



# The Sophia Sun

Newsletter of the  
 Rudolf Steiner Branch (NC)  
 Of the Anthroposophical Society in America

APRIL 2011

Volume IV, Number 3

## The Virtue For April (ARIES)

Devotion Becomes Power of Sacrifice (Ehrfurcht wird zu Opferkraft)

### *Easter Mood*

When our of world-wide spaces  
 The sun speaks to the human mind,  
 And gladness from the depths of soul  
 Becomes, in seeing, one with light,  
 Then out of selfhood's sheath  
 Soar thoughts to distances of space  
 And dimly bind  
 Man's being to the spirit's life.

*Rudolf Steiner*

From *The Calendar of the Soul*  
 (translation by Hans and Ruth Pusch)



### *In This Issue:*

Holy Week Schedule.....	5
New Lectern Arrives.....	6
Steiner's 150 <sup>th</sup> Birthday Celebration.....	7
Annual General Meeting.....	8
Theme of the Year.....	8
Review of the Spiritual Science Research Seminar.....	9
Choreocosmos.....	16
Gisela Wielki Workshop.....	17
Infinity Farm News.....	18
News from Whitted-Bowers Farm.....	20
Two Talks by Richard Dancey.....	21
Message form Torin Finser.....	23
Steiner's Death Day.....	24
Rudolf Steiner: The Christian Initiate.....	25
Social Sciences Conference.....	26
Free Columbia News:.....	27
Tennessee Workshop with Michael Ronall.....	20
Healing Fear Workshop .....	29
Summer Camps.....	30
Directory of Initiatives.....	29

Logo: "Woman Clothed with the Sun" by Baron Arild Rosenkrantz (1870-1964)

## Calendar for April 1-30 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Choral Gatherings-7:30p	<b>2</b>
<b>3</b> CC Study Gp-11a The Goethean Conversation SG-3p Asheville Soul-Weaving SG-2p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>4</b> CC Steering Committee-3:30p	<b>5</b> Rosecroix Maritime SG 7p  RS Branch Festivals Committee Meeting-7:30	<b>6</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p  Eurythmy Workshop 7p	<b>7</b> EWS SG-8:45a  Asheville Steiner SG-7p	<b>8</b> EWS Instrumental Concert-6:30p	<b>9</b> EWS-Seeds of Spring Auction-7p  Potluck at Infinity farm 3p  Choreocosmos 3-5 p Sophia Grail Circle 7-9p
<b>10</b> Meeting of the First Class-10a, (Review-11a) CC Study Group-11a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>11</b>	<b>12</b> NDE SG-7p  Rosecroix Maritime SG 7p	<b>13</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>14</b> EWS SG 8:45a  Asheville Biodynamic SG-10a  EWS High School Eurythmy Performance-7p	<b>15</b> CC-Trinity Workshop begins-7p	<b>16</b> CC Trinity Workshop-9a
<b>17</b> <b>Palm Sunday</b> CC Act of Consecration of Man - 10:30a 12n Joint Potluck The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>18</b>	<b>19</b> Rosecroix Maritime SG 7p  Rudolf Steiner Branch Board Meeting	<b>20</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>21</b> <b>Holy Thursday</b> EWS SG 8:45a  Asheville Steiner SG-7p  Reading to the Dead Group-7p	<b>22</b> <b>Good Friday</b>	<b>23</b> <b>Easter Saturday</b>
<b>24</b> <b>Easter</b> CC Study Group-11a Asheville Handwork Group-2p The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>25</b>	<b>26</b> NDE SG-7p  Rosecroix Maritime SG 7p	<b>27</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>28</b> EWS SG 8:45a	<b>29</b>	<b>30</b> Asheville Biodynamic SG Hands-On-10a

## Calendar Details: April 2011

### Rudolf Steiner Branch of the Anthroposophical Society

**April 5, 7:30p – Rudolf Steiner Branch Festivals Committee** meeting at the home of Barbara Cain. Please join us if you are interested in continuing to bring the Festivals to our community. For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

**April 9, 3:00 – Pot Luck and Infinity Farm for CSA members and their families**

**April 10, 10a – The School for Spiritual Science, Meeting of First Class.** Review session follows the main lesson and begins at approximately 11am. For more information please contact Suzanne Mays at 919-929-1073 or [suzannemays@gmail.com](mailto:suzannemays@gmail.com)

**April 17-24 – Holy Week Observance.** See article for more details.

### Christian Community

**Sundays, 11a - Christian Community Sunday Study Group** at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd. Chapel Hill. We will be reading *The Trinity* by Hans-Werner Schroeder. If you do not have a book, but would like to attend, please come. We can make copies and/or share books. Study Group is followed by a simple potluck and good conversation. Leftovers are very welcome. Keep it simple and come enjoy yourself. Please call if you need directions or have any other questions: 929-9791

**April 4, 3:30p - Christian Community Steering Committee meeting** at the home of Mary Beth Mueller.

April 15 and 16 - **CC Workshop - Light, Life, Love, and the Trinity.** Please see flyer in this issue for details.

April 17 - **Christian Community Services:**

- 9:30a - Children's Story
- 10am - Children's Service
- 10:30a - **Act of Consecration of Man**
- 12 noon - Community Potluck

**Save the date:**

May 13 -15 - priest visit weekend. There will be a special Confirmation service on Sunday 5/22. For more information, please call Linda Folsom at 919-493-8323 or email us at <http://www.thechristiancommunitync.org>

### EWS

**April 6, 7:00p - Eurythmy Workshop with Brigida Baldszun** in the Eurythmy Room at EWS

**April 8, 6:30p - Instrumental Concert** Grade 5 - 11, at the Village Green, Southern Village

**April 9, 7p - Seeds of Spring Auction**, held at NC Botanical Gardens, 100 Old Mason Farm Road, Chapel Hill, NC 27517; reserve a seat by contacting Kelley Wiley at [emersonian@emersonwaldorf.org](mailto:emersonian@emersonwaldorf.org)

**April 14, 7p - High School Eurythmy Performance** - location tba.

For information about EWS events, please see the detailed school calendar at:

<http://www.calendarwiz.com/calendars/calendar.php?crd=emersonwaldorf&op=cal&month=3&year=2011>

### Other Activities of Interest:

**April 1, 7:30p - Choral Gatherings** - usually the 1st Friday of each month, 7:30p - 9:30p. **There will be special practices for the Easter Week observances on April 1st and 8th at 7:30 pm and on April 7<sup>th</sup> and 14<sup>th</sup> from 3:00-5:00 pm.** At the home of Joanna Carey, 112 Solterra Way in Durham. Bring a potluck snack if you desire. We welcome all ranges, especially altos. All are welcome. Please RSVP at 919-403-7060 or call for more information. The upcoming dates are: May 6, June 3.

**May 10, 7p - NDE Study Group** - a once-a-month study group, on the 2<sup>nd</sup> Tuesday of the month, for near-death experiences (NDEs). the Raleigh/Durham Friends of IANDES group, part of the International Association for Near-Death Studies. This is part of our research work in the fields of consciousness studies, neuroscience and NDEs. We welcome all people who are interested in NDEs, especially those who have had an NDE are invited to share their experience with the others. At the home of Robert and Suzanne Mays, 5622 Brisbane Dr, a few miles north of Chapel Hill, just north of I-40, off Mount Sinai Road. For more information, please call us at 919-929-1073 or email mays@ieee.org. Our meetings for the remainder of the year will be: (no meeting in April), May 10, and June 14.

***Please Note***

Please send notices for the Calendar to Linda Folsom at [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com).

Please send all articles, announcements, and ads to the editor at:  
[sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

Please go to the Rudolf Steiner Branch website to learn how to join the list-serve so that you will receive up-dates and events:

<http://anthroposophync.org/mailman/listinfo/asnc-list>

## Borrowing Books from our Phoenix Library

**Our Rudolf Steiner Branch library, which is known as Phoenix Library, has well over 500 books, magazines, articles, and DVD's. It is housed at the home of Judy Frey. Donations to the library are always welcome. Simply contact Judy or our Board President, Peg Carmody.**

1. You must be a member of the Rudolf Steiner Branch (NC) in order to borrow books from the Phoenix library. Contact Peg Carmody if you wish to join our community at [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com) or call 537-8142.
2. The best way to borrow is to visit the library directly. Call Judy in advance to make an appointment at **919-928-8749**.
3. You can order books by phone or email, and Judy will mail them to you if you send the postage. Check with Judy for the rate. Judy's address is:

**Judy Frey  
55207 Broughton  
Chapel Hill, NC 27517**



## HOLY WEEK SCHEDULE

*The Mystery of Golgotha, the pivotal point of the whole of the divine process of creation, marks the birth of the Christ into the body and breath of the Earth, and more intimately and personally, into the very physical foundation and soul potential of Man himself. Rudolf Steiner tells us that "the Easter festival contains a call to man to lift himself up to the worlds beyond the earth; it contains a promise to man that in the course of world history it shall be possible for him, through the working of the Christ Impulse, to become free of earthly conditions." What a calling and what a promise! Let us come together at the end of our week long Holy Week celebration to livingly experience this call and promise.*

**Palm Sunday, April 17** – 12 noon -Pot luck lunch for Christian Community and Steiner Branch at Camp New Hope; call Linda Folsom for more information 493-8323

**Monday and Tuesday, April 18 and 19** –10:00-11:00 A.M. – reading of the Bock Daily reading for Holy Week at the home of Joanna Carey, 112 Solterra Way, Chapel Hill, 403-7060

**Wednesday, April 20**, 7:30 PM – Emil Bock reading for Wednesday at the home of Judy Frey, 55207 Broughton, Chapel Hill; 928-8749

**Holy Thursday, April 21** –7:00 PM - Washing of the Feet and readings from the *Gospel of St. John* at the Home of Robert and Suzanne Mays, 5622 Brisbane Dr., Chapel Hill; 929-1073

**Good Friday, April 22** 12-2:00 PM – Stations of the Cross from St. Francis of Assisi and selected readings from others; lyre music at the home of Margaretta and Bruce Bornhorst, 5800 Prioress Dr., Durham 27712; 824-7337

**Easter Saturday April 23**, 7:00 PM – Doug and Judy Frey's. Please bring your thoughts, poems, verses, music and good will. There will be an unformed candlelit program followed by a simple supper of soup, bread and salad. You do not need to bring anything except your contribution to the conversation-music hour if you like. There is always an open invitation to stay the night either in available beds or on pallets. Please call Judy in advance to assure a place: **928-8749**.

**Easter Sunrise Vigil April 24** - 6:00 AM (or earlier) – at Doug and Judy Frey's - The official sunrise is 6:33am. However, the predawn glow begins to spread 30 to 45 minutes before the sun actually breaks on the horizon. This year, because of the late calendar date, the leaves will obscure the horizon, but we can be assured that the "Son" will greet us through all obstacles. If you would like to experience the anticipatory mood in the predawn hour, please plan to arrive any time after **5:30am**. Dress warmly if you plan to wait outside. We will have breakfast after the Sunrise Observation, with music in our souls and hopefulness in our hearts. If you have anything you would like to bring forward as a program, perhaps a short drama, a re-enactment of the Easter events, Scripture reading, eurythmy, song or recital, or any other activity, please feel free to do so.

*(painting: "The Last Supper" by Baron Arild Rosenkrantz)*



## LONG-AWAITED LECTERN ARRIVES; GIFT FROM NATALIE SLAPO TO RSBNC

In March, our Rudolf Steiner Branch became the proud recipient of a beautifully built and sculpted lectern



made of tulip poplar. The artist who constructed it was the well-known anthroposophical sculptor Michael Howard of Amherst, Massachusetts. Our branch had commissioned Michael to create this lectern after we received a very generous bequest from Natalie Slapo, following her death in April 2008. The Board discussed what we should do with the money and decided that our community really needed a lectern, especially for the School of Spiritual Science.

The lectern will be used for the first time at the First Class meeting on April 10. There will be a dedication ceremony for the lectern at our Annual General Meeting on May 21, where we will have a brief memorial and moment of thanks for all that Natalie did for our community. Her husband Herb will attend. A plaque will be made in memory of Natalie for the lectern.

Other groups may borrow the lectern, but the Board needs to draw up some regulations for borrowing it first.

For the time being, Kathleen Wright will store the lectern at her home until the Waldorf School builds a storage closet to house it. There are plans at the Emerson Waldorf School for building a storage place for the chairs, which belong to our community and it is hoped that there will be room for the lectern there as well.

(Photo by Kathleen Wright: Sculptor Michael Howard stands by his beautiful creation)

## MARK YOUR CALENDARS: NEXT BRANCH MEETING - August 27, 2011

At the last Branch meeting on February 26, those present expressed dissatisfaction when it was announced that the next branch meeting was not until August 27. They felt that we were just getting into our new book (*The Esoteric Significance of Anthroposophical Groups and Branches* by Sergei Prokofieff) and that we didn't want to wait six months to take it up again. It was agreed that the Board would take up the matter at its next meeting (March 22) and try to come up with at least one more time for a Branch gathering before the summer. However, when the Board met and looked at the calendar, there appeared to be just one Saturday that was free; however, all officers of the Board were unable to attend at that time due to prior obligations, so it was determined that the original plan would hold.

It is recommended that members read the book on their own over the summer and come back prepared to just discuss whatever thoughts struck them most or what they have questions about. We hope to spend the coming year discussing the possibilities of a Branch home and are open to other possibilities. Two members have come up with an idea they wish to share. We hope that we will have a good turnout for our Branch meetings in the Fall as there are important decisions that need to be made.

## STEINER SEQUICENTENNIAL CELEBRATION HELD AT CHAPEL HILL LIBRARY MARCH 26, 2011



Over 30 people attended our Rudolf Steiner 150<sup>th</sup> Birthday celebration at the Chapel Hill Public Library's large meeting room on March 26, 2011 from 2:00-4:30 PM. The event was actually closer to Steiner's death day (March 30) than his birthday (February 25) because we had to wait for the five Panels created by Doug Miller for the year-long celebration. The Anthroposophical Society headquarters in Ann Arbor has made a few copies of the panels to loan out to groups and branches for the commemorations of Steiner's sequicentennial birthday. The Panels are not only beautiful and full of excellent content, but they are ingeniously constructed – they open up like retractable shades! A number of people liked the panels so much that they requested that we borrow them again and display them at a university or other public place for an extended period of time so that the public can learn about the genius and importance of Rudolf Steiner. (On Monday we had to ship the panels off to the Waldorf School in New Orleans for their next exhibition.)

We were delighted to see that there were several non-anthroposophists at the celebration. One was a man who had seen our sign at the library, and since he had attended a Waldorf School as a child, he decided to check out what it was all about. Another woman just learned about Anthroposophy two weeks ago after someone referred her to Dr. Mark. We were also happy to welcome parents and teachers from the Waldorf School and of course, so many of our "regulars" were there to help set up and enjoy the celebration.

From 2:00-2:30pm guests mingled and read the panels, browsed through Dr. Mark Eisen's anthroposophical book collection from his Jubilee Store and enjoyed beverages. Next, RSB Board President Peg Carmody gave a welcome address, explained the agenda for the event, which was to conclude with the consumption of two delicious birthday cakes, one chocolate and one vanilla. She then introduced Kathleen Wright, Board Secretary and newsletter editor, who gave a presentation about Steiner's life and legacy.



Kathleen divided her hour-long presentation into three parts: an exposition of Steiner's "resume", concentrating on the years of his public spiritual teaching and activity from 1902-1925 which she divided into seven-year periods of thinking, feeling, willing and synthesis; second, vignettes and memoirs from those who knew Steiner that demonstrated his great "heart", intuition, and his wonderful sense of humor; and lastly, there was time for questions and answers.

## **ANNUAL GENERAL MEETING MAY 21, 2011 ENTAILS VOTING AND DEDICATION OF LECTERN**

All members are invited and encouraged to attend the Annual General Meeting of the Rudolf Steiner Branch on **Saturday, May 21** at **1 PM** in the **Brown Room** at the Emerson Waldorf High School. The meeting will begin with a Pot Luck luncheon, followed by dedication of the new lectern with a memorial to Natalie Slapo. Herb Slapo will be our guest for this part of the meeting. It is also very close to Herb's birthday.

After this, the business part of the meeting will commence. This involves reports from all initiatives in the Branch, a financial report and voting. This year there are several matters that require a vote: Members need to approve those who have volunteered to serve on the Board: These include Peg Carmody, the current President, who would be glad to continue in this capacity and Nancy Willson, who is Vice President and would also be happy to continue serving.

Secretary Kathleen Wright would like to step down as Secretary. So far no one has volunteered to take her place. We also need a Treasurer. As of this writing, we have had two persons announce that they are willing to serve on the Board - Joanna Carey and Allen Barenholtz. They are currently thinking over if they wish to volunteer for the vacant positions. If you would like to consider being on the Board and especially if you would like to serve as an officer, please call Peg Carmody today at 537-8142.

The other matter that needs a vote concerns the name of the Branch. In October, those present voted on the name "Rudolf Steiner Branch (NC) of the Anthroposophical Society in America". At that time, it was announced that we would continue to use the ASNC as our legal name, but RSB as our "go-by" name. This has caused complications and the proposal now is that we drop ASNC and replace it with RSB on our legal documents as well as all communications. To make that decision, we need a vote from our members because it involves changing the by-laws.

Study Group Leaders and Initiative leaders: if you are unable to attend the AGM, please submit a written report to Peg Carmody prior to the meeting. Her email address is: [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

## **ANTHROPOSOPHICAL SOCIETY'S THEME OF THE YEAR: ANTHROPOSOPHY - ROSICRUCIANISM IN OUR TIME**

As is customary at this time of the year, the Anthroposophical Society has announced the "Theme of the Year" for the 2011-2012 year, which will commence at Easter 2011. It is "Anthroposophy - . - Rosicrucianism in our Time".

The recommended reading list includes:

***Esoteric Christianity*** (GA 130) September 28, 1911 and October 1, 1911

***The Spiritual Guidance of Mankind*** (GA 15) Dec. 15, 1911 and October 16, 1911

***The Foundation Stone Meditation*** by Sergei Prokofieff , Chapters 6 and 11.

***Rudolf Steiner and Christian Rosenkreutz*** by Peter Selg

An article on the theme written by Sergei Prokofieff can be found in the March issue of ***Anthroposophy Worldwide***. If you do not receive the magazine, you may find it online at our national website: [www.anthroposophy.org](http://www.anthroposophy.org)



# SPIRITUAL RESEARCH SEMINAR 2011: “Unbornness, Immortality, Reincarnation” The Continuum of Life – Before Birth, on Earth, After Death

March 11-12 2011

By Kathleen Wright

This seventh annual Spiritual Research Seminar “rocked”; it was earth-shaking both literally and figuratively – The 10<sup>th</sup> floor of the Rosenthal Pavilion shook on the opening evening of the conference. At first I thought I must be having a stroke, but then others assured me they were feeling it too. We will never know whether it was shock waves from the earthquake in Japan, which happened that same day, or the reactions to our conference by the many Dead upon whom the building stood – Conference host Gene Gollogly informed us that Washington Square Park (which is right across the street from the Rosenthal Pavilion) served as a Potter’s Field and an executioner’s site where hangings took place a few hundred years ago. We were also very close to the site as well as the 100<sup>th</sup> anniversary of the horrific Triangle Shirtwaist Factory Fire of Saturday, March 25, 1911 in which 146 young seamstresses, many of them young teenagers, burned to death or died jumping from windows because the factory was locked from the outside to keep them in.



Conference registrar Marsha Post informed me that over 200 persons had pre-registered for this conference and many more showed up to register at the event, (There were seven attendees from North Carolina attending the conference: Eve Olive, Marlene Joyce, Jenny and Ben Bingham, Michael Mason, Lisa Damian and Yours Truly). At the time I asked her, Marsha wasn’t sure of the exact number of attendees; however, the gigantic room with its magnificent vistas of the Manhattan skyline and all its surroundings was packed! In fact, that was the one thing that was frustrating about the conference. There were just so many people - and that brings with it: long lines for meals and snacks, leaving very little time to socialize and, for about a third of us – no tables at which to sit; trying to do Eurythmy without bashing your

neighbor in the face; also I find that with large groups such as these people tend to stay with their own little clique rather than circulating; in addition, it is virtually impossible to get even a minute to chat with the keynote speakers, which I very much wanted to do, but couldn’t. Although the lectures were excellent, cramming six lectures into a day and an evening was a bit much. I would have liked some time for discussion and digestion of the material.

Nevertheless, there was far more positive about the conference than negative. One thing in particular that was lovely was the emphasis on the Arts. The room was framed with gorgeous paintings by David Anderson, a student of Gerard Wagner. (We include one of them in this article.) His paintings included several which had as their theme the stages of Earth



Evolution and some of Wagner’s *Ring Cycle*.

Rachel Ross made a valiant effort in guiding us in doing Eurythmy in a room that felt like a sardine can. She also presented us with a lovely booklet of Eurythmy exercises. Several of Mariel Farlow’s small sculptures were on display and two women played the piano for us. I only caught the name of one of them, a young girl by the name of Zoë Schrage.

But perhaps the most moving of the artistic presentations was the poetry brought to us by our own Eve Olive. (And I am not being chauvinistic. Many others from all over remarked about how beautiful were the verses she brought and how interesting were the vignettes about incarnation, which she told.) The poems and stories are from a book Eve has been working on, which she has entitled *Cosmic Child: Poems and Other Writings From Across the Threshold*. Among the poems she read were: "Birth" by Langston Hughes, "The Vision" by Fiona MacLeod, "Worldling" by Elizabeth Speyers, "Bumble Baby" by Christy Barnes, "Aubade" by Louis Macniece, "War Baby" by Pamela Holmes and "Near Death" by David B. Axelrod. She also read some vignettes from Janet Parsons, Mark Hulbert and others that involved prebirth recollections of children and remarks about past lives.

The lectures by spiritual researchers Thomas Meyer, Peter Selg, Michael Lipson and Christopher Bamford were fascinating and inspiring, and if you are regretting not having been able to attend, simply get out your iPod and go to [www.steinerbooks.org](http://www.steinerbooks.org), where you can download most of the talks. However, if you are not tech-savvy, below are notes I took during the talks. I was unable to get to Bamford's talk due to a train delay, but Marlene Joyce wrote an excellent summary from the notes she took which follow this article. Please keep in mind that these are notes and therefore not as organized as a feature article would be.

### **Thomas Meyer speaks on "Rudolf Steiner's Core Mission"**

There is a special place in my heart for the first speaker – Thomas Meyer. Back in 2001, my son John was attending a Youth Conference at the Goetheanum. While there, he was introduced to Thomas, who invited my son to Tea and pastries and presented him with a gift of two books, both of which he had written. One of them has since become John's favorite biography and subsequently, one of mine – *Daniel Dunlop: Man of Our Time*. Steiner told many people how much he loved Daniel Dunlop, and so will anyone who reads that book!



Meyer's first lecture was on "Rudolf Steiner's Core Mission". He began by recounting the story of how Walter Johannes Stein went up to Steiner and asked; "What is your core mission (eigentliche Mission)?" Steiner thought for a moment and then replied: "Reincarnation and Karma". Meyer said that he would like to add to this: to give the world "a scientific approach to spiritual realities".

He went on to show how the view of reincarnation from ancient to modern times has evolved. In the earliest times, there was a clear knowledge of reincarnation and it was on a *Thought* level. By 1860 B.C. knowledge of it began to dim down and it was then experienced in *instinctive feeling* (Egypt, Rome and the Orient). Around the time of Christ, knowledge of it had dimmed down to the level of *unconscious will*. Around the time of Steiner's birth (1861 A.D.) it began to resurface and is now evolving to a "living feeling". Rudolf Steiner has brought to humanity the knowledge of human freedom as a factor in reincarnation.

Meyer then went on to show how the knowledge of reincarnation grew in Steiner's own consciousness. He recalls the incidents where at age 7 Steiner meets the departed Soul of a relative who had committed suicide, and how in 1881, he wrote to a friend about how he believed that human beings have an innate capacity to withdraw into their inmost selves. He recalled how in 1888, Steiner gave a talk about Goethe and Art and that afterwards, a Cistercian priest, of whom Steiner had once said "He knew the whole world and three villages", came up to him, pointed and said "Thomas Aquinas!" By that he meant that what Steiner had said was spoken out of the wisdom of Aquinas, but something resonated in Steiner's soul with these words and he afterwards realized that he had *been* Thomas Aquinas in a past life. Another similar incident occurred when Steiner and his teacher, Julius Schröer, were reading about the suicide of the Crown Prince Rudolf Meyerlink and Schröer uttered the word "Nero". Steiner learned to research people's past lives and came to the realization almost 30 years later, that Schröer had been indeed correct – Prince Rudolf had been Nero in a past incarnation.

There are problems to reincarnation research – why is it that many persons, for example, believe they are the same person, for example. Steiner gave an instance of someone who thought he was a certain person (Pope Alexander IV), but in actuality, had merely met the person in a past life. Other problems are vanity and superficial techniques.

Thomas mentioned as an aside that he feels that Steiner actually gave 7 basic exercises, not 6. The seventh is a sense of humor. This is the capacity "to look at oneself from a higher plane".

Meyer called Intuition the highest of the spiritual faculties, that it begins in pure thought or sense free thinking. He said that while ahrimanic beings can inspire, we need Intuition to recognize them and that can only be done with Intuition. Many spiritual teachers have Inspiration, but few have Intuition.

Thomas Meyer ended by saying that eventually all Karma will be worked out, for Evil belongs to Time and not Eternity.

### **Peter Selg on “The Path of the Soul after Death”**



Psychiatrist Peter Selg who is director of the It Wegman Klinik in Arlesheim and author of many books, gave the second talk of the evening. It was on “Rudolf Steiner in Relation to the Dead”. Peter’s latest book was available at the Conference, fresh off the press. It is entitled *The Path of the Soul after Death*. It tells about how Steiner developed funeral rituals for the Dead, gave eulogies and mantric verses for them and delivered verses, which he heard the dead speak through him. (I purchased the book at the conference and read it within a few days after returning home. It is excellent.)

Peter began by saying that Steiner learned to accompany people in the life after death. This became his mission from the time he was 7 years old, after his meeting with the Soul of his aunt who had committed suicide. She begged Steiner to help her and he made it his task to help not only her, but all souls. Steiner announced to his students how important it is for us to stay connected to the dead. We must learn to build a bridge to the spiritual worlds. This requires new thoughts and feelings to arise in us. In the first three days after death, it is the easiest to connect with the dead. After that, it becomes more difficult.

The thoughts of the living nourish the dead, especially our loving thoughts and feelings for them. This is true especially at night when the Dead approach us looking for spiritual thoughts for their sustenance. The spiritual thoughts of humans are the food of the Dead. The kinds of thoughts we have during the day become alive in our dreams. In these materialistic times, many of the departed are starving because too many people are thinking only materialistic thoughts. The Poet Christian Morgenstern said that Steiner’s greatest contribution to humanity was not for the living, but for the dead, for Spiritual Science can build a bridge from the living to the dead.

Sometimes when we awaken with an inspiration, it has come from a dead person. Dead souls can help us. Peter said that when he was in high school, a student asked how the world can continue to exist because of all the horrible destructive forces at work. Peter believes that the dead are helping us, inspiring us to action. Rudolf Steiner said that in order for us to stay connected to the dead, we must develop a “culture of selflessness”. The relationship to the dead is a selfless one. Our “missing” them, however, is not a positive impulse.

Anthroposophy and the Anthroposophical Society are organs for bringing impulses into the world. Working together in branches establishes spiritual communities and creates new relationships between human beings. Previously most relationships were between family and friends. Now relationships on a higher plane are evolving. If a family is materialistic, then their Dead have a difficult time in the spiritual world – they have no nourishment! Most souls seek out their families and friends, but Anthroposophists who die are more likely to seek out other anthroposophists than their own families. We cannot judge if the Anthroposophical Society is “successful” or not – although some of our initiatives may not be deemed successful, there have been great spiritual relations created that cannot be measured in earthly terms.

In 1918, Rudolf Steiner created a Ritual for Interment for a Catholic priest who requested it. Later, a very similar ritual was given to the Christian Community. Steiner taught that the Hierarchies receive the person and the earth receives the body. The ritual belongs to human beings, but the funeral prayers should resonate with the hierarchies. The ritual is a coming together of the Hierarchies and the physical world. Steiner gave many funeral addresses during his life. His addresses were meant for the Deceased, not for the relatives. Steiner said that the funeral address should not simply be a biography of the person, but it should give assistance to them on their journey. A number of these addresses are recorded in Selg’s new book.

Peter talked about how many of the dead come into the spiritual world overwhelmed by the consciousness around them. They may need help developing a new “I” consciousness. The moment of death is a wonderful moment. It is sun-like and can be blinding. Many experience the Christ at this time.

Talking about the person's life during the three-day vigil and funeral can help the dead adjust and not be overwhelmed by the experience.

During World War I, there was so much death that Steiner did most of his research about the dead during this time. He accompanied many souls into the spiritual world during those years.

Selg read to us a particularly beautiful mantric verse, which was given at the funeral of Lina Grossheintz in January of 1915. He said that the verse came through him from her Soul. (The verse is printed in Selg's new book.) He said that the verse helped her regain her I-Consciousness during the funeral. Steiner told of another departed soul who was helped by the cremation process – it helped her regain her I consciousness and she was then able to perceive what had happened at the funeral, which she had not previously been able to do.

Selg said that there are three main ways the living can help the dead which relate to the Trinity: first, helping them to regain their I-consciousness during the 3 days after death (ex Deo nascimur); second, during the time of soul starvation (I believe he was referring to Kama Loka) we can meditate for them; (in Christo morimur); third, we can help them fulfill on earth what they wanted to do but couldn't (per Sanctum reviviscimus) Steiner did this for Goethe when he edited his scientific writings.

### **Peter Selg's Second lecture: "Unbornness and the Path of the Soul after Death"**

The title of Peter's lecture is also the title of a book he has written on the same topic. He said that Rudolf Steiner coined the term "unbornness" and that it refers to the time between death and a new birth. Steiner spoke of the "life before birth". This word needs to become as important a concept as "immortality" is today. The ancients were more concerned with the mystery of birth. They wondered how people "come down" – the descent from the Divine Spiritual to the earth was the Great Mystery. Nowadays we are more concerned with the mystery of death.

Humanity needs to become more aware of the mystery of the life before birth, because without this, women resort to abortions (250,000 in Germany each year) and of course there is the danger of "eugenics" – the elimination of the mentally ill and handicapped. Hitler killed 260,000 psychiatric patients claiming they were a "burden to society". Also a dangerous movement that is on the rise is the "assisted suicide" movement, which is quite large in Switzerland. The very worth of life is being questioned. There is an attitude that newborns have no rights, that they are not persons until the age of 3. We need to realize that life on earth is a continuation of life before birth. Every newborn comes with a mission (in a modest sense of the word). We are not born "to be happy". Our *task* is what is important. Even a short life is important in the grand scheme of things, because the etheric forces of a child who has died young accompany the soul into the spiritual world and return with him in the next.

Peter spoke of the importance of Steiner's main social law and said that he has written a book about it, which Steiner Books will be publishing soon. He said that there is no thinking more hindering to reincarnation and karma than the concept of "paid work". He has put the principles of the main social law into the governing of the Ita Wegman Klinik. There is no fee for lectures that are held there; people are asked to donate to the Institute if they would like instead.

Ahriman finds many ways to erect barriers to a knowledge of reincarnation and karma. In 1895, the idea of "Das Recht von den Todenfahrt" (the right to die) was introduced. Then came the idea that the government has the right to judge the benefit or burden of individuals, and of course Hitler put this into practice.

In 1899 Steiner taught at a school for Socialists. They would come to hear him speak at 9 PM after they were finished with their day's work. These were heart-filled people who asked real questions of him, such as: What is the human being in modern times?

Peter asked: "How can we create a culture of selflessness? Unbornness begins at death. The preparation for this short life is very long. Paracelsus once said that our organs have planetary streams in them. The time of death is fixed by a definite number of "circulations". Steiner said that no one dies unhealthy- death is the ultimate healer.

The stages in the spiritual world after death last a long time. The first stage is an expansion, the experience of the Self becomes greater and greater. When we approach the Moon sphere, we meet Michael and the Christ before we incarnate. There is then a new possibility for feeling one's mission. One



can even come to a decision to give their body to another, e.g. they can take over a body for someone with a difficult body or destiny. He gave an actual example of this:

He tells of a woman named Annie Felder, who was a nurse who worked with Dr. Ita Wegman. At the end of World War II, Annie went to liberate a concentration camp. There she found 30,000 corpses. It was a shocking experience for her. She wrote in an esoteric way of her experiences with the survivors who also numbered about 30,000. There were only 30 doctors and nurses assigned to help and that was not near enough, so they put out the word that they needed the local German doctors to help. The patients were very alarmed when the German doctors arrived and refused to receive drugs from them. They recognized one particular Nazi doctor and told Annie of his atrocities. Annie struggled with their request to turn this doctor in to the authorities. After much soul searching, she did turn him in and of course, he was executed. After that, the man began to come to her in her dreams, begging her to help him. He particularly asked her to help him rebuild his body for the next lifetime, because he could not. She told him that she would give him the body that she would build for her next incarnation. She died in the 1980's. Annie had an interesting death. As she lay dying, she asked those around her to stand her up and hold her there until she expired. She wanted to die on her feet, as conscious as possible.

One expands into the Cosmos after death and this is what creates the possibilities for the next life. One of the main tasks there is to build the new body for the next lifetime. This is intensified in the Sun sphere. The spiritual entities there see what was good in the person's life. Evil has no place there. Unfulfilled deeds are seen and given substance. Steiner helped people become themselves. At funerals, he directed the departed to the Image of the True Human Being the person was, not the Shadows.

We weave humanity out of the Cosmos. The First Hierarchy presents the Soul with its next biography with the Karma in archetypal images. These Seraphim, Cherubim and Thrones live through what will be our destiny, but they leave us free. The first willingness to accept this karma arises; in later stages, to even love it. Even Steiner needed time to understand his own Karma. He overtook the work of Schröder who could not understand his own destiny. This was a free deed on the part of Steiner. When he was in Weimar, at first he was very unhappy and did not understand why he was there. Eventually he understood. "Life must be lived forward and understood backward", said Kierkegaard. The full extent of Steiner's knowledge took a long time, and culminated in the Karma lectures.

The turning point of the soul's sojourn in the spiritual world is known as the "Midnight Hour" and this is when the Soul is entirely in the Cosmos, but begins to long to return to the earth and its heaviness. A sense of self awakens, as well as a new interest in the earthly world. The soul becomes interested in the future parents and their ancestors as well. This interest starts long before the parents are even born. Steiner has said that the child brings the parents together; however, we should not think dogmatically about this.

#### **Michael Lipson on "The Presence of the Dead"**



Michael Lipson, is a Harvard graduate, clinical psychologist and author of several books, as well as a translator of Steiner and Kühlewind's works. He spoke about the importance of relationships and how it takes a special mood of soul to realize just how important a relationship with another human being is. It is good to work with the dying, e.g. hospice work. During the AIDS epidemic Michael worked as a therapist with the families of AIDS patients and with the dying. Michael created a ritual for the Mothers of the dead. Each Mother was given a rose and music was played during the particular ritual. Eventually a nurse added a change to the ritual – there were two bowls of water and the Mother would move a cup of water from the filled bowl to the empty one. Water is symbolic of tears, amniotic fluid and the river of life. Through a meditative life, our tears become a lens to allow us to see the dead. The dead are with us. They are just harder to see and touch than the living are to us. The German poet Rilke said that the angels don't know the difference between the living and the dead. They don't see the distinction that we do.

The word "God" has its root in the Indo-European word "jheu" which means to pour. God is the "pourer". In the lecture cycle called Supersensible Man, Steiner describes how we relate to each other after death: "The human beings are the words....there is no opacity". We should not avoid trying to meet the dead. While it is very painful to face loss, it is also painful to face the "hello". - Angels, when meeting humans, usually greet them with the words "Fear not!" because they realize this.



Lipson gave a suggestion for ‘waking up’ before meditation: put on several layers of clothing. Then take off one layer at a time, saying with each layer; “I cast off my worries about..(category). One’s last worries to cast away should be about the physical body. The one is read to begin meditating. Michael recalled that the guru of Ram Dass said that he like sorrow better than joy, because he feels closer to God with sorrow. He also told of an incident where a student asked his guru who he was in his last lifetime, and the guru replied: “You don’t even know who you are now!”

Michael ended his talk but recommending that we see the video “The Real Dirt on Farmer John”. It is about a biodynamic farmer. It is available at [www.angelicorganics.com](http://www.angelicorganics.com)

### **Thomas Meyer on “Rudolf Steiner’s Karma Research”**

The final talk of the conference was by Thomas Meyer, who had given the opening lecture. He began by talking about the Swedish woman, Barbro Karlen, who claims that she is the reincarnation of Anne Frank (The Jewish girl who perished at Bergen-Belsen in 1945) and has even written two books about how she knows this. Meyer says that there can be errors in karmic research. One may have a connection with the person they believe they are, but might not be the actual person.

The greater part of his lecture was about the fascinating adventurer and writer, known as Laurence Oliphant. Rudolf Steiner had written of Oliphant in his Karma lectures and stated that he had been the Roman poet Ovid in a past life. Meyer was so fascinated by Steiner’s observations that he undertook a research on the life of Oliphant and has made it into a book. Meyer told us the story of Oliphant’s life (most of which we will not go into here; read the book!) and about the amusing incident in his life when he arrived in the town of Abruzzi and found that there was a great festival going on. He soon learned that it was in his honor! The people there insisted that he was the nephew of a man who had helped gain their independence. He told them over and over that he was not the person they thought he was. He finally gave up trying to persuade them and accepted the feast they gave him. It turns out that Abruzzi was the ancient city of Salerno, the birthplace of Ovid. This was an unconscious meeting of his past Karma with his present life. In Oliphant’s later years, he decided to undertake a journey “inward” after so many years of adventures all over the world.

During a trip to Palestine, he saw the plight of the Jews and was instrumental in getting the British and Ottoman empires to allow Jews to settle there. After his wife died, Oliphant at first had a hard time dealing with this blow, but then during a visit to Mt. Carmel, he had a spiritual experience of her and began receiving inspirations from her.

Oliphant had a great sense of humor and he poked fun at Sinnett, a Theosophist. He made a satire of Sinnett’s book *Theosophy*, which Steiner also abhorred, called *The Sisters of Tibet: a Spiritual Satire*.

Ovid was sent into exile at the end of his life and died there by the Black Sea. Oliphant visited that same area. While Ovid had not heard of the Christ even, his famous poem *Metamorphosis* foretells of a new Christ event. Meyer recalled that the philosopher poet Emerson was the reincarnation of Tacitus. He told his wife Rosamund of an experience that he of the Christ in which Christ appeared to him and asked him to accept his suffering in order to help others. He said he would and he was changed. Ovid was the inspirer of Dante, according to what Dante says in his *Divine Comedy* and Steiner has verified that this is actually the case.

### **Notes from Christopher Bamford’s Lecture: “Humanity on Both Sides of the Threshold” given on March 12, 2011 at the Spiritual Science Research Seminar, NYC by Marlene Joyce**

Live With the Dead! As Rudolf Steiner told us repeatedly, the task of Spiritual Science is to develop the consciousness of belonging together with the dead. The rest of earthly development will not be able to proceed for the welfare of humanity, unless humanity develops this feeling of being together with the dead. Death has been the determining factor in human existence and consciousness on earth for millennia. To be human on earth has been to be born and to die. Our human relation to birth and death, and particularly death, has been the framework and guide for the evolution of consciousness and the evolution of the earth.

How we view birth and death determines our view of who we are as human beings and how we are related to the earth, the cosmos and to the divine. Whether conscious or unconscious, our view of birth and death frames our view of life between birth and death. As with Christ, who was born and died on earth and rose again, death marks the absolute point of human life, its flowering. Being born is the doorway to death, as death is the doorway to rebirth. The minute we are conceived we begin to die, during our whole life, death lives with us physiologically and soul-spiritually. It gives us our individuality, determines our view of conscious cognitive life, so that we may return transformed to the evolving cosmos.



While it is through the Fall that we have suffering and death on earth, we also have the possibility of working toward our human mission only while on earth. Rudolf Steiner called death our “friend” because it gives us the possibility of entering consciously into the spiritual world. Suffering and death are the price of freedom and consciousness, making earth the only place in the cosmos where love and knowledge can develop. Through these were given the possibility of uniting life and death, of connecting unbornness and undyingness in the wholeness of humanity and the spiritual world. And today, we stand on the threshold of a new consciousness, that of the Mystery of Birth and Death.

Rudolf Steiner placed birth and death at the center of Anthroposophy, with the Mystery of Golgotha, itself the revelation of the mystery of birth and death. Reviewing the Seven Esoteric Truths, the Fourth of these in every seven-fold evolving process is the Mystery of Birth and Death which is a fundamental turning point in consciousness.

Historically, being human on earth has always meant caring for the dead. Starting in ancient times, burying or “blessing” of those who have died, meant returning them to add “leaven” to the earth. Another “mark of humanness” can be seen in the fertility statues found from the Pyrenees to Siberia over 30,000 years ago. These statues, painted in red ochre, attest to the Sophia impulse of continuity of life. In this dream-like consciousness, dying was a natural and super-natural event; everything had living meaning, even the dead. There was no need for naming individuals; all were revered equally.

During the Atlantean times, the mysteries began; the astral individuality gained in matter. However, some isolated places retained the continuity of life and death. In the 7th millennium in the ancient temple city of Catalhoyok, Turkey, dwellings were built over the dead, who were placed in the fetal position ready for birth. This did not last. The Kali Yuga began.

In Egypt, during its long history, the culture grew petrified like the dead. Housing the dead led to housing the living. Life after death became poorly understood, except by the pharaoh and priests, as the human ego gained control. Gradually, the visible separated from the invisible and the Gods became more distant.

During Greco-Roman times, Hades, the underworld, was a dreary place, and death became feared. Consequently, the focus of life turned to this world. Burial became individualized; names on graves were important and the point of human life was to escape death. The soul was the bearer of conscience, preserved at death while the spiritual nature of earthly life was forgotten.

With the Mystery of Golgotha, divine spiritual evolution was revealed. Death was now with us, however, it was a turning point in the mystery of the heart; death was overcome. First century Christians understood that they died into Christ who is eternal life. They were selfless toward each other and formed a community in Love to overcome death.

In the third century A.D., the question arose: What about those who did not know Christ? The focus changed from humanity to the single life where people tried to avoid this transitional state. Purgatory, the afterlife, was rediscovered. During this dark time, it was women who kept alive the idea of the human heart as an organ of Love.

The Renaissance of the 12th century saw a new age of the spirit ushered in with the devotion to Sophia (Mary) through many prominent individuals and groups (i.e. Thomas Aquinas, troubadours, Cathars, St. Francis...).

Then by the 15th century, spiritual wholeness evaporated into matter and space. There was no room for the spirit, except for the esotericism of people like Paracelsus and the Rosicrucians; heaven was a desert and dead people were alone.

In the 19th century Materialism reached its height. However, with the end of the Kali Yuga in 1899, and the beginning of the Michael Age, spiritualism was born and the invisible world was thinkable again and open to all. Each person could develop his/her own organs of perception of the Spiritual world. The Theosophical Society with its teaching of reincarnation, grew out of this thinking.

In response to all who died during World War I, Rudolf Steiner lectured on how to connect with the dead, explaining that the dead care about the living and want this connection. This helps us to understand life.

So today, the mission of the earth is Love. The earth is where the work is. Although love, relationship and community can only be experienced on earth, these begin in heaven with the dead. Work with the dead calls us to selflessness and service to others as we work in community. Our moral disposition must recognize the sanctity of the "other", trusting each other and expressing our gratitude. The connections we make on earth will continue in the next life. This is a new spiritual path for the interpenetration of worlds with the dead, with the hierarchies, as well as each other.

The spirit will infuse human evolution through the dead. In the next millennium, the dead will become counsellors of the living. This is the foundation of the 6th epoch.

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## **Choreocosmos and Sophia Grail Circle: A Peace Service Saturday, April 9 in Eurythmy Room**

On Saturday April 9, we will work toward a deepened understanding of the significance of the Age of Pisces, which is our current zodiacal (and cultural) age. We will move together toward a Eurythmic, soul/spiritual experience of the hierarchies pertaining to Jupiter, Sun, and Mercury in Pisces, and Aviva Enoch will be our pianist. (The three forms can be sent to you for practice if you decide to come. I recommend drawing these forms over and over to get a feel for them, and then if you can, practice moving them as well. The more prepared one is, the less one relies on the head. When the head can rest, the movement can flow from feeling and thus have etheric potential.)

Date: Saturday, April 9  
Location: EWS Eurythmy Room  
3 - 5 pm Choreocosmos  
7 - 9 pm Sophia Grail Circle (Peace Service\*)

Please bring your dinner and drink for a picnic on site with community dialogue from 5 - 6:30.  
Please RSVP to either or both events – [kcalegar@earthlink.net](mailto:kcalegar@earthlink.net).

\*This is the first time the Peace Service will be celebrated here in NC. It is a thorough compilation of beautiful sacred texts from every world religion and culture. Given that Earth Day is approaching, and given the turmoil on our beloved Earth, I thought that this Peace Service would be perfect for this gathering. I know you will appreciate it very much. We will need many readers, so feel free to bring a friend.

*Kelly Calegar*

# **Light, Life, Love and the Trinity**

## **A Christian Community Workshop**

### **with Rev Gisela Wielki**

**Friday April 15th and Saturday April 16th, 2011**

**Light, Life, Love** - these are three lofty words in the Gospel of John. They are three profound and basic Christian concepts, which capture and embrace the life and working of Christ, as well as the Trinity: Father, Son, and Holy Spirit. In this workshop we shall together explore these lofty concepts and their workings as we journey from the sense world into the world of soul and spirit.

Our speaker, **Gisela Wielki**, entered the Christian Community seminary in 1967 and has been both a congregational priest and director of the newly founded Christian Community seminary, formerly located in Chicago and since 2011 in Spring Valley. We will also have artistic activities - chalk drawing and nature observation - with Carol Brick, Martha Kelder, and Bruce Kirchoff.

## **Schedule of Events**

### **Friday, 4/15**

6:30pm Registration  
7:00pm - 8pm First Talk: Light

### **Saturday, 4/16**

9am Late Registration  
9:30am - 10:15am Second Talk: Life  
10:30am - 11:30am Artistic activity  
11:45am - 12:30pm Third Talk: Love  
12:30pm - 3:00pm Lunch break  
3:00pm - 3:45pm Fourth talk: Light, Life, Love – the Trinity  
4:00pm - 5:00pm Artistic activity  
5:15pm - 6:00pm Fifth talk: The Trinity -

### **Sunday, 4/17**

(note: Sunday events are not part of the workshop, but participants are most welcome to attend. The Potluck is a joint activity with the Rudolf Steiner Branch of the Anthroposophical Society)

9:30am Children's Story  
10am Children's Service  
10:30 am The Act of Consecration of Man  
12 noon **Community Potluck Brunch**  
for members of the Christian Community and the Rudolf Steiner Branch of the Anthroposophical Society

**Workshop fee - \$75** (fee includes lunch of freshly made vegetarian and meat soups, salad, bread, cheeses and a dessert.)

### **Please make checks payable to:**

**“The Christian Community”**

and include your name, address, phone and email to:

The NC Triangle Affiliate of the Christian  
Community  
PO Box 52075  
Durham, NC 27717

For more information: [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) Email: [christiancommunity.nc@earthlink.net](mailto:christiancommunity.nc@earthlink.net)

Events will be held at **NEW HOPE CAMP AND CONFERENCE CENTER** in the Fleming and Oak Buildings, 4805 NC Hwy 86, Chapel Hill, NC 27514 ; 919-942-4716

Website for directions and map to the camp is <http://www.newhopeccc.org/directions.shtml>



## Providing Fresh Organic/Biodynamic Produce to the Local Community

Spring is especially welcome this year as the memory fades of breaking ice on the animals' water buckets and wrapping pipes.

Twin goat babies were born in the middle of a snowstorm a few days before Christmas. We made them warm and cozy on piles of straw and heat lamps, even though our hands and toes were numb underneath wool gloves and socks. All pet goat milk communication for next quarter should be sent to Joy Kwapien at [jrkwapien@earthlink.net](mailto:jrkwapien@earthlink.net) and/or [919-732-1840](tel:919-732-1840). For all those on the waiting list, 2 sets of baby goats were born this week. So extra goat milk will be available after weaning in April.

Jon's CSA vegetables are now out in the field, having grown to 4 or 5 inches in the greenhouse. **Don't forget to sign up for a CSA share!** There are still has spaces left. For **the new brochure**, you can email [infinityfarmbd@gmail.com](mailto:infinityfarmbd@gmail.com) or call **Jon at 357-7453**. The deadline for CSA's has been extended to April 30 – but don't delay!

Unfortunately, the partnership with the Roth family did not work out. After much thought, it has been decided that Dave and Michelina's dairy operation and my vegetable CSA will be managed as separate businesses. So Jon will be handling all communications and payments for Infinity Farm CSA from now on.

All produce is grown using biodynamic standards as outlined in the Demeter biodynamic certification. Biodynamic standards exceed organic standards. For more info on biodynamics, check out [www.biodynamics.com](http://www.biodynamics.com). I am coordinating pick up sites and times with one each in Chapel Hill, Durham, the Raleigh area and at the farm in Cedar Grove and will let you know specifics soon. The first week of distribution will be either the last week of April or first week of May.

We have welcomed Matt Hartinger, a new intern from Western NC, who will be helping through the season. You can meet him at the Farmer's Market in Hillsborough (the one that's in front of Home Depot). Be sure to patronize the farm, especially if you have chosen not to go with the CSA. Matt is very interested in learning biodynamic farming and has been a big help already. He and I have been busy sowing and transplanting in the field. We have spinach, garlic, carrots, beets, turnips, lettuce, radishes, arugula and peas growing in the field. The greenhouse is full of baby cabbages, onions, kale, lettuce, flowers and many other crops some of which we are currently transplanting outside.

Jon has a few starts (young plants) in 3-inch pots available in early April including lettuce, kale, cabbage, cauliflower and broccoli. Later in April and in May, he will also have tomato, chard, pepper, squash, cucumber, melon and some flower starts. A real bargain at \$2.00 each or 3 for \$5! The seeds and potting soil are certified organic.

The hens are in full swing, so eggs are back on the available list, along with pet goat milk. The goat milk is limited, so please call ahead to get on the next quarter's list. Call Joy Kwapien at 732-1840 or [jrkwapien@earthlink.net](mailto:jrkwapien@earthlink.net).

We are having a **Biodynamic prep making and a pot luck event on Sat. April 9th at 3pm**. Children are welcome to visit the baby goats. Also bring a fishing pole and we will clean and filet the fish you catch to take home.

**Save the date - June 24-26!** There will be a **Biodynamic Workshop with Walter Moora**, a biodynamic farmer of 40 years and **Susan Davis**, author, visionary and leader in the KINS network system. The Workshop will conclude with our **9<sup>th</sup> Annual St. John's Festival** on Sunday, June 26<sup>th</sup> at 5 PM. Look for more details in the first issue of our new bi-monthly farm newsletter and the next issue of the *Sophia Sun*. Blessings,

*Jon Lyerly and Joy Kwapien*



# 2011 Infinity Farm CSA Subscription Form

Full Share.....\$750

Half Share.....\$500

Deadline for membership application is April 30, 2011  
\$100 minimum deposit required with application form

**Payment plan #1: Pay in full upon joining**

**Payment plan #2: Pay \$100 deposit upon joining with balance due by June 30**

**Payment plan #3: Pay \$100 deposit upon joining with balance split in 2 equal payments:  
first payment due by June 30 and final payment due by August 30**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_

**\* All CSA members are asked to attend at least one of our volunteer work days during the season.**

**\*\* Please make checks to:**

Infinity Farm  
1600 McDade Store Rd.  
Cedar Grove, NC 27231

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

# News From Whitted-Bowers Biodynamic Farm

Despite the snow that is falling as we write this, with all the life bursting forth this time of year, we are



reminded of a thought from Rilke "It is simply breathtaking just to be here." We are transitioning from harvesting crops in the hoop house to harvesting crops in the field. The asparagus are poking their heads out of the ground in their primordial way, and are breathtaking indeed. Fresh asparagus are one of life's great pleasures and we are delighted that they appear to be early and strong for us this year. They are also an evanescent crop, appearing out of nowhere and then departing. We will begin seeding 15 varieties of heirloom melons and 12 varieties of watermelon to join the tomatoes, cukes and peppers in the greenhouse. Melon seeding is a sure sign that sustained warmth is around the corner.

And lastly, the **strawberries**. - We are pretty much in full bloom right now. If we can get through tonight and tomorrow morning with the frost advisory making its way, we should have a wonderful crop. We anticipate the annual pick-your-own strawberries at our Farm to begin on May 1.

Rob is back at the Carrboro Farmer's Markets on Saturdays. He will be selling specialty lettuces, Asian greens and asparagus through April and hopefully strawberries later in the month. Cheri will back at the Eno River Farmers Market in Hillsborough on April 16. Whitted-Bowers Farm is also on the Carolina Farm Stewardship Tour on April 16th and 17th which is a fun time to tour the farm and express support for local farmers in the area. We are grateful for all your support! Please come and visit!

*Rob, Cheri and Téa*

WHITTED BOWERS FARM  
Certified Organic and Certified Biodynamic  
Heirloom Fruit and Specialty Vegetables  
8707 Art Road  
Cedar Grove, NC 27231  
919.732.5132  
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Right - The Strawberry fields at Whitted-Bowers Farm

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Save the date!  
June 3rd-4<sup>th</sup> - Workshop With Bruce Kirchoff  
On "Rudolf Steiner's Lectures As Art"  
At the Emerson Waldorf High School  
Brown Room  
Look for the details in our next issue.

Two Talks by Richard Dancey:  
**Reincarnation, Karma and Christianity**  
**and Strengthening the Spiritual Life of Children**  
 (summarized by Linda Finigan)

Rev. Richard Dancey inaugurated a month-long Christian Community southern states speaking tour in Chapel Hill on March 4 with two nights of public talks designed to reach beyond members and friends to the wider community. Friday night's theme, "Reincarnation, Karma and Christianity," began with three stories illustrating the workings of karma in human life: the first concerned Richard's brother, an academic at Virginia Tech who should have been in the building at the time of the shootings in 2007, had it not been for a misread email; the second concerned a prisoner Rev. Dancey knew from his work in a Pennsylvania penitentiary. The man is serving a life sentence for a murder committed in a half second's mistake when he was a teenager fleeing a robbery attempt. The third concerned a woman, wrestling with her younger self's decision to have an abortion, who met her unborn child in dreams.

All three biographical examples illustrate the role of reincarnation and karma in correcting, healing and balancing the events and deeds of a single life. To become Christ-filled human beings, Richard said, takes many lives.

If this is so, the question then arises why aren't the concepts of reincarnation and karma more readily apparent in the Bible? One answer is that they are (e.g. in the stories of the healings, John as Elijah, etc.). Another reason is the importance for human development in not having access to the consciousness of multiple lives and instead focusing on one. The laws of reincarnation and karma answer the question of Job: How can terrible events happen if there is a god of justice and love?

Richard pointed out that outside events, for example the atomic blast at Hiroshima, or the intervention of adversary forces, can sometimes cut in on human destiny and interrupt one's karma. However, Rudolf Steiner teaches that whatever happens in life, mistake or not, nothing is lost and everything is worked out over the course of many lives.

In Christianity, Christ is seen as the savior. What does he save? He saves the human story—karma. He saves fallen humanity by bringing in a new point of connection to human beings and the earth. The alternative was oblivion. Christ comes in total freedom and love to become human. He doesn't clean up our mess, but lets karma unfold. Christ bring the power to "forgive them," not to judge or condemn. Out of the greatest tragedies and darkness, He calls forth health, life, light, love.

Richard concluded with the example from George Ritchie's book, *Return from Tomorrow*, of a holocaust survivor who was known as "Wild Bill Cody". He faced unspeakable horror, but saw before him two choices, hate or love - and he chose love. To accept tragedy, to say yes to our destinies, to turn hatred into love: this is what Christ brings into karma.

#### Saturday Talk

Saturday night's theme, "Strengthening the Spiritual Life of Children," proposed that the task of parents is to give birth to the free human being, to become strong in freedom, spiritually strong and free.

In this technological age, we are immersed in electricity and we don't know what this means for human souls, how it impacts our feeling, thinking and willing, the ability of our "I" to be present, connected and engaged. Electricity is dying light. There are forces of death in electricity. Could there be causes here for the growing rate of ADD, autism and depression being seen now in children?

Richard touched on the furor surrounding Amy Chua's recent book, *Battle Hymn of the Tiger Mother*, bringing to public consciousness the questions: how do we raise children? Are we too permissive? Do we challenge them enough?

He cited the findings of brain research on the effect of electronic images on young children: prolonged exposure hardens and fixes some brain synapses in children under two.

Yet, we live in the modern world and can't create a fortress to protect children from the world as it is. What parents can do is to create balance, to create environments that nurture the spirit. The examples we set by working on ourselves—how we pray, mediate, study; the places where we can come to stillness and openness within ourselves creates access to the angels.

Establishing form and rhythm is a means of accomplishing the task: Be still and know, an atmosphere of turning to the spiritual world and asking the angels for help, for insight to find the right balance.

Telling and reading stories to children helps to counteract the negative effects of electronic images that come to them ready-made. The human voice and facial expressions of the storyteller feed the soul with life substance and develop in children the capacity to imagine. It is creating vs. consuming.

The power of sacrifice, to love the world in service, sets a powerful example for children of conscience and compassion. What we do doesn't have to be perfect. Children want us to be active. They don't demand perfection. What they need is our working honestly out of ourselves.

This is how we'll create a culture of free human beings in the future. The human potential to meet the challenges of the future, whatever they are, is great. The spiritual world unites with us, too. It is there to help us in the task of raising free human beings.



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## AN IMPORTANT MESSAGE FROM TORIN FINSER, GENERAL SECRETARY OF THE ANTHROPOSOPHICAL SOCIETY IN AMERICA

March 30, 2011

Dear Members and Friends,

The past two months have been very difficult for those preparing to gather at the Goetheanum for the AGM on April 16/17th. At the end of January, MariJo Rogers sent me a hard copy of the Carstens' "no confidence" motion which she had received from a member. Then, in February, a variety of confusing and contradictory emails began to circulate. We alerted the membership on the website regarding the two most controversial motions, but generally wanted to wait for the Goetheanum to publish complete versions of the motions so that we would not inadvertently add to the growing confusion. In early March, *Anthroposophy Worldwide* came out with an accurate translation of all eleven motions (which Virginia Sease personally reviewed), and we immediately placed them on *anthroposophy.org*

For many members, the second motion, the one calling for a no-confidence vote regarding the Executive Council, has been the most disturbing. It was thus very helpful to be able to carefully read the first motion, the one put forth by the Executive Council, in which they responded:

the task of a member of the Executive Council requires re-affirmation from the General Meeting after seven years. The responsibility of the Executive Council for the development of the Anthroposophical Society and the Goetheanum as well as the changed circumstances of today's world have prompted this decision. This became especially clear during the past year when we had to make difficult decisions. We see some of the following motions as a reaction to this situation.

The motion goes on to specify the process for re-affirmation by the membership, and who would be brought before the membership this year. We have not yet received detailed responses to the other motions, but will post them as soon as we do.

The approach we have taken is based upon a deep-seated American tradition of making sure that when accusations are made, those addressed have a chance to respond before there is a rush to judgment. It is so easy in this age of email to share bits of information and then give full airing of half-truths. Oppositional forces feed off this kind of public exposure, putting those in leadership roles into defensive positions even before they have had a chance to speak. The very methods used in public discourse today are often dehumanizing.

The General Council has taken time to review the motions, and MariJo and I have spoken frequently on this subject. We have also been in touch with other General Secretaries and have had phone conversations with individuals on the Executive Council. Some of the issues that are woven through the eleven motions are extremely complex, and I will need the week of meetings before the AGM to better understand them. But I also feel it is important to inform the membership that I intend to vote for the first motion as proposed by the Executive Council and against the second (no confidence) motion.

I have asked that significant time on the agenda of the General Secretary meetings be given to the concern felt by many members around the world regarding their voice in the annual AGM. Although it is particularly poignant this year, it is a real concern that only a few hundred members out of 46,000 can afford the time and expense to be present for the AGM weekend in Dornach. We are a worldwide society, yet at times momentous decisions are made by relatively few members. The English-speaking General Secretaries in particular are preparing ways to speak forcefully for those who cannot be physically present, and to review our way of making decisions as a society.

I have told the General Council that in many ways this AGM is shaping up to be one of the most challenging meetings I have ever attended. The issues raised are not simple, some appear to have historical context that I am only beginning to grasp, and the weaving of individual destiny and spiritual streams is particularly evident. Why are these matters being raised now? Can we go beyond the simple act of voting to "reading" what is being expressed? How are we all being asked to change?

It seems fitting that the theme selected for this year is "Anthroposophy—Rosicrucianism in Our Time." Quoting Rudolf Steiner in the aforementioned *Anthroposophy Worldwide* issue, Sergei Prokofieff reminds us that Christian Rosenkretz' worldwide esoteric call re-awakens his pupils at a moment of great biographical crisis to a new life and thus puts a seal on the relationship with him. This is the basis for becoming a direct, inner pupil of Christian Rosenkretz. This is how he chooses his community.

Please carry the evolving community of our Anthroposophical Society in your thoughts, especially on the 16th and 17th of April. I will write a report to the membership, to be posted on the web and sent as hard copy in **being human**, as soon as I return from Dornach on April 18th. For those members who wish to participate, our Ann Arbor office will organize several teleconferences in May as an opportunity for questions and discussion.

Sincerely,

Torin M Finser



## **RUDOLF STEINER'S DEATH DAY - MARCH 30, 1925: ITS PLANETARY ASPECTS THEN AND NOW**

*Reprinted with permission from the author, Mary Adams*

In this 150th anniversary year, it is important to also consider the anniversary of Rudolf Steiner's death, March 30, 1925. There are many aspects to consider when looking into the planetary positions relative to the stars as an individual crosses the threshold out of this life, but I wish to draw your attention to just one: Mars.

In Anthroposophical biography work the progression through life is described as an experience of moving through the planetary spheres, in that the assignments of the spheres to the age factor of the human being can best describe the evolving nature of human experience.

In this context, the individual moves through the Mars sphere during the seven-year periods from the ages 42 through 48, with the Jupiter cycle beginning at age 49.

In the 1912 lecture *Esoteric Christianity and the Mission of Christian Rozenkreutz*, Rudolf Steiner said the following regarding Mars:

“But the acquisition of the kind of powers, which lead from one triumph to another is due to the fact that Mars had a different influence in those times from what it exercised previously. Mars used to radiate different forces. The Mars culture that human beings experience between death and a new birth went through a great crisis in the earth's fifteenth and sixteenth centuries. It was as decisive and catastrophic a time on Mars in the fifteenth and sixteenth century as it was on the earth at the time of the Mystery of Golgotha. Just as at the time of the Mystery of Golgotha the actual ego of man was born, there was born on Mars that particular tendency which, in man, comes to expression in Copernicanism. When these conditions came into force on Mars, the natural consequence would have been for Mars to continue sending down to earth human beings who only brought Copernican ideas with them, which are really only Maya. What we are seeing, then, is the decline of the Mars culture. Previously, Mars had sent forth good forces. But now Mars sent forth more and more forces that would have led men deeper and deeper into Maya. The achievements that were inspired by Mars at that time were ingenious and clever, but they were Maya all the same.

So you see that in the fifteenth century you could have said Mars' salvation, and the earth's too, depended on the declining culture of Mars receiving a fresh impulse to raise it up again.”

**<http://wn.rsarchive.org/Lectures/GA130/English/RSP1984/19121218p02.html> (full text)**

Rudolf Steiner goes on to describe this 'fresh impulse' as a deed of Gautama Buddha, which I leave to your further study, but it is this idea of sending fresh impulses into the surrounding cosmos as a service to humanity on Earth that we need to pay attention to.

And so Mars, which was positioned at 5 degrees of Gemini (tropical) when Rudolf Steiner crossed the threshold March 30, 1925. We could call this position its 'culminating point,' the place where the human striving relative to Mars revealed itself. This then leads one to consider: What happened in Rudolf Steiner's life that might indicate the significance of 5 degrees Gemini?

On January 25, 1910, when Rudolf Steiner was approaching his 49th year (so completing the cycle through the Mars sphere) he delivered his lectures on the “True Nature of the Second Coming”.

**[http://wn.rsarchive.org/Lectures/GA118/English/APC1961/TruNat\\_index.html](http://wn.rsarchive.org/Lectures/GA118/English/APC1961/TruNat_index.html)**

On that day, the North Node of the Moon occupied the position 5 degrees Gemini (tropical). In the case of the spiritual initiate, we can understand the Node to be the opening unto the cosmos through which he makes an inscription regarding what, as a human being, he has been able to realize on Earth, witnessed by his fellow human beings. At his death 15 years later, Mars culminated in this same spot, which suggests that the 'inscription' into the cosmos of this reality regarding the Reappearance of the Christ Being was a deed of significance also and especially with regard to Mars, to this place from whence arises the modern separation of science and spirit.

Further, we are living in an exceptional time during which the planet Venus is making its once every 120 years transit of the Sun, a time during which the mission of Christian Rosenkreutz is emphasized. CR is intimately related to the understanding about the Mars crisis and the role of Gautama Buddha. Venus moved across the Sun June 8, 2004 and will do so again June 5, 2012. Then, it will be another 120 years before it happens again. Opportunity is at hand.

From Easter 2012, which is Sunday, April 8, until the concluding Venus transit of this current cycle, June 5, 2012, the South Node of the Moon will occupy 5 degrees Gemini (tropical), the same position as Mars at Rudolf Steiner's death, and the same position as the North Node when RS delivered the lecture on the True Nature of the Second Coming. The South Node occupying the position of the North Node is referred to as the 'Nodal Inversion' and is the cosmic configuration that stands behind the 9-year-old change spoken about in Waldorf education. It can be described as a time when the soul looks back into the spiritual world from whence it came as though for a last time in order to gather enough substance to see it through the life it must make in this physical material world.

Relative to this current consideration, it is as though we are given a striking opportunity to be more cognizant, to act out of our knowing relative to this knowledge, and to build the 'Community of the Second Coming' and know that there are forces which would strengthen us in our striving.

Mars will join Jupiter, Mercury, Venus and Moon in the morning sky May 1, 2011 ~ watch for it in the East, and plan your observance, your ceremony and your striving.

Kind regard,  
Mary Adams

**Editor's Note: Mary sent me the following post script with the her permission to print this:**

This Sunday April 3 is the first New Moon of Spring that will come to Full phase April 18, during the Holy Week. As you know, the AGM will fall within these two weeks, on April 16, so we can consider this Sunday's Moon an opportunity or starting point with regard to events that will unfold at that meeting. I have a small study group here in Northern Michigan and we will do the Foundation Stone Meditation and contemplate the role of betrayal in the Apostles as well as the nature of individuality that shows up to complete community, as in Matthias and Paul.

### **CHRISTIAN COMMUNITY WELCOMES BACK PATRICK KENNEDY FOR A TALK: "RUDOLF STEINER: THE CHRISTIAN INITIATE"**

After nearly a year's hiatus, Rev. Patrick Kennedy paid a visit to our community along with his wife Kate and their seven and half month old daughter, Maeve Ellen. It was a great treat to see them all.

Patrick gave a very moving portrait of Rudolf Steiner and how he personifies the Christian Initiate in a talk he gave on Saturday, March 19. Patrick said that one could say that Steiner's Mission was "the rescue and renewal of Christianity". He described how when Steiner was born in 1861, it was the pinnacle of the scientific age, the age of evolution and the "science of science": how do we know anything? On the one hand, the Church was telling people that it was impossible to see into the spiritual worlds and therefore you needed to accept everything the Church said on faith alone, while on the other, scientists and philosophers felt that there was a limit to knowledge; one could not really "know" the world; one could only theorize about it. Steiner questioned the boundaries of knowledge. He wanted "real" experiences and found school "boring". After his family moved to Neudorf, he began attending a Catholic Church and found that he was more impressed with the liturgy and music than with the sermons and catechism lessons.

As a child and for most of his life, Steiner felt like a stranger, because he was more at home in the spiritual world than in the physical one. He was thrilled to learn Geometry because it followed the rules of the mental world. He longed for a harmony between Science and Religion even as a child, yet he couldn't pursue this until 35 years later. As a teenager, he would sneak a copy of Kant's *Critique of Pure Reason* into his classroom and read it during a boring history class. He believed that through thinking one could know the world. No one seemed to agree with him. He wrote about his ideas in *Theory of Knowledge*, which was based on Goethe's worldview. He believed that the world meets us through what we perceive and that the content that appears in thought. He believed that the union of percept and concept in the soul is the true communion of the human being. He wrote about this in his doctorate *Truth and Science*.

In Steiner's next book, *The Philosophy of Freedom (or Spiritual Activity)* as it is also known he added a new idea: The first half concerns the questions: What can I truly know? The second half asserts "When I perceive, I am unfree. If I know, then I am free, But in my thinking I can generate thoughts - there I am free. Then morality becomes a possibility. If there is no truth, then there is no morality. If there is no morality, then there are only norms, which is what most people believe. The second half of the book is then about the right thing to do - being a moral human being or ethical individual.

Following a crisis in his life from around age 35 during which he wondered if he should just be “speechless” because his ideas were not accepted or understood, he turned to Christianity. In 1901 he published *Mysticism at the Dawn of the Modern Age* and then in 1902, *Christianity as Mystical Fact*. He knew that the thinking of the 19<sup>th</sup> century would bring mankind to ruin. Something had to happen. He then had an inner experience of the Mystery of Golgotha, a “Pauline” experience of the Christ, after which he wrote *From Jesus to Christ*. Steiner experienced Christ not through tradition, but through actual experience, inner experience. He experienced Truth as a force in his being. Then he led a life of love. He did everything to rescue Christianity from the atheistic thinking of his times.

Kennedy cited the Bart Ehrmann phenomenon of our current time. (Ehrmann is the head of the Theology Dept. at UNC-Chapel Hill and is militant atheist and cynic about the Gospels.) He also mentioned the new cult classic “Zeitgeist”, a video that is the most watched conspiracy of our time. It claims that Christianity is the greatest hoax of all time. It compares the life of Jesus to the current economic and political hoaxes.)

In 1922 Steiner helped to found the Christian Community. The rituals he helped create are an image of our relationship to the higher spiritual worlds. Someone who had experienced the Death and Resurrection of Christ had to do this – a true Christian Initiate, Rudolf Steiner.

## **Redeeming the Realm of Rights: From Inner Capacities to Outer Forms**

### **A Public Conference**

**Sponsored by the Social Sciences Section of North America**

**June 30-July 3, 2011**

**Harlemville, NY**

Along with financial and environmental crises, we are facing a crisis in democracy and human relations. Most notably, financial and corporate interests take priority over the rights of the people, resulting in human and environmental exploitation and international strife. This is not simply the result of defective outer arrangements, but it is equally a failure of human beings to develop the capacities needed for a true democracy and a healthy social life. Our institutions and social forms are a reflection of thoughts and feelings that people carry within them. Therefore, meaningful change requires not only transformation of the outer structures and arrangements but also an inner transformation of the people who are active within them, including developing enhanced listening and speaking and a greater interest in others.

The social threefolding ideas of Rudolf Steiner will provide a framework for this conference to explore our political heritage, some of the most pressing political issues of our times, and the outer forms and inner capacities that we will need in the future to redeem the realm of rights. Along with presentations we will employ artistic exercises and focused and free form conversations to gain insights and develop new capacities.

Some of the confirmed topics we will consider are the social pathology of income inequities, rights in an intentional community, money as a right, school choice as a civil right, the right of access to land, transcending political parties, and rights as an earthly task.

The confirmed list of presenters, conversation Leaders, and artists at the time of writing of this article include Peter Buckbee, Michelle Bourassa, Steve Burman, Jennifer Daler, Alice Groh, Trauger Groh, Sarah Hearn, Michael Howard, Seth Jordan, Gary Lamb, John MacManus, John Miller, Luigi Morelli, Patrice Maynard, Ulrich Roesch, Penelope Roberts, John Root, Jr., Channa Seidenberg, Christopher Schaefer, Denis Schneider, and Douglas Sloan.

Organizations that are collaborating to host this conference include the Berkshire Taconic Branch of the Anthroposophical Society, Center for Social Research at Hawthorne Valley, Think OutWord, and Banjo Mountain Café.

In order to make this conference affordable to as many people as possible the conference fee will be on a sliding scale basis from \$100 to \$300.

Complete conference information will be available in early April at [www.rightsconference.org](http://www.rightsconference.org) or by contacting Gary Lamb at [garylamb@taconic.net](mailto:garylamb@taconic.net) or 518-672-7500, ext. 223.

## News From Free Columbia Art School: Summer Conference: “Image Arts from the Perspective of Spiritual Reality” August 5th, 6th and 7th 2011 Columbia County, NY

During August 5, 6 and 7 of 2011 another gathering will take place in Columbia County, NY. It has grown out of last summer's gathering. Our question has become more specific, “Image Arts from the Perspective of Spiritual Reality”. The relationships between painting, photography and Cinema, and the greater effect technological reproduction (particularly of artwork) has had on the world and culture, have been central themes for artists over the last decades. Striving to achieve clarity in these relationships out of a spiritual understanding of reality, this task is left to those working with spiritual science. A group of artists is also preparing an exhibit to take place parallel to the conference. The theme of the exhibit is -The Metamorphosis of Fear-. As you will see below, this work can be seen as a preparatory step.

As we continue to look forward, a larger gathering in the near future is coming into sight, which will take all this work and tie it together. Rudolf Steiner indicated, in conversations with an artist named Jan Stuten, that a new kind of marionette theater needed to be developed to act against the harmful effects cinema had on the human being. A century has now passed since they worked together on initial plans and sketches for this, but the project never reached maturity. This was to be a new art, for the small stage, of moving light. Rudolf Steiner saw the highest form cinema being able to achieve as animation. His idea for a renewal of puppetry would be related to what we know as animation, only guided and performed by human beings. Rudolf Steiner suggested that the first piece he and Stuten could create for this stage, might be called “The Metamorphosis of Fear”. This summer we are creating an initial exhibit on the theme of the Metamorphosis of Fear and exploring the arts of painting, photography and cinema in a conference. Hopefully during the summer of 2012 or 2013 we can bring all this work together to see if we can take another step.

If you would like to join us this summer, or would like to learn more you can contact either:

**Nathaniel Williams nafanyel79@gmail.com 518 672 4090**  
**Laura Summer laurasummer@taconic.net 518 672 7302**

### **More Free Columbia Summer Courses at Hawthorne Valley, Ghent NY:**

“Form, Color, Tone and Sound in Connection to Goethe's Theories of Color and Tone”  
with Manfred Bleffert July 4-8

Soul Calendar - weekend retreat July 9-10 - a gathering of people interested in working artistically with Rudolf Steiner's *Calendar of the Soul*

Earth, Water, Air, Fire Painting and Drawing with Laura Summer July 11-15 and July 18-22 - these 2 weeks may be taken together or separately.

Toward a Deeper Experience of the Human Being: Portrait Painting, Speech and Drama  
with Ella Lapointe and Benjamin Meier July 11-15

Orientation Toward an Inner Voice: Vocal Experimentation with Composed and Improvised Music with Marisa Michelson and Faye Shapiro July 18-22

All courses are given on a suggested donation basis

2 day retreat - suggested donation \$55-90; 5 day courses suggested donation \$250 – 400  
contact: Laura Summer 518 672 7302 laurasummer@taconic.net  
more info and course descriptions at [www.freecolumbia.org](http://www.freecolumbia.org)

## The Free Columbia Art Course: a quest into the heart of artistic action

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[freecolumbiaart@gmail.com](mailto:freecolumbiaart@gmail.com)

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### A letter from Dr Masaru Emoto, author of *Messages in Water* , given on March 31, 2011 with regard to the earthquake, tsunami and radioactive fallout resulting from them:

To All People Around the World,

Please send your prayers of love and gratitude to water at the nuclear plants in Fukushima, Japan! By the massive earthquakes of Magnitude 9 and surreal massive tsunamis, more than 10,000 people are still missing...even now... It has been 16 days already since the disaster happened. What makes it worse is that water at the reactors of Fukushima Nuclear Plants started to leak, and it's contaminating the ocean, air and water molecule of surrounding areas.

Human wisdom has not been able to do much to solve the problem, but we are only trying to cool down the anger of radioactive materials in the reactors by discharging water to them. Is there really nothing else to do? I think there is.

During over twenty year research of dodo measuring and water crystal photographic technology, I have been witnessing that water can turn positive when it receives pure vibration of human prayer no matter how far away it is. Energy formula of Albert Einstein,  $E=MC^2$  really means that

Energy = number of people and the square of people's consciousness.

Now is the time to understand the true meaning. Let us all join the prayer ceremony as fellow citizens of the planet earth. I would like to ask all people, not just in Japan, but all around the world to please help us to find a way out the crisis of this planet!!

#### **The prayer procedure is as follows.**

Day and Time: March 31st, 2011 (Thursday) ,12:00 noon in each time zone

Please say the following phrase:

"The water of Fukushima Nuclear Plant, we are sorry to make you suffer. Please forgive us. We thank you, and we love you."

Please say it aloud or in your mind. Repeat it three times as you put your hands together in a prayer position.

Please offer your sincere prayer. Thank you very much from my Heart. With love and gratitude,  
Masaru Emoto, Messenger of Water

Visit the following blog to hear his message:

<http://www.sugarshockblog.com/2011/03/global-water-prayer-at-noon-your-time-today-masaru-emoto-issues-invitation.html>

(Editor's Note; Although the date is past, it would be good to continue praying in the manner he describes.)



THE SCHOOL OF SPIRITUAL PSYCHOLOGY  
PRESENTS  
**HEALING FEAR THROUGH PRESENCE OF HEART**  
WITH ROBERT SARDELLO, PH.D.  
AND  
CHERYL SANDERS-SARDELLO, PH.D.  
FRIDAY, APRIL 29: 6:30 P.M. – 9:30 P.M.  
SATURDAY, APRIL 30: 9:00 A.M. – 4:00 P.M.

What can we do about so much fear in the world? Like a shapeshifter, it takes many forms: terrorism, corporate downsizing, unemployment, incurable diseases, cruelty in relationships, ecological disasters, abuse, money concerns, violence, crime, natural catastrophes, unknown sources. It makes havoc with our spiritual life, drains the fluidity of imagination and a sense of the presence of soul, permeates our body with continual anxiety, narrows cognitive capacities, and can turn us into a mere shadow of what it means to be a human being, without our realizing this loss of soul has occurred.

In this workshop we seek to re-imagine fear, showing its meaning in the world at this time. Finding the way through fear to the resilience of our soul and spiritual being requires discovering how stay in the present rather than the past or to be prematurely in the future. Practices for developing receptivity to the holiness of time-presence are suggested. A healthy response to fears, we will show, involves neither fighting against what seems to cause them nor imagining a life without fears. Rather, freeing the soul from fear requires the development of specific soul and spirit capacities, ones specifically suited to these times. The nature of these capacities and how to go about developing them are presented.

**Locations:**

**Friday evening:** Wesley Hall of First  
United Methodist Church  
800 W. 5th Street, Fort Worth, TX 76102  
**Saturday:** The Center for Creative  
Transformation at First United Methodist  
Church of Fort Worth, 750 W. 5th Street,  
Fort Worth TX 76102

**DIRECTIONS:** see: [www.centerforcreativetransformation.com/](http://www.centerforcreativetransformation.com/)

**Schedule and Registration**

Friday, April 29 6:30 PM – 9:30 PM  
Saturday, April 30 9:00 AM – 4:00 PM  
Cost: Friday and Saturday - \$125  
(Includes lunch on Saturday)  
Pre-registration required  
Friday Evening Only - \$25.00  
Walk-ins welcome but it would help us to  
know you are coming by April 20th

**For information about registration, contact:**

**Mary Jane Hooper**  
**Maryjanehooper@aol.com**  
**2501 Parkview Drive, Suite 305**  
**Fort Worth, TX 76102**

Send questions to: Cheryl Sanders-Sardello, Ph.D. – [soulschool@embarqmail.com](mailto:soulschool@embarqmail.com)  
The School of Spiritual Psychology [www.spiritualschool.org](http://www.spiritualschool.org)

## Summer Camps for Children

### At the Center for Education, Imagination and the Natural World

Is there a child in your life who might benefit from a peaceful week within the beauty of a 165-acre earth sanctuary this summer? The Center for Education, Imagination and the Natural World invites you to apply to one of our three nature camps. We accept only 12 children for each week of camp so that a small group can experience the deep peace of the natural world. If you have questions, please contact our Director of Children's Programs, **Sandy Bisdee, at [sandybisdee@hotmail.com](mailto:sandybisdee@hotmail.com)** and she will be happy to talk with you about the program. Registration forms can be downloaded under Programs for Children/Nature Camps at our website: **[www.beholdnature.org](http://www.beholdnature.org)**. We fill the camp on a first come, first served basis and now is a very good time to register!

#### **Make New Friends: A Nature Camp for 5-7 year olds**

June 13-17, 2011

9:30 am – 3:00 pm

Cost: \$250 a child (limited to 12 children)

Staff: Sandy Bisdee and Scott Crews

In this magical week together, we will make new friends deep in the forest, bubbling in the brook, blossoming in the garden and living in the open meadows. Our days begin with music, natural play and sharing time, and continue with nature walks, where we experience “magical moments” on woodland trails. In the afternoons, we gather in the story circle, play in homemade woodland homes, and go creek walking off the Creeping Cedar Trail. Healthy snacks are prepared daily. Please plan to bring your own lunch.

#### **Exploring Secret Places: A Nature Camp for 8-10 year olds**

June 20-24, 2011

9:30 am – 3:00 pm

Cost: \$250 a child (limited to 12 children)

Staff: Sandy Bisdee

In this week of adventure and imagination, we will explore woodland trails, but also venture off the beaten path into the wilder areas of the natural world. Join us as we share in the wonder of these experiences together! Each day we make new connections to secret places in the natural world, and new friendships with each other. The week includes poems, stories, songs, rhythm games, music making, and exuberant sharing in the feeling of community with the natural world. Healthy snacks are prepared daily. Please plan to bring your own lunch.

#### **Earth, Air, Fire, Water: A Nature Camp for 10-13 year-olds**

July 4-8, 2011

9:30 am – 3:00 pm

Cost: \$250 a child (limited to 12 children)

Staff: Sandy Bisdee

Join us in exploring the elements of earth, air, fire and water with new eyes. Each day begins with stories and songs from many cultures followed by expeditions into the mysteries of the magical garden, woods, creeks and rocks of our earth sanctuary. Together we will discover an inner relationship to the elements. In the afternoons we give imaginative expression to our individual experiences of the morning through poetry, art and journaling. Healthy snacks are prepared daily. Please bring your own lunch.

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### **A Workshop in Chattanooga, Tennessee: “Anthroposophy: What? How? Why? Who?” with Michael Ronall**

**Recitation from The St. John Gospel by Robert Brock**

**June 24-26, 2011**

**Cost: \$40. includes Lunch**

**Sponsored by the Traveling Speakers Program of the Anthroposophical Society in America  
For information, please contact Katherine Jenkins (706) 540-5871 or write her at**

**[katjenks@negia.net](mailto:katjenks@negia.net)**

## Directory of Anthroposophical Initiatives in North Carolina

### Branches

#### The Rudolf Steiner Branch (NC) of the Anthroposophical Society in America Serving Chapel Hill, Durham, Hillsborough, Pittsboro, Cedar Grove, Mebane and Raleigh

P.O. 16024

Chapel Hill, NC 27516

[www.anthroposophync.org](http://www.anthroposophync.org)

#### RSBNC Board:

President; Peg Carmody 919-537-8142; [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

Vice President: Nancy Willson 919-493-1091; [nancywillson@myfrontiermail.com](mailto:nancywillson@myfrontiermail.com)

Secretary: Kathleen Wright 919-309-9622; [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com)

Treasurer: Peg Carmody

Newsletter: *The Sophia Sun* (monthly 9 times per year)

Email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

### Groups

**Asheville:** Todd Crowe 828-216-3226; [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

Website: [www.azaleamountain.org](http://www.azaleamountain.org)

**Greensboro:** Sandy LaGrega – 336-292-7947; [sunsan52@aol.com](mailto:sunsan52@aol.com)

**Wilmington:** Anna Bowman - 910-338-0833

Alicia Marroquin - 910-874-7200; [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**Winston-Salem-Yadkin Valley** - Sarah Putnam- 336-972-8243; [sputnam01@att.net](mailto:sputnam01@att.net)

Beth Bean - 336-942-8068

### Education

#### Emerson Waldorf School (N-K-12)

[www.emersonwaldorf.org](http://www.emersonwaldorf.org)

6211 New Jericho Rd.

Chapel Hill, NC 27516

Administrator: Joanna Andruscavage

Main Office: 919-967-1858

High School Office: 919-932-1195

Early Childhood office: 919-967-3362

#### Foundation Year Studies at the Emerson Waldorf School

(sponsored by the Center for Anthroposophy in NH)

Contact: Claire Viadro 919-967-8215; [Viadro@mindspring.com](mailto:Viadro@mindspring.com)

#### Home Nursery School Association (serving Durham, Chapel Hill and Hillsborough)

(There are currently 6 home nursery programs that utilize Waldorf principles)

Contact: Marie Nordgren 919-544-8748; [amnordgren@aol.com](mailto:amnordgren@aol.com)

#### School of Spiritual Psychology

Benson, NC

[www.spiritualschool.org](http://www.spiritualschool.org)

Robert Sardello and Cheryl Sanders-Sardello, Directors

#### Azalea Mountain Morning Garden (serving Asheville)

Contact: Kate Reese or Maria Allen 828-505-1350; [www.azaleamountain.org](http://www.azaleamountain.org);

**Azalea Mountain School K-4, a Waldorf-inspired school plans to open in the Fall of 2011.**

(see website for more info at [www.azaleamountain.org](http://www.azaleamountain.org))

## Medical

### **Mark Eisen, M.D., anthroposophical family medical practice**

900 MLK Blvd., Chapel Hill, NC 27514, 919-967-9452; mjepartic@aol.com  
**Jubilee** – offering Anthroposophical books, Weleda remedies and toiletries, Dr. Hauschka cosmetics, True Botanica remedies, at the medical practice of Dr. Eisen

**Margaretta Bornhorst, R.N.** anthroposophical nurse; Rhythmical massage practitioner, 919-824-7337; healingrhythms@gmail.com

**Divine Rose** - Cory Roth, NC licensed/certified Dr. Hauschka esthetician; offers Dr. Hauschka facial treatments and make-up sessions; contact: 919-933-4748; Divinerose55@gmail.com

## Biodynamic Farms

**Whitted-Bowers Farm** - Demeter certified – specializing in fruits and vegetables; 8707 Art. Rd., Cedar Grove, NC 27231; 919-732-5132; Rob and Cheri Bowers, owners

**Infinity Farm** – uses biodynamic methods; organic goat milk, grass fed meats; organic eggs; vegetables. Jon Lyerly, director 919-357-7453; jlyerly2@gmail.com; 1600 McDade Store Rd., Cedar Grove, NC

## The Arts

**Eurythmy** - Eve Olive - 919-489-2564; eveolive@frontier.com  
 Ann Calloway – 919-403-8678 callaway.lonaann@gmail.com

**Werbeck Singing** - Joanna Carey – 919-403-7060

**Lyre Music**- Joanna Carey – 919-403-7060  
 Suzanne Mays – 919-929-1073

### **School of Choreocosmos, Sophia Grail Circles**

Kelly Calegar - [www.eastcoastschoolofchoreocosmos.com](http://www.eastcoastschoolofchoreocosmos.com)  
 Marlene Joyce – mjoyce126@bellsouth.net

## Christian Community

A Christian Community priest visits our Congregation bi-monthly. Currently, Rev. Carol Kelly and Rev. Patrick Kennedy are the priests we share with the Washington D.C. parish.

**Contact:** Linda Folsom, Steering Committee member, 493-8323. lfolsom@nc.rr.com  
 Website: [www.christiancommunitync.org](http://www.christiancommunitync.org)

## Anthroposophical Lending Library

The Phoenix Library, Chapel Hill, NC 27517  
 Contact: Judy Frey 919-928-8749; damaris12@nc.rr.com

## Study Groups:

**Child's Needs Study Group – One Saturday a month 10 am-12 pm.;** reading *The First Seven Years* by Edmond Schoorel; Please call Lauren Mills Nyland for further information – 968-7721, or [mills.lauren@gmail.com](mailto:mills.lauren@gmail.com)

**Christian Community Study Group: “Feed the Body, Feed the Soul” - Sundays 11a - 1p** at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd., Chapel Hill. The group will spend the first hour reading and discussing and the second hour sharing a Pot Luck meal. Book: *The Trinity* by Hans Werner-Schroeder. One does not have to be a member of the Christian Community to join this group. All are welcome. Check the website for further details [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) or call Mary Beth at 929-9791.

**The Goethean Conversation Study Group – Sundays 3-5 PM.** Marjorie Spock, in her book *Group Moral Artistry*, suggested substituting Goethean conversation for reading or lecturing, which many felt to be an outmoded form of Anthroposophical group life. We are currently applying these principles to the book *Learning to Experience the Etheric World: Empathy, the After-Image and a New Social Ethic* by Baruch Urieli and Hans Mueller-Wiedemann It meets at the home of Martha and Dirk Kelder in Chapel Hill. For more information please call 919-942-2112.

**Greensboro Study Group - Sunday nights, 7 pm.** Currently reading *The Fifth Gospel* by Rudolf Steiner. Contact Sandy LaGrega at (336) 292-7947 or Judy Boyd (336) 454-2451.

**Ita Wegman Study Group – Wednesdays 11:30-1:00** at the home of Kathleen Wright. Currently reading: *Rudolf Steiner's Mission and Ita Wegman* by Margareta and Erich Kirchner-Bockholt. We shall read works by Dr. Wegman and about her. Call Kathleen Wright if interested at 309-9622 or 672-0149 or email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

**Reading to the Dead Group – 3rd Thursday of the month, 7p.** We are reading *Links Between the Living and the Dead* by Rudolf Steiner. We meet at the home of Robert and Suzanne Mays. We hope that you can find your way to these readings as a way to strengthen and deepen our relationships with the Dead. The upcoming dates are: **February 17, March 17, April 21** (this will be a special Maundy Thursday gathering as well), **May 19** and **June 16**. Any questions can be directed to Joanna Carey: 919-403-7060. Please RSVP to either Suzanne or Joanna that you will be attending.

**Renewing the Culture of Death –** Please contact Jenny Bingham if you are interested in this group. The first half of the monthly meetings will be discussion, and the second half of the meeting will be around practical issues of creating a group who will be available to assist those in the community who want to care for their loved ones at home after death. **End of Life Documents Workshops** March 22, 29 and April 5. Jenny Bingham: 208 Murray St., Hillsborough, NC 27278. Phone: 919-241-4304; Email: [jennybingham@yahoo.com](mailto:jennybingham@yahoo.com)

**Rose Cross Study Group – Wednesdays, 7:30 pm,** at the home of Judy Frey, Currently reading *Karma of Untruthfulness Vol. I*. Newcomers are welcome! Please give call Judy at 928-8749 before attending the first time.

**The Socially Resilient Child Study Group – Thursdays 8:45-9:45 a.m.** in the second classroom in the Nursery School Building at EWS; to discuss “How can we support our children in social situations?” Contact Lauren Nyland at 968-7721 or [mills.Lauren@gmail.com](mailto:mills.Lauren@gmail.com)



**Wilmington: “Roscroix Maritime Abbey”**, Tuesdays 7:00 pm at the home of Alicia Marroquin 118 S. 6th St. #B, Wilmington, NC. Book: *Cosmic New Year* by Rudolf Steiner. For more information call Alicia at 910-874-7200 or email: [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**The Winston-Salem Anthroposophical Study Group - Sundays 5-7 pm** at alternating members' homes. This year we will be working on Rudolf Steiner's lectures on *The Gospel of St. John*. Our group focuses on awakening and strengthening the Christ and Sophia impulse in the world and deepening its presence in both a personal and universal way. All are welcome. Please contact Beth Bean (336) 924-8068 for further information.

**Winston-Salem-Yadkin Valley Study Group -Sundays from 6-8 pm**; This Study Group meets September through May, at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group has just begun the book *Meditations on the Tarot*. Call 336-972-8243 for more information.

### **Asheville Study Groups: (see [www.azaleamountain.org](http://www.azaleamountain.org) for more info)**

**Steiner Study Group** – 1<sup>st</sup> and 3<sup>rd</sup> Thursdays, 7-9pm. Currently reading *The Mission of the Archangel Michael*. Contact Todd Crowe at 828-216-3226 or email: [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

**Soul-Weaving Study Group** for parents - 1<sup>st</sup> Sunday of the month, 2-4pm; contact Elizabeth Gilbert at 828-296-8323

**Biodynamic reading group** - 2nd Thursday, reading group and 4th Saturday 10-12am hands-on in the garden.

**Handwork Group** – 4<sup>th</sup> Sunday of the month 2 pm; contact Emily Ankeney for location 828-505-1566

### **South Carolina**

**Charleston/Yonges Island Study group – Tuesdays at 11:30 am** at the home of Dr. Traute LaFrenz Page; currently reading *Occult Science*; contact Peggy Pearl at [peggy.pearl@yahoo.com](mailto:peggy.pearl@yahoo.com) or 843-554-7166 or Gabrielle Heatherdale at [Heatherdale@gmail.com](mailto:Heatherdale@gmail.com) or 843-688-4816 for more information.

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### **Study Group Leaders:**

Please keep information about your group current. Send any new information about your Study Group by the 20<sup>th</sup> of the month preceding publication to: Kathleen Wright at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) or call her at 919-672-0149.

Don't see any groups that interest you? Why not start your own? Just write the editor for information about starting a new group: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)



## The Rudolf Steiner Branch (NC)

Of the Anthroposophical Society in America

P.O. Box 16024

Chapel Hill, NC 27516

[www.anthroposophyNC.org](http://www.anthroposophyNC.org)

## The Sophia Sun

Editor.....Kathleen Wright

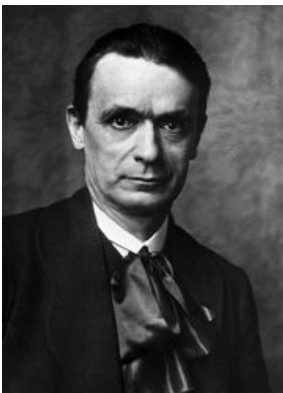
Calendar.....Linda Folsom

**The Sophia Sun** is the newsletter of the Rudolf Steiner Branch (NC) of the Anthroposophical Society in America, a 501(c)3 non-profit organization. It is published 9 times a year (no issues in Jan., July and Aug.). Members are encouraged to view the newsletter electronically by visiting our website [www.anthroposophyNC.org](http://www.anthroposophyNC.org). If you wish to receive the newsletter by email, please write to the editor at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) **Note:** On line, the newsletter is in color; mailed copies are in black and white. To receive the newsletter by Postal service please contact the editor. **Cost is \$20. a year for members and \$40 for nonmembers.**

### Submitting articles, letters, announcements and ads:

Please send UNFORMATTED text as a Microsoft Word document to [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com). Articles should not exceed 3 pages in length, and preferably should be 1-2 pages long.

**Ads for goods and services:** Dues-paying members of the Rudolf Steiner Branch are entitled to one free ad per year (quarter of a page). Please contact the editor for rates if you are not a member and wish to place an ad. If you have any questions, please contact: **Kathleen Wright, at 919-309-9622 or 919-672-0149 or email her at [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)**



**Anthroposophy**, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). **Rudolf Steiner** was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditator, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement,

anthroposophical medicine, biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at [www.anthroposophy.org](http://www.anthroposophy.org) or our local website at [www.anthroposophyNC.org](http://www.anthroposophyNC.org)