked as a teacher of mentally handicapped children, and as an addictions counselor. She is currently writing a book on the healing of the twelve senses in the young and the development of the spiritual senses as we age, with an additional focus on the spiritual psychology of what it means to be in connection with the "so called dead". She creates healing mandalas in the context of the classes within The School, and is involved in the teaching of all classes in Spiritual Psychology.

The Program is held at the Spiritual Psychology Center located at 726 Denning Rd., Benson, NC..

Contact: The School of Spiritual Psychology, PO Box 7, Benson, NC 27504;
www.spiritualschool.org Robert@spiritualschool.org; 919-207-0526; Email: soulschool@embarqmail.com

The School of Spiritual Psychology Presents:

**Entering Relationship with Celestial Earth:
Becoming a Spiritual Human Being
May 3-7, 2012
Benson, NC**

We are destroying Earth because we really don't see who Earth is. When we look at anything of the Earth, we have made Earth into an object. When we look at Earth through the heart and we feel a living presence, then we encounter Her. Earth is an angelic presence, the heart of the cosmos, in resonance with the human heart. We establish the validity of this statement and go on to the practices for experiencing Her.

This extended-weekend course helps sensing Earth again, directly, immediately, bodily, through the creative imagination resulting in the intelligence of the heart through body-knowing. Such sensing changes us – and Her, deeply, permanently. In our time together, we expose our unconscious treatment of Earth as either object or idol. We develop the simple and therefore illusive capacity of sensing and perceiving in the absolute present, free of the attachments of the ego which is always creating psychic projections that we naively take as real and are attempts to possess what is wildly free. Sometimes, most of the time in this culture, such possessions are at the gross level of projection – Earth as resources, as mass of physical substance, that which responds to our physical experiments.

In dissolving the illusions of ego attachments, we do not become 'ungrounded', floating, without a sense of 'self', but rather we become dynamic, unselfconscious, sometimes unpredictable but never controllable – just as Nature. Encountering Earth also throws whatever spirituality guides us or we have adopted into new and living forms, deepening them as we find that, more than likely, our spirituality has neglected to take the Spiritual Earth into imagination. The themes to be explored include:

- • What is meant by 'The Celestial Earth'? Creative Imagination and Earth as Spiritual Presence
- • Developing Heart-Presence with Earth
- • The Earth has a Soul
- • The Principal and Practices of Earth Resonance
- • Entering the Underworld to Experience Earth-Being
- • Listening with Earth
- • Contemplating Nature
- • Contemplative action and Nature
- • Saving the Earth ?
- • Who is the 'Spiritual Earth'?
- • From Psychology to Earthosophy

Tuition for the Extended-Weekend Courses in Earthosophy

Tuition for the extended-weekend program is \$650.00. An additional non-refundable deposit of \$200.00 is due with registration into the program. The remaining tuition of \$450 is due before the opening of the course.

Room and Board

Tuition does not include room and board fees, which are paid separately. Room and board is \$395.00, for a double room. If there are any single rooms available, the room and board, with single room, is \$495.00.

Location

The Program is held at the Spiritual Psychology Center located in Benson, North Carolina.

For registration information, please contact: soulschool@embarqmail.com

The Economics of Education: Literacy, Pedagogy, Funding

August 16-18, 2012,
Hawthorne Valley School, Harlemville, NY

A public conference geared towards a better understanding of the interplay between education and economics in a Waldorf school community. The gathering is an opportunity for professional development and networking, and is suitable for administrators, teachers, funders, board members, high school students, Waldorf alumni, and interested business persons. This is a follow up to the initial gathering held by the Economic Literacy Project in August 2011.

The conference coordinating group includes John Bloom, RSF Social Finance; Arthur Edwards, The Centre for Associative Economics, and Gary Lamb, Hawthorne Valley Center for Social Research.

Interweaving conference themes will include:

- Rudolf Steiner's economic thinking in relation to current economic practice.
- Practical aspects of pedagogy with an emphasis on economic literacy teaching methods, assessments, and resources.
- Exploring new paradigms for funding education in a community setting.

For conference updates and information on an online economic literacy exchange group, please e-mail Caitlin Peerson, caitlin.peerson@rsfsocialfinance.org.

Beyond the Object-Beyond Sensation

July 20, 21, 22 in Hudson, NY

Creativity, whose wingspan once reached from the farthest corners of the sky to the deepest caverns in the earth, and whose flutter could also be heard in the paintings and songs, buildings and sculptures of humans, has been condensed into a crisp morsel. The rich grapes of Dionysus have been dried into particularly hard raisins, the luminosity of Apollo has been condensed into hard light shards projecting through space, ricocheting and refracting. Culture, once a palpable force breathing between large groups of people, has been enchanted into objects on the auction blocks at Sotheby's. Today the shrunken head of cultural life swings, an overcome trophy, on the neck of our time. Lee Uffan, whom the NY Guggenheim hosted for a retrospective last year, described this feeling in an essay and his ideal of the artist as one who has the task of rolling away the stone before the tomb-

"As long as it (the painting) is a representation of a closed phenomenon without externality, it denies any connection with the outside and directness of seeing and feeling. If we look at an object which can be associated at first glance with something outside itself, the unreality and self-contained quality of the representation becomes even more evident."

Not only has art become a collection of objects in the eyes of many people, but these objects have been vacated entirely, becoming merely the sensations in a mutinied context. A successful artist is able to use things arbitrarily, contradicting convention and precedent. Marcel Duchamp's fountain (an *exhibited* urinal) could succeed 100 years ago, but today convention has changed, and what made shrieks then makes yawns now. A new innovation must be found! This grave of art reveals *creativity* as an arbitrary practice of *denying all meaning*. Roland Barthes, in the Death of the Author, describes creative writing thus-

“...writing ceaselessly posits meaning ceaselessly to evaporate it, carrying out a systematic exemption of meaning. In precisely this way literature (it would be better from now on to say writing), by refusing to assign a ‘secret’, an ultimate meaning, to the text (and to the world as text), liberates what may be called an anti-theological activity, *an activity that is truly revolutionary since to refuse to fix meaning is, in the end, to refuse God and his hypostases-reason, science, law.*”

Today there is a need to transcend the fetishism of culture which Uffan indicates, and to get beyond shadowy conventions that seem to demand de-construction. There is a need to create art that leads us into a deeper experience of *reality and life* and which cannot be roped off and secluded from the viewer, an art. Themes from the last two years, for instance questions regarding the light play art and the metamorphosis of fear, will be taken up again this summer. <http://www.freecolumbia.org/report.php> or <http://northamericanartsection.blogspot.com/> that only finds its true meaning in human lives. Rudolf Steiner describes his artistic attempts, and a new artistic principle, in this way-

“...Painting(s) in our Goetheanum building will not be there for their direct effect, as used to be the case with art in the past, but will be there for the soul to encounter, so that *the experience resulting from this encounter will be a work of art.*”

These issues will be approached from many sides in experimental presentations, discussions, workshops, performances and an exhibition. Presenters at the conference will include, among others, **David Adams, Manfred Bleffert, Marisa Michelson, Nick Pomeroy, Faye Shapiro, Laura Summer and Nathaniel Williams.** There will also be space for artists to present their work to one another. You are warmly invited to attend. This is the third in a series of art conferences. To learn more about the last two you can visit the Art Section blog, or the Free Columbia website where you will find some relics and documentation of the last two years work. Suggested donation: sliding scale : \$120.- \$200.

If you would like to join us this summer, or would like more information, including the pre-reading list, and logistical information as it becomes available, contact:

Nathaniel Williams	nafanyel79@gmail.com	518 672 4090
Laura Summer	laurasummer@taconic.net	518 672 7302

Free Columbia Summer Art Courses

The Free Columbia Art Course will accept applications for the 2012-2013 year that begins next September, from March 1 through May 1.

Free Columbia is a full time, year long course of art in relationship to anthroposophy. All of the work at Free Columbia is based on an understanding of the importance of creating a free cultural space, therefore there are no set tuitions. Free Columbia is supported by gifts and pledges from a wide community of individuals.

If you are interested in applying, or making a donation to the work, please contact us at freecolumbiaart@gmail.com www.freecolumbia.org

3 courses with renowned and inspiring musician and visual artist - **Manfred Bleffert**
Manfred Bleffert has dedicated his life to developing new music. His work includes a unique approach to graphic notation, composition and instrument building. His research is both broad and profound. His compositions are improvisational and unique. He is both a musician and a visual artist and a dynamic and inspiring teacher.

Color and music through the circle of the year

June 16-22 – Instrument Building - The breathing process of the earth, and of the cosmos, as a musical base for the development of new instruments and musical form. We will make iron and copper gongs and Glockenspiele

June 25-29 — New Music Improvisation - What does music want to become now and in the future? And what is North America's role in the development of new music? With Manfred's guidance, we will explore these questions together through ever-varied improvisation and listening exercises. Using both our own instruments and Manfred's uniquely designed new instruments (chimes, gongs, Glockenspiele, among others), we will bring to consciousness the elements of musical breathing and listening that allow new musical experiences to come to birth. In this co-creative process, each individual contributes to the breathing, listening, and sounding within the group. All experience levels welcome!

July 2-6 – Color and Tone in Relation to Rudolf Steiner's Soul Calendar Using painting and music we will explore the cycle of the year in creative process. We will work with the relationships of color and tone in the Calendar of the Soul by Rudolf Steiner. We will see what is revealed in gesture and movement when we enter the world of tone, color, sound and form as we follow the course of the year.

July 14-18 - 5 days of experimental work with color, light, music and puppetry with Laura Summer, Nathaniel Williams, Faye Shapiro and Marisa Michelson

July 23-27 - Seeing the Word through Painting: a workshop with **Laura Summer**

Working with poems and stories as well as watercolor, pastel, charcoal, and collage we will explore this subject. Through relaxing our expectations, while playfully manipulating our media, we will experience the realm of creation and develop skills for our further work.

July 23-27 - Orientation Toward an Inner Voice:Vocal Experimentation with Composed and Improvised Music with Marisa Michelson and Faye Shapiro

The lands of the soul open up and show themselves to us- we see them with our imagination, we travel them with our voices... With exercises aimed to free the body and awaken the soul we will explore possibilities given to us in the voice. We will improvise together and compose music in real time, we will try to find a relationship to music inside, around and outside of ourselves with the aid of imagining. All that needed is the desire to sing.

All of the work at Free Columbia is based on an understanding of the importance of creating a free cultural space, therefore there are no set tuitions. Rather we offer suggested donation amounts based on what it costs to run courses. If you prefer it is possible to make a monthly pledge to support Free Columbia rather than making a one time donation.

A commodity fee of \$180 will be charged to each participant in the instrument building workshop. This fee is related to your being able to take home the instrument you build. This fee is in addition to the suggested donation.

5 day courses suggested donation \$250 – 450

instrument building fee = \$180

all supplies are included but not housing or food

contact: Laura Summer 518 672 7302 laurasummer@taconic.net

8th Annual Florida Anthroposophy/Waldorf Conference Presents “Cosmic Cycles, Earthly Rhythms” With a Celebration of the 100th Anniversary of the Rudolf Steiner’s *Calendar of the Soul*

By Kathleen Wright

Florida anthroposophical groups gathered for their 8th annual Spring Equinox retreat (March 16-18) at a new and improved venue: the 170-acre camp and conference center known as Cedarkirk in Lithia, Florida with its towering live oaks, palms, labyrinth, air-conditioned rooms, family style homecooking and campfire site.

Keynote speakers were Herbert Hagens and astrophysicist Mary Adams, who wove together a delightfully fascinating and organic presentation on the conference theme: “**Cosmic Cycles, Earthly Rhythms**”. Also featured on the program was Florida professor Steven Salamone, Ph.D., who is well-known and loved in this region. Artistic presentation came in the form of singing with Barbara Bedingfield and Eurythmy with Judyth Pisani. Every presentation touched on different aspects of the theme from the opening talk to the 11th lesson of the School of Spiritual Science which ended the conference for members of the First Class.

During the course of the lectures Mary Adams revealed that Venus has been in Transit for the past 8 years, the exact time that this conference has been held, a most propitious time indeed! Venus goes into Transit approximately every 120 years, Mary explained. This particular Transit is extremely important, especially since it concludes in 2012. During a Venus transit, Venus moves in front of the Sun weaving five loops over the course of 8 years in a circular fashion so that if you connect the dots of the loops you would have a : “fiery pentagram” or pentagon. Venus transits are a time to “quicken the heart’s purest desires”. It is during the Venus transit that she shines brightest in the night sky. One of the highlights of the Conference was a viewing of the heavens at night during which Mary pointed out the constellations and told their stories as we stood in awe at the beauty of Venus and Jupiter so bright and close to each other. Venus began the final loop of her journey on March 26th 2012. Venus is the farthest from the Sun on that day as can be in this 8 year cycle. This is a time when “Venus is opening as wide a space as possible for receiving the heart gifts of human beings at this time.”

The Conference was opened with the singing of rounds with Barbara Bedingfield, one of the conference organizers. She then announced that the other organizer, Karen Maestrales was ill and would not be able to attend the conference. Barbara gave a history of the past 7 conferences and thanked the Arthur Roth Memorial Fund which was set up by Emily Roth, which helps to fund this conference each year. She then introduced the first speaker, Mary Stewart Adams, a delightfully charming and dynamic speaker who is passionate about her subject – Astrosophy.



Barbara Bedingfield, Conference Organizer

Mary related how her love of the stars began at age 9 when she started studying astrology. At the age of 19 she discovered Anthroposophy and at the age of 32 she found her destiny – Astrosophy and she begun studying under Hazel Streker, a student of Willy Sucher’s. Mary’s talk was interwoven with beautiful poetry relating to the stars and she brought with her beautiful art cards of the Zodiac glyphs created by her artist sister Patricia.

Mary is gaining national fame for another reason. She is the initiator of the “Dark Sky Initiative”. She has been instrumental in the mandating of parks protected from “light pollution”

so that people may see the stars in all their brilliant majesty. The Michigan state legislature granted 23,000 acres of protected park land after Mary spoke to them. There are just 6 such protected parks in the US and only 9 in the world. With her dark sky initiative Mary brings the stories of the night sky to groups who come to see the night sky. In addition to this endeavor Mary does astrophysics readings and is the publisher of the Fairy Tale Moons Calendar (see her website www.fairytalemoons.com). She writes articles for various magazines and newspapers and has appeared on radio and television shows. Currently, Mary is writing a book. She told us that the late Tamara Slayton (d. 2003) came up with the title of this conference (Cosmic Cycles, Earthly Rhythms) and that she had wanted to write a book on this theme with Mary. As she lay dying, she told Mary that if she couldn't write the book with Mary on this earth, she would write it with her across the Threshold.

Mary read a poem of Emily Dickinson's in which the poet writes "Stars are like asterisks to point the way". Mary said that the stars help us understand our biography. Saturn, who is known as Father Time, sets the boundaries. The 7 year cycle is based on the Saturn rhythm of 28 years, which is the time it takes for him to revolve around the sun. The 28 years are divided into four parts. During one's life, one goes through "Saturn returns" every 28 years – at age 28, 56 and so on (if one has the good fortune to live so long). It is at these returns that one becomes "free to make new choices; new births happen". Mary also noted that according to astrophysicist Elisabeth Vreede, who was one of the original Vorstand members, each of us comes from our own unique star and that there is a moment of decision known as the Midnight Hour of the Soul when the soul decides to reincarnate. This occurs when the Spirit is near its own star. Mary spoke about the nature of each planet, especially of Venus and details about the Venus Transit which began on June 4, 2004 and how Venus is connected with the laying of the Foundation stone of the Goetheanum.; about the Copernican revolution and how it represents Lucifer's slaying of Isis, and that her grave is in the star Sirius; she spoke of the differences between the tropical and sidereal systems of astrology; the Mystery of Golgotha; how the planets relate to the Easter Holy Week and the Christmas Holy Nights. She also recommended many books that may be of interest to Anthroposophists, including *Cycles of Becoming* by Alexander Rupert, *The Human Life* by Gisela and George O'Neill; *Citizens of the Cosmos* by Beredene Jocelyn (talks about Steiner's life and chart) and for absolute beginners: *Astrology for Dummies*.

One could go on for pages about Mary's fascinating talk, but thanks to Jordan Stone, who filmed Mary's talks, one can view them at www.youtube.com Simply enter into the search box: 8th Annual Florida Anthroposophy/Waldorf Conference **or** one can type in these codes instead (one at a time though; each represents a different lecture and separate video) MAH00270; MAH00271; MAH00272.



Mary Stewart Adams and Herbert Hagens

Calendar of the Soul's 100th Anniversary

Most of our readers probably know Herbert Hagens very well, but for those who do not: Herbert was born into an anthroposophical household, so he came to Anthroposophy at a very young age. He served for many years on the Eastern Regional Council and on the National Council of the Anthroposophical Society in America. He also served as editor of its newsletter. Herbert lectures at the Goetheanum on the Mystery Dramas and has been a Class Holder for the School of Spiritual Science for many years. Herbert is known for his delightful sense of humor.

Herbert delivered a fascinating account of the history of the ***Calendar of the Soul*** and brought with him one of his most precious possessions – an original copy of the first printing of it from 1912. He gave participants some copies of the zodiacal glyphs in it, along with an article about it. He also gave us a schedule for the year's verses from Easter 2012 to Easter 2013. However, all this could not begin without Herbert's tradition of bringing some levity first. He confessed that the source of his repertoire of laughs is the website www.cleanchristianjokes.com. He also brought some interesting serious facts in connection with the dates of this conference: March 16, 1244 was the burning of the Cathars at Montsegur; March 17 (ca. 461) was the death of St. Patrick and March 18, 1314 was the burning of Jacques Demolay.

Like Mary, Herbert brought poetry to his talk. His first reading was from the Nobel Prize for Literature winner, Wislawa Szymborska's "Nothing's a Gift". Next Herbert tied in his talk with Mary's by speaking of the rhythms in our bodies and what type of meditations are designed for each: the physical has a yearly rhythm; suggested devotions: The Lord's Prayer, the Foundation Stone mantram; The Etheric has a monthly rhythm, suggested work: the Virtues of the zodiac; the astral body has a weekly rhythm, ***Calendar of the Soul***; the Ego has a daily rhythm, and Steiner gave many verses for the beginning and ending of the day that one can do.

Some facts about the ***Calendar of the Soul*** that we learned from Herbert: Outside of the Mystery dramas, the meditations in the ***Calendar of the Soul*** are the only meditations published during Steiner's life. The idea of creating a ***Calendar of the Soul*** came from Imma Eckardstein, who often traveled with the Steiners on their journeys. She was the costume designer for the Mystery dramas. Eckardstein had asked Steiner for images for the zodiac. He told her to look at the rising sun each day and write of her experiences. He then gave her some sketches.

In 1911 Steiner formed an esoteric group. It fell apart after just one meeting, but the one thing that they decided was that they wished to help write a ***Calendar of the Soul*** with Dr. Steiner. It was published in 1912. The first copy was presented by Steiner to an audience in Helsingfors, Russia. Steiner Books has printed a facsimile of this volume. The original book began with notes about what happened each day of the year in history: saints' days, births and deaths of important people and historical events. In the back of the book were the verses. Rudolf Steiner's name is not even mentioned in the book! This is probably because a team worked on it. Later on, a book with just the verses and glyphs designed by Steiner was published. Emil Molt of the famed Waldorf-Astoria Cigarette Factory put a Verse from the ***Calendar of the Soul*** in each cigarette pack it sold! Herbert reminisced how when he was a small child, every day his Grandmother would read aloud in German the verse from the ***Calendar of the Soul*** and that he had to be quiet when she read. Although he did not understand the words she was reading, her Mood was deeply felt by him and thus, a seed was planted in him during his childhood that later blossomed into his devotion to the ***Calendar***.

Herbert then gave the conference participants some handouts about the patterns revealed in the ***Calendar*** and what they mean. One was of a lemniscate with the numbered verses on it. At the crossing point of the lemniscate one finds Michaelmas. Herbert spoke of the Light Verses and Temptation Verses. He likened the stages on the figure to the phases in flower development. He also explained how each verse has its "mirror" at the opposite time of the year (1 and 52; 2 and 51; 3 and 50, etc.)

In the following session, Herbert and Mary presented a talk in which they magically wove together the themes from their two preceding talks. Herbert began with a beautiful thought-provoking poem by David Whyte entitled: "What to Remember When Waking". Mary began by saying that the images of the zodiac also correspond to the phases of seed, bud, flower and fruit that Herbert had drawn at the previous talk to illustrate the phases of the plant and how they correspond to the year and the ***Calendar of the Soul***. She also read a quote of Steiner's that "the more abundantly the Cosmic fills the human being, the more harmony and peace on earth there will be." She mentioned in reference to Herbert's discussion of how to work with the

Calendar from year to year, that there are never 52 weeks between Easters and that fixed things and symmetrical things have the forces of death in them. Therefore, the Calendar is “living” in that it changes from year to year. We must use creative methods to “adjust” so that we are working on the verse that corresponds to the mood of the week. Mary then presented us with the zodiac glyphs of Aries and Pisces done by Patricia D’Alessa and hang in the Society’s headquarters in Ann Arbor. She said that Fishes (Pisces) can be thought of as footprints, one in the spiritual world and one on the earth. Its motto could be “to find one’s feet but be conscious of being a spiritual being. In the image of Aries there are two heads, reminding us that the human being is created in the Image of God. Mary spoke of the relationship between the Constellations and the Holy Night and how to work during these nights artistically. Herbert pointed out that Karl König’s **Commentary on the Calendar** contains watercolor sketches he did on the verses.

Herbert pointed out that there is one day in the Calendar of the Soul that does not belong on a Sunday (all other verses are supposed to begin on Sundays) and that is the Verse for St. John’s. This is because in 1912, St. John’s occurred on a Monday. It is the 12th verse. Herbert said he wishes that new Calendars of the Soul would come out every year. He also remarked how interesting it is that the 100th anniversary of the Calendar coincides with the end of the Mayan Calendar. Mary then told how the Mayans had 360 days in their calendar plus 5 “evil days”. In the Egyptian calendar there are also 5 days at the end of the regular calendar and this is based on the story of Jeb and the goddess Nut.

It was mentioned that the tropical zodiac (the traditional one) is fixed, while the sidereal shows the true positions of the stars today. The constellations have different sizes; they are not equal and thus the real time in each constellation varies, e.g. Aries is small; Virgo is huge.

So many fascinating thoughts were shared. Herbert ended the session with the poem “Sunset” by Rilke.

In the afternoon conference, participants were treated to an Aristotelean–style lecture entitled “The Earth and Its Future: The Rise of Self-Consciousness” from Professor Stephen Salamone, who teaches at the University of Southern Florida and has been a student of Steiner since 1968. Dr. Salamone began his talk by stating the four steps for reconnecting with the Kosmos. His presentation covered a lot of territory and combined concepts from Steiner, the ancient Greeks, the age of Enlightenment and thoughts from today’s culture, even quoting from the Matrix and asking questions about our future as human beings and whether we will be replaced by machines. Toward the end of his talk he brought up questions related to memory and thinking and concluded with the St. Francis prayer: **Canticle of the Creatures**.

Overall, the conference was fascinating and inspiring. There was so much amazing content that not even a tenth of the notes I took are covered in this article. One of the best aspects of any conference is socializing with the other participants and below is what I learned is happening in Florida:

Latest News On Anthroposophical Groups and Initiatives in Florida; Miami Group to Sponsor Inter-America Conference in Puerto Rico

The largest anthroposophical group in Florida at present is the **Michael Group of Miami**. There are currently 5 Study Groups there. While the community does not yet have a Class Holder, a group of several of Class members have been given permission to study the Class Lessons together each week. Last year Richard Dancey of the Christian Community came to their group and spoke on “The Path of Christianity”. The Waldorf International School in Miami, which was founded in 1990, consists of grades K-6. This past year, some teachers-in-training from Germany did their practicum at this Miami School. The school has a website at www.waldorfmiami.org

Inter-American Conference Being Planned Now

The big news for the Miami community is that Yvonne Cumming, who is one of the founders of the International Waldorf School, as well as a teacher there and a veritable anthroposophical “Mother” of her community will be helping to organize an “inter-American” conference. The idea for this conference arose when it was realized that the Pan-American conferences which have been held mostly in South America for the past few years, have not been attended by virtually anyone from the North American continent . A more central area was needed. A strong leader for the conference was also needed and so Yvonne was asked to help with this and she agreed. Yvonne discovered Anthroposophy at the age of 16. When she met her future husband Richard a couple of years later, most of their dates consisted of going to

anthroposophical Study groups. After college, they went to Beaver Run for a Camphill training in Curative Education. After three years they went to Canada where they helped found a Camphill-style village there. After 10 years it was time to move on. They were invited to help found a Waldorf School in Costa Rica. Though they tried for over three years, there were just too many obstacles and just when they were realizing that this was not where their destiny was, they were invited to help found a Waldorf School in Miami and that is where they have been ever since. The school opened in 1990.

Many people are already involved in the planning of this conference, including: Ute Kraemer, Jorge Sanz-Cordona, Torin Finser, and Gene Golloghly. Virginia Sease will be one of the keynote speakers. The topic for the conference will be: "The Spiritual Mission of the Americas between Asia and Europe". The best location for the conference was decided to be Puerto Rico. In addition to all the countries of the North and South American continents and the surrounding islands, anthroposophical members from all European nations which have a connection to the Americas will be invited. The date for the conference will be in July 2013. Many details have yet to be worked out, but Yvonne wanted the word to get out as quickly as possible so that people could mark their calendars and hold this initiative in their consciousness.

Clearwater Steiner Circumstudies

There is a group in Clearwater, Florida (close to Tampa Bay) which calls itself the "Steiner Circumstudies Group". The group meets monthly with Dr. Steven Salamone as their leader. The group is planning to hold a Karmic Relations weekend workshop in the near future and to start a Foundation Studies program. Barbara Bedingfield, one of the organizers of the annual Florida Conference is a member of the group there.

Not far away is the Sun Coast Waldorf School, located in Palm Harbor, which Barbara Bedingfield helped found in 1998. She taught there for several years and now serves as its Director of Development and Enrollment. The school has now graduated 3 classes of 8th graders and serves grades K-8. It has its own website at www.suncoastwaldorf.org, as well as its own youtube channel: www.youtube.com/user/SuncoastWaldorfvideo.

Boca Raton Group

The Boca Raton Group has an anthroposophical Study group with about 5 people who are studying *The Threshold* by Rudolf Steiner. They also have a Waldorf-inspired school: The Sea Star Initiative which has 22 children in grades K-4. Rena Osmer who graduated from Antioch's teacher training program in 1985 is the Faculty Chair person there. She is also one of the founders of the Lifeways Program. The school has a website at www.seastarinitiative.org

Waldorf Sarasota

The Waldorf Sarasota School which was founded in 2000 has grades K-4th. The school won a couple of awards this past year including the "Favorite Children's Educational Program" by the Natural Awakenings NATTY Award. Waldorf Sarasota is being featured in the PBS award-winning series "Gulf Coast Journal" with Jack Perkins. It was shown at 8 PM on March 29 and will be shown again April 1 at 2 PM on WEDU. On April 14, the school is sponsoring a "Knit-A Thon" to raise funds and awareness of Waldorf Education. The school's website is www.waldorfsarasota.com

Former teachers at the Sarasota Waldorf School, Anne and Joe Savage, have been busy with their own initiatives: Anne has a Waldorf-inspired pre-school in her home known as "Sun Ray" and Joe has been trying to start a Waldorf Charter School in the area. Joe told us that there are currently 50 Waldorf charter schools in America (30 in California alone.). He says that with all the applications that have been submitted around the country there could be as many as 85 within two years. Joe's first application for a charter was turned down by the local School Board, but that did not stop Joe. He wrote to the State Board of Education and asked if the reasons given for denial by his local school board were valid and they said no, there were no legal grounds for their rejection, and so Joe will reapply next year.

Jacksonville Group

Last but not least is the Seaside Play Garden, which is a Waldorf initiative in Jacksonville, FL. There are 29 children in its Pre-K and K classes. The school has applied to become a charter school for grades 1-5 with a Waldorf-inspired curriculum. Applications are now being accepted online. The school has a website www.seasidecommunityschools.org

Florida anthroposophical activity is growing slowly but surely. There are great heart forces in the people there and it is hoped this will attract more initiatives to develop here and that more locals will join the efforts.

Phoenix Library Catalog of Books

Books Containing Lecture Cycles by Rudolf Steiner:

Agriculture
 Angels
 Anthroposophical Ethics
 Anthroposophical Leading Thoughts (2)
 Anthroposophy in Everyday Life (2)
 Anthroposophy (A Fragment)
 Anthroposophy, an Introduction
 Apocalypse of St. John (3)
 Approaching the Mystery of Golgotha
 Archangel Michael (3)
 Art of Lecturing
 Art as Seen in the Light of Mystery Wisdom
 Aspects of Human Evolution (3)
 At the Gates of Spiritual Science
 At Home in the Universe
 Atlantis
 Atlantis and Lemuria
 Autobiography
 Awakening to Community
 Background to the Gospel of St. Mark (2)
 Beekeeping
 Bees (2)
 Being of Man and His Future Evolution (2)
 Between Death and Rebirth
 Bhagavad Gita and the West
 Book of Revelation and the Work of the Priests
 Boundaries of Natural Science (4)
 Building Stones for an Understanding of the Mystery of Golgotha (3)
 Calendar of the Soul, Illustrated
 Case for Anthroposophy
 Challenge of the Times (2)
 Chance, Providence and Necessity (2)
 Christ and the Spiritual World and the Search for the Holy Grail
 Christian Mystery
 Christianity as Mystical Fact or Christianity and the Occult Mysteries (5)
 Christmas
 Christmas Conference (2)
 Color (4)
 Constitution of the School of Spiritual Science (2)
 Cosmic Memory (3)
 Cosmic New Year
 Cosmosophy Vol 1
 Cosmosophy Vol 2
 Course of My Life
 Creative Speech
 Cycle of the Year (2)
 Deeper Insights in Education
 Deeper Secrets of Human History in the Light of the Gospel of St. Matthew
 Destinies of Individuals and of Nations
 Driving Force of Spiritual Powers in World History
 Earthly Death and Cosmic Life
 Earthly Knowledge and Heavenly Wisdom

East in the Light of the West
 Easter Festival in the Evolution of the Mysteries
 Education for Adolescents
 Education as a Social Problem
 Education for Special Needs
 Effects of Esoteric Development (3)
 Egyptian Myths and Mysteries (3)
 End of the Millennium and Beyond
 Esoteric Christianity and the Mission of Christian Rosenkreutz (2)
 Esoteric Cosmology
 Esoteric Development
 Esoteric Lessons
 Essentials of Education
 Eurhythmy as Visible Song
 Eurhythmy as Visible Speech
 Evil
 Evolution of Consciousness
 Evolution of the Earth and Man and the Influence of the Stars
 Extending Practical Medicine (2)
 Fall of the Spirits of Darkness (2)
 Festivals and Their Meaning (2)
 Fifth Gospel (3)
 First Steps in Inner Development
 Four Mystery Dramas (3)
 Four Seasons and the Archangels (3)
 Four Temperaments
 Freemasonry and Ritual Work
 From Beetroot to Buddhism
 From Buddha to Christ
 From Crystals to Crocodiles
 From Jesus to Christ (2)
 From Thinking to Living
 Fruits of Anthroposophy (2)
 Fundamentals of Anthroposophical Medicine
 Fundamentals of Therapy (2)
 Genesis
 Geographic Medicine/The Secret of the Double
 The Goddess
 Goethean Science
 Goethe's Standard of the Soul
 Goethe's World View
 Gospel of St. John (6)
 Gospel of St. John and Its Relation to the Other Gospels (5)
 Gospel of St. Luke (4)
 Gospel of St. Mark (5)
 Gospel of St. Matthew (3)
 Guardian Angels
 Guidance in Esoteric Training (2)
 Health and Illness Vol 1 and Vol 2(2)
 How Can Mankind Find the Christ? (4)
 Human Soul in Relation to World Evolution
 Incarnation of Ahriman
 Influence of Spiritual Beings on Man (2)
 Influences of Lucifer and Ahriman
 Initiate Consciousness
 Initiation, Eternity and the Passing Moment (2)

Inner Impulses of Evolution, Mexican Mysteries, Knights Templar
 Inner Nature of Man (2)
 Isis and Mary Sophia
 Karma of Materialism
 Karma of Untruthfulness Vol. 1 (3)
 Karma of Untruthfulness Vol. 2
 Karma of Vocation
 Karmic Relationships Vol I (3)
 Karmic Relationships Vol II (2)
 Karmic Relationships Vol III (3)
 Karmic Relationships Vol IV (3)
 Karmic Relationships Vol V (3)
 Karmic Relationships Vol VI (3)
 Karmic Relationships Vol VII (2)
 Karmic Relationships Vol VIII (3)
 Knights Templar
 Knowledge of Higher Worlds (6)
 Learning to See into the Spiritual World
 Life Between Death and Rebirth
 Life, Nature and Cultivation of Anthroposophy (3)
 Love and Its Meaning in the World (2)
 Lucifer and Ahriman
 Man as a Being of Sense Perception (2)
 Man in the Light of Occultism, Theosophy and Philosophy
 Man in the Past, Present and Future and The Sun Initiation of the Druid Priest
 Man as Symphony of the Creative Word (2)
 Man and the World of the Stars (2)
 Man's Being, His Destiny and World Evolution
 Manifestation of Karma (2)
 Materialism and the Task of Anthroposophy (3)
 Meaning of Life (2)
 Metamorphoses of the Soul Vol 1 (3)
 Metamorphoses of the Soul Vol 2 (2)
 Michael Mystery
 Michaelmas and the Soul Forces of Man (3)
 Mission of the Archangel Michael
 Mystery Dramas (2)
 Mysticism
 Mysticism at the Dawn of the Modern Age
 Nature Spirits (2)
 Necessity and Freedom
 New Spirituality and the Christ Experience of the Twentieth Century
 Nietzsche, Friedrich
 Nutrition and Stimulants (3)
 Occult History
 Occult Movement in the Nineteenth Century (2)
 Occult Reading, Occult Hearing
 Occult Signs and Symbols
 Origins of Natural Science (2)
 Outline of Occult Science (6)
 Pastoral Medicine
 Planetary Spheres and Their Influences on Man's Life on Earth
 Philosophy, Cosmology and Religion
 Philosophy of Freedom (6)
 Philosophy of Freedom Rudolf Steiner On His Book (2)
 Portal of Initiation (2)

Presence of the Dead (4)
 Principle of Spiritual Economy (2)
 Psychoanalysis and Spiritual Psychology
 Reading Pictures of the Apocalypse
 Reappearance of Christ in the Etheric
 Redemption of Thinking (4)
 Reincarnation and Immortality
 Reincarnation and Karma (2)
 Riddle of Man
 Road to Self Knowledge and the Threshold of the Spiritual World (3)
 Rosicrucianism and Modern Initiation (2)
 School of Spiritual Science
 Search for the New Isis
 Secret Brotherhoods and the Mystery of the Human Double (2)
 Secret Stream
 Secrets of the Threshold (3)
 Social Future (2)
 Social Issues
 Souls' Awakening (2)
 Speech and Drama
 Spengler, Oswald
 Spiritual Beings in the Heavenly Bodies and in the Kingdoms of Nature (2)
 Spiritual Foundations of Morality (2)
 Spiritual Guidance of Man and Humanity (5)
 Spiritual Hierarchies and the Physical World (4)
 Spiritual Research, Methods and Results
 Spiritual Science as a Foundation of Social Forms (2)
 Spiritual Science and Medicine
 Staying Connected
 Steiner Speaks to the British
 Study of Man
 Supersensible Knowledge (3)
 Temple Legend (3)
 Tension Between East and West
 Theosophy (7)
 Therapeutic Insights, Earthly and Cosmic Laws
 Three Streams in Human Evolution (2)
 Threefold Social Order
 Toward Imagination
 Toward Social Renewal
 True and False Paths (2)
 True Nature of the Second Coming
 Truth and Knowledge (2)
 Truth Wrought Words
 Understanding of the Human Being
 Universal Human
 Western Approach to Reincarnation and Karma
 What Can the Art of Healing Learn Through Spiritual Science? (2)
 What Is Waldorf Education?
 Wonders of the World (3)
 World Economy
 World History and the Mysteries in the Light of Anthroposophy (2)
 World of the Senses and the World of the Spirit (3)
 Writings and Lectures
 Up-Rising and Dying
 Younger Generation (2)

Books by Other Authors

Aids, by Arie Bos
 Alchemy & Mysticism by
 Alexander Roob
 Anthroposophical Approach to
 Medicine Vol. 1 (2) by
 Husemann, Wolff
 Anthroposophical Approach to
 Medicine Vol. 2 by Husemann,
 Anthroposophical Approach to
 Medicine Vol. 3 by Husemann,
 Anthroposophical Medicine by
 Bott, Victor, M. D (2)
 Anthroposophical Medicine
 by Evans, Michael
 Anthroposophical Understanding of the Soul by van Emmichoven, F. W.
 Archangel Michael by Lois Schroff
 Art and Human Consciousness by Richter, Gottfried
 Astral Body by Powell, A. E.
 Battle for the Etheric Realm, by Thomas, Nick (2)
 Battle for a New Consciousness, by Poppelbaum, Hermann
 Battle for the Soul, by Lievegoed, Bernard (2)
 Becoming Aware of the Logos, by Kuhlewind, Georg
 Behind the Veil, by Curtis, Elyse
 Behold, I Make All Things New, by Querido, Rene (3)
 Biblical Rhythms in Biography, by Lauenstein, Dieter
 Birth of a New Agriculture, by von Keyserlingk, Adalbert
 Bridge Over the River (4)
 Burning Bush, by Smith, Edward Reaugh Smith
 Calendar of the Soul, by Konig, Karl
 Chartres, by Querido, Rene (2)
 Children's Destinies, by Holtzapfel, M. D
 Children with Special Needs, by Luxford, Michael
 Christ and Antichrist, by Tradowsky, Peter
 Christianity and Reincarnation, by Frieling, Rudolf (2)
 Christmas Plays from Oberufer, by Hardwood, A. C.
 Chymical Wedding of Christian Rosencreuz, by Valentine, Jon (2)
 Complete Healing, by Evans, Michael, M.D.
 Consciousness of the Atom, by Bailey, Alice
 Coping with Karma, by van Dam, Joop
 Cosmic Christianity, by Sucher, Willi (2)
 Count of Saint-Germain, by Cooper-Oakley, Isabel
 Crossing the Threshold by Wijnberg, Nicholas
 Darkness, Visible, by Styron, William
 Disciple Whom Jesus Loved, by Smith, Edward Reaugh
 Dream Song of Olaf Asteson
 Dynamics of Nutrition, by Schmidt, Gerhard
 Earliest Days of Anthroposophy in America, by Deighton, Hilda
 Early Childhood, by Glas, Norbert
 Easter, by Friedrich Benesch
 Education, (of Rudolf Steiner), by Edmunds, Francis (3)
 Education in Search of the Spirit, by Gardner, John Fentress
 Elementary Theosophy, by Rogers, L. W.
 Elements of Style, by Strunk, William, Jr.
 Emerson's Science of the Spirit, by Kirchoff, Bruce

Esoteric Emerson, by Geldard, Richard
 Encounters with Angels, by Lindholm, Dan
 Enigma of Evil, by Schutze Alfred
 'Ere the Century Closes, by Tradowsky Peter
 Ephesians, by Kuntz Marilyn
 Essential Steiner, by McDermott, Robert A.
 Etheric Double, by Powell, A.E.(2)
 Etheric Formative Forces in Cosmos, Earth and Man, by Wachsmuth, Guenther
 Eye of the Needle, by Lievegoed Bernard (3)
 Facing the World with Soul, by Sardello, Robert
 Faust (part one), by Goethe (2)
 Faust (part two), by Goethe
 Festival Images for Today, by Pietzner, Carlo
 From Thinking to Living, by Edmunds, Francis
 Foundation Stone, by Zeylmans Van Emmichoven (2)
 Four Ethers, by Marti, Ernst
 Four Men of God, by Kunz, Marilyn
 Fulfillment of Old Age, by Glas, Norbert
 Future is Now, by *various*
 Genesis: Creation and the Patriarchs, by Bock, Emil
 Goethe's Theory of Color, by Schindler, Maria
 Goetheanum and Its Surroundings, by Ruedi, Hans
 Grail Tradition, by Matthew's, John
 Healing and Regeneration through Color, by Heline Corinne
 Healings in the Gospels, by Heidenreich Alfred
 History of the School of Spiritual Science, by Kiersch Johannes
 Holistic Medicine (Rudolf Steiner and), by King, Francis (3)
 How to Transform Thinking, Feeling and Willing, by Smit, Jorgen
 Human Encounters and Karma, by Floride, Athys
 Human Life, by O'Neil-George
 Human Soul, by Konig, Karl
 Imagination of Pentecost, by Leviton, Richard
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 Incredible Births of Jesus, by Smith, Edward (2)
 Inner Path, by Konig, Karl
 Into the Heart's Land, by Barnes Henry
 Judaism and Anthroposophy, edited by Paddock Fred (2)
 Kaspar Hauser, by Tradowsky, Peter (2)
 Kaspar Hauser speaks for Himself, by Hauser Kaspar
 K(C)aspar Hauser: The Enigma of a Century, by Wassermann, Jacob
 Letters to Friends, by Jocelyn, Beredene
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 Life for the Spirit, by Barnes, Henry
 Life Patterns, by Schottelndreier, Jerry
 Life's Resources, by Pfeiffer, E.
 Light for the New Millennium, edited by Meyer, T.H.
 Little Flowers of Saint Francis, by Okey, Thomas
 Living Architecture, by Bayes, Kenneth
 Living Being "Anthroposophia", by Grosse, Rudolf
 Living a Spiritual Year, by Anderson, Adrian
 Living with your Body, by Buhler, Walther
 Loneliness, by Bittleston, Adam
 Lost Prince, by Masson, Jeffrey
 Man as a Social Being, by Konig, Karl
 Man or Matter, by Lehrs, Ernst
 Man on the Threshold, by Lievegoed, Bernard (2)

Man and World in the Light of Anthroposophy, by Easton, Stewart (2)
 Medicine and Mysteries, by Holtzapfel, Walter (2)
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 Michael and the two-horned Beast, by Nesfield_Cookson, Bernard
 Michael's Struggle with the Dragon, by Querido, Rene
 Millennial Child, by Schwartz, Eugene
 Moon and Plant Growth, by Kolisko, L.
 More Precious than Light, by van den Brink, Margreet
 Mystery of Growing up, by Capel, Evelyn Francis
 Mysteries of the Holy Grail, by Heline, Corine
 Mysteries of the Holy Grail, by Querido, Rene
 Mystery of Physical Life, by Watson, E.L.
 Nature Spirits, by von Holstien, Verena
 New Mysteries and the Wisdom of Christ, Sease, Virginia
 Opening Roads to a New World, by Caminos, Abrir
 Origin and Development of Language, by Wilkinson, Roy
 Study Companion to An Outline of Occult Science, by Almon, Clopper
 Parzival, An Introduction, by Hutchins, Eileen
 Paths of Christian Mysteries, by Sease, Virginia (2)
 Patterns of Health, by Westlake, Aubrey
 Peace of the Soul, by Sheen, Fulton
 Pfeiffer Garden Handbook, Heckel, Alice
 Phases, by Lievegoed, Bernard
 Power of Rays, by Ouseley, S.G.J
 Principles of Spiritual Science, by Unger, Carl (3)
 Prokofieff, S.O., Myth and Reality, by Gordienko, Irina
 Recovery of Man in Childhood, by Harwood, A.C.
 Rediscovery of Color, by Proskauer, Heinrich
 Reincarnation, by Wachsmith, Guenther
 Reincarnation in Christianity, by MagGregor, Geddes
 Reincarnation of Rudolf Steiner, by Voloschin, Margarita
 Renewing Education, by Edmunds Francis
 Return from Tomorrow, by Ritchie, George
 Rhythms in Human Beings an the Cosmos, by Meyer, Rudolf
 Road to the Spirit, by Coroze, Paul
 Rosicrucian Enlightenment, by White, Ralph
 Rosslyn Treasury, by Snow, P.
 Saving the Appearances, by Barfield, Owen
 Secrets of Metals, by Pelikan, Wilhelm
 Secrets of the Stations of the Cross, by von Halle, Judith
 Seeking Spirit Vision, by Klocek, Dennis
 Seven Planets, by Bittleston, Adam
 Seven Sacraments in the Christian Community, by Capel, Francis Evelyn
 Shards from the Heart, by Garber, Bernard
 Social World as Mystery Center, by Salman, Harry (3)
 Soloviev, by Allen, Paul
 Sophia Mystery in out time, by Betli, Mario
 Speaking, Listening, Understanding, by Zimmermann, Heinz
 Spiritual Companions, by Bittleston, Adam
 Spiritual Knowledge, by Merry Eleanor
 Sphinx to Christ, by Schure, Edouard
 Stages of Consciousness, by Kuhlewind, Georg
 Steiner, Marie
 Steinerbooks Dictionary
 Story of the Grail, by Linker, Robert

Storytelling with Children, by Mellon, Nancy
 Sun Space, by Whicher, Olive
 Teachings of an Initiate, by Heindel, Max
 Theory of Colours, by Goethe
 Though you Die, by Drake, Stanley
 Thought Forms, by Bessant, Annie
 Time is at Hand, by Allen, Paul (2)
 Toward the 21st Century, Lievegoed, Bernard
 Toward a Phenomenology of the Etheric World, by Bockemuhl, J. (2)
 Transformation of Evil, by von Gleich, Sigismund
 Transparent Realities, by Manen, Hans
 Transcendental Universe, by Harrison, C.
 Tree of Life and the Holy Grail, by Francke, Sylvia
 Ultimate Communion of Mankind, by Swassjan, Karen
 Veiled Pulse of Time, by Bryant, William
 Vision of Love (Rudolf Steiner's), by Nesfield-Cookson Bernard (2)
 Vital Body, by Heindel, Max
 Vril: The Power of the Coming Race, by Edward, Bulwer-Lytton
 War, Progress and the End of History, by Solovyov, V,
 Way of a Child, by Harwood, A.C.
 When Death Enters Life, by Baum, John
 Where are You?, by Schilling, Karin
 Who was Ita Wegman?, Vol. 1, by van Emmichoven, J.
 Who was Kaspar Hauser?, by Pietzner, Carlo
 Willehalm, by von Eschenbach, Wolfram
 Wisdom of Fairy Tales, by Meyer, Rudolf
 Woodcuts, by Durer, Albrecht
 Working Together on Steiner's Mystery Dramas, by Pusch, Hans (2)
 Zannoni, by Bulwer-Lytton, Edward

Rudolf Steiner Biographies

Rudolf Steiner, by Hemleben, Johannes
 Rudolf Steiner: Herald of a New Epoch, by Easton Stewart (2)
 Rudolf Steiner: his Life and Work, by Childs, Gilbert
 Rudolf Steiner and Initiation, by Schiller, Paul Eugen
 Rudolf Steiner: An Introduction to his Spiritual World View, Anthroposophy, by, Wilkinson Roy
 Rudolf Steiner: Life, Work, Inner Path and Social Initiatives, by Lissau, Rudi
 Rudolf Steiner, Scientist of the Invisible, by A.P. Shepherd (2)
 Rudolf Steiner 1861-1925, by Carlgren, Frans
 Life and Work of Rudolf Steiner, by Wachsmith, Guenther
 Who was Rudolf Steiner? by Freeman, Arnold
 Memories of Rudolf Steiner, by Polzer-Hoditz, Ludwig
 Time of Decision with Rudolf Steiner, by Hiebel, Friedrich
 Rudolf Steiner's Mission and Ita Wegman, by Kirchner-Bockholt, M
 A Man Before Others, Rudolf Steiner Remembered, by various

Books by Sergei O. Prokofieff

The Case of Valentin Tomberg (2)
 The Cycle of the Seasons
 Eternal Individuality: Toward a Karmic Biography of Novalis
 Foundation Stone Meditation
 Heavenly Sophia and the Being Anthroposophia
 Mystery of John the Baptist and John the Evangelist at the Turning Point of Time

Mystery of the Resurrection
 Occult Significance of Forgiveness (2)
 Prophecy of the Russian Epic
 Rudolf Steiner's Research into Karma
 Spiritual Origins of Eastern Europe and the Future Mysteries of the Holy Grail
 Twelve Holy Nights and the Spiritual Hierarchies (2)
 Valentin Tomberg and Anthroposophy

In addition to the books above, Phoenix library has hundreds of booklets, individual lectures in folders, DVD's (such as the *Parzival* lectures by Ed Stoner). There are also volumes in German. These items have not been catalogued yet, but you may make an appointment with our librarian, Judy Frey to browse through the collection. Judy's phone number is: **919-928-8749**.

Borrowing Books from our Phoenix Library

Our Rudolf Steiner Branch library, which is known as *Phoenix Library, has well over 500 books, magazines, articles, and DVD's. It is housed at the home of Judy Frey. Donations to the library are always welcome. Simply email Judy at: damaris12@nc.rr.com or see other contact information below:

1. You must be a member of the Rudolf Steiner Branch (NC) community in order to borrow books from the Phoenix library. Contact our Board President Peg Carmody if you wish to join our community at mcarmody@nc.rr.com or call 537-8142.
2. The best way to borrow books is to visit the library directly. Call Judy in advance to make an appointment at **919-928-8749**.
3. You can order books by phone or email, and Judy will mail them to you if you send the postage. Check with Judy for the rate. Judy's address is: **Judy Frey, 55207 Broughton, Chapel Hill, NC 27517**
4. You are responsible for returning the books in a timely fashion. Currently books may be borrowed for two months.

* The name "Phoenix Library" arose from the fact that our community had a large and beautiful library that was completely destroyed in a fire back in the 1990's. Miraculously, books began to flow in and our library today is as big, if not bigger than it was in its first incarnation. It rose again out of the ashes. - like a Phoenix.

Directory of Anthroposophical Initiatives in North Carolina

Branches

The Rudolf Steiner Branch (NC) of the Anthroposophical Society in America

Serving Chapel Hill, Durham, Hillsborough, Pittsboro, Cedar Grove, Mebane and Raleigh

P.O. 16024

Chapel Hill, NC 27516

www.anthroposophync.org

RSBNC Board:

President; Peg Carmody 919-537-8142; mcarmody@nc.rr.com

Vice President: Nancy Willson 919-493-1091; nancywillson@myfrontiermail.com

Recording Secretary: Melanie Maupin 919-384-7338 melmaup@gmail.com

Correspondence Secretary: Joanna Carey 919-885-7569 joannapcarey@gmail.com

Acting Treasurer: Peg Carmody

Board members-at-large:

Allen Barenholtz

Margaretta Bornhorst

Will Hicks

Suzanne Mays

Newsletter: *The Sophia Sun* sophiasun@peoplepc.com

Other Groups in NC:

Asheville: Todd Crowe 828-216-3226; oddwitha_t@hotmail.com

Website: www.azaleamountain.org

Clemmons - Sarah Putnam- 336-972-8243; sputnam01@att.net

Greensboro: Sandy LaGrega – 336-292-7947; sunsan52@aol.com

Education

Emerson Waldorf School (N-K-12)

www.emersonwaldorf.org

6211 New Jericho Rd.

Chapel Hill, NC 27516

Main Office: 919-967-1858

High School Office: 919-932-1195

Early Childhood office: 919-967-3362

Foundation Year Studies at the Emerson Waldorf School

(sponsored by the Center for Anthroposophy in NH)

Contact: Claire Viadro 919-967-8215; Viadro@mindspring.com

Home Nursery School Association

(serving Durham, Chapel Hill and Hillsborough)

(There are currently 6 home nursery programs that utilize Waldorf principles)

Contact: Marie Nordgren 919-544-8748; amnordgren@aol.com

School of Spiritual Psychology

Benson, NC

www.spiritualschool.org

Robert Sardello and Cheryl Sanders-Sardello, Directors

Azalea Mountain Morning Garden (serving Asheville)

Contact: Kate Reese or Maria Allen 828-505-1350; www.azaleamountain.org;

Azalea Mountain School K-4, a Waldorf-inspired school

Biodynamic Farms

Whitted-Bowers Farm - Demeter certified – specializing in fruits and vegetables; 8707 Art Rd., Cedar Grove, NC 27231; 919-732-5132; Rob and Cheri Bowers, owners

Infinity Farm – uses biodynamic methods; CSA, organic goat milk, grass fed meats; organic eggs; vegetables. Jon Lyerly, director 919-357-7453; jelyerly2@gmail.com; 1600 McDade Store Rd., Cedar Grove, NC

The Arts

Eurythmy - Eve Olive - 919-489-2564; eveolive@frontier.com
Ann Calloway – 919-403-8678 callaway.lonaann@gmail.com

Werbeck Singing - Joanna Carey – 919-403-7060

Lyre Music- Joanna Carey – 919-885-7569
Suzanne Mays – 919-929-1073

School of Choreocosmos, Sophia Grail Circles

Kelly Calegar - www.eastcoastschoolofchoreocosmos.com

Marlene Joyce – mjoyce126@bellsouth.net

Christian Community

A Christian Community priest visits our Congregation bi-monthly. Currently, Rev. Carol Kelly and Rev. Patrick Kennedy are the priests we share with the Washington D.C. parish. **Contact:** Linda Folsom, Steering Committee member, 493-8323. lfolsom@nc.rr.com; Website: www.christiancommunitync.org

Anthroposophical Lending Library

The Phoenix Library, Chapel Hill, NC 27517

Contact: Judy Frey 919-928-8749; damaris12@nc.rr.com

Study Groups and Working Groups:

Child's Needs Study Group – One Saturday a month 10 am-12 pm.; reading *Loving the Stranger: Studies in Adolescence, Empathy and the Human Heart*, compiled by Michael Luxford. Please call Lauren Mills Nyland for further information – 968-7721, or mills.lauren@gmail.com

Christian Community Study Group: Sundays at 11:30am A group focused around meeting the needs of parents and caregivers of children who wish to support each other and gain greater insight into the festivals and Christianity. We are reading from the books, *The Christian Year* by Evelyn Francis Capel, and *All Year Round* by Druitt, Fynes-Clinton, and Rowling. The group meets at the home of Craig and Lisa Stauffer, 502 W Poplar Ave, F-2, Carrboro, NC. Please call either Lisa Stauffer (929-9827) or Rebecca Foster (619-9269) for further details, to confirm location and RSVP.

Clemmons Study Group – first and third Sundays of the month from 6-8 pm. This Study Group meets September through May, at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group is reading *Meditations on the Tarot*. Call 336-972-8243 for information.

Greensboro Study Group – Mondays 3:30-5:00 pm., Currently reading *Isis-Mary-Sophia* by Rudolf Steiner. Contact Sandy LaGrega at (336) 292-7947 or Judy Boyd (336) 454-2451. Please call before attending.

Reading to the Dead Group – first and third Thursdays of the month, 7:30-9:00 pm. We are reading *Our Dead* by Rudolf Steiner. We meet at the home of Joanna Carey at. At the new home of Joanna Carey: 605 Jones Ferry Rd. Apt. UU5 in Carrboro. Any questions can be directed to Joanna Carey: 919-885-7569. Please RSVP that you will be attending.

Rose Cross Study Group – Wednesdays, 7:30 pm, at the home of Judy Frey, Currently reading *The Secret Stream: Christian Rosenkreutz and Rosicrucianism*. Newcomers are welcome! Please give call Judy at 928-8749 before attending the first time.

The Socially Resilient Child Study Group – Thursdays 8:45-9:45 a.m. in the second classroom in the Nursery School Building at EWS; to discuss “How can we support our children in social situations?” Contact Lauren Nyland at 968-7721 or mills.Lauren@gmail.com

Threshold Care Group– a conversation group that meets one Monday each month from 7-9 pm to share experiences and concerns, ask questions and become active in our community in our relationship to death and dying; meets at the home of Jenny Bingham, 208 Murray St., Hillsborough; contact Jenny at jennybingham@yahoo.com for exact time or call 214-4304.

Werbeck Singing Group: first Fridays of the month at 7:15 PM at Joanna' Carey's. Call 919-885-7569 for more information.

Editor's Note; Please keep the information about your Study Group Current. Email Kathleen Wright at sophiasun@peoplepc.com to update your information. If you have a Study group that is not listed above, please let me know. We are happy to list any groups in the Southeast.



The Rudolf Steiner Branch (NC)

Of the Anthroposophical Society in America

P.O. Box 16024

Chapel Hill, NC 27516

www.anthroposophyNC.org

The Sophia Sun

Editor.....Kathleen Wright

Calendar.....Linda Folsom

The Sophia Sun is the newsletter of the Rudolf Steiner Branch (NC) of the Anthroposophical Society in America, a 501(c)3 non-profit organization. It is published bi-monthly (no issues July and Aug.). Members are encouraged to view the newsletter electronically by visiting our website www.anthroposophyNC.org. If you wish to receive the newsletter by email, please write to the editor at: sophiasun@peoplepc.com **Note:** On line, the newsletter is in color; mailed copies are in black and white. To receive the newsletter by Postal service, please contact the editor. **Cost is \$20. a year for members and \$40 for nonmembers.**

Submitting articles, letters, announcements and ads:

Please send UNFORMATTED text as a Microsoft Word document to sophiasun@peoplepc.com. Articles should not exceed 3 pages in length, and preferably should be 1-2 pages long.

Ads for goods and services: Dues-paying members of the Rudolf Steiner Branch are entitled to one free ad per year (quarter of a page). Please contact the editor for rates if you are not a member and wish to place an ad.

If you have any questions, please contact: **Kathleen Wright, at 919-309-9622 or 919-672-0149 or email her at sophiasun@peoplepc.com**



Anthroposophy, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). **Rudolf Steiner** was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditant, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement, anthroposophical medicine,

biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at www.anthroposophy.org or our local website at www.anthroposophyNC.org