



# *The Sophia Sun*

*Newsletter for the  
Rudolf Steiner Branch (NC)  
Of the Anthroposophical Society in America*

**February 2011**

**Volume IV, Number 1**

## **The Virtue For February (AQUARIUS)**

Silence Becomes Meditative Power

### **Calendar of the Soul**

47<sup>th</sup> week – the week of Steiner's birth

There will arise out of the world's great  
womb,  
Quickening the senses' life, the joy of  
growth.  
Now may it find my strength of thought  
Well-armed by powers divine  
Which strongly live within my being.

*Rudolf Steiner*



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Logo: "The Woman Clothed With the Sun" by Baron Arild Rosenkrantz (1870-1964)

## Calendar for February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> CC Steering Committee Meeting-2p Rosecroix Maritime SG 7p	<b>2</b> Eurythmy Classes 8:30a Ita Wegman SG-11:30a Rose Cross SG-7:30p	<b>3</b> EWS SG 8:45a Asheville Steiner SG-7p	<b>4</b> Choral Gatherings-7:30p	<b>5</b>
<b>6</b> CC Lay Gathering-11a The Goethean Conversation SG-3p Asheville Soul-Weaving SG-2p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>7</b>	<b>8</b> Rosecroix Maritime SG 7p	<b>9</b> Eurythmy Classes 8:30a Ita Wegman SG-11:30a Rose Cross SG-7:30p	<b>10</b> EWS SG-8:45a Asheville Biodynamic SG-10a "Race to Nowhere" 7p	<b>11</b>	<b>12</b>
<b>13</b> Meeting of the First Class-10a, (Review-11a) CC Lay Gathering-11a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>14</b> RSBNC Board Meeting 7:30p	<b>15</b> NDE SG-7p Rosecroix Maritime SG 7p	<b>16</b> Eurythmy Classes 8:30a Ita Wegman SG-11:30a Rose Cross SG-7:30p	<b>17</b> EWS SG 8:45a Asheville Steiner SG-7p Reading to the Dead Group-7p	<b>18</b>	<b>19</b>
<b>20</b> CC Lay Gathering-11a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>21</b>	<b>22</b> Rosecroix Maritime SG 7p	<b>23</b> Eurythmy Classes 8:30a Ita Wegman SG-11:30a Rose Cross SG-7:30p	<b>24</b> EWS SG 8:45a	<b>25</b> Rudolf Steiner's 150 <sup>th</sup> Birthday	<b>26</b> Asheville Biodynamic SG Hands-On-10a Rudolf Steiner Branch Monthly Meeting and Potluck-3p
<b>27</b> CC Lay Gathering-11a Asheville Handwork Group-2p The Goethean Conversation SG-3p WS SG-5p W/S-YValley SG-6p Greensboro SG-7p Steiner's Baptismal Day	<b>28</b>					

## Calendar Details: February 2011

### Rudolf Steiner Branch of the Anthroposophical Society

Date tba, 7:30p – **Rudolf Steiner Branch Festivals Committee** meets at the home of Peg Carmody. Please join us if you are interested in continuing to bring the Festivals to our community. For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

Feb 13 10a – **The School for Spiritual Science, Meeting of First Class**. Review session follows the main lesson and begins at approximately 11am. For more information please contact Suzanne Mays at 919-929-1073 or [mays@ieee.org](mailto:mays@ieee.org).

Feb 14 - **Rudolf Steiner Branch Board Meeting** – Meeting at the home of Board President Peg Carmody. For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com). To contact the RSBNC by mail: PO B0X 16024, Chapel Hill, NC 27516.

Feb 26, 3p -**Rudolf Steiner Branch Members Meeting** and Potluck - For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

#### Christian Community

Sundays, 11a - **“Feed the Body, Feed the Soul”** - lay gathering at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd, Chapel Hill. Includes a potluck at noon. All are welcome. Please check our website for further details: [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) and call Mary Beth at 929-9791 to make sure the group is gathering that week.

Feb 1, 2p - Christian Community **Steering Committee meeting** at the home of Mary Beth Mueller.

#### Save the date:

March 18 - 20 - priest visit weekend

April 15 - 17- special weekend workshop with Gisela Wielki - “Light, Life, Love and the Trinity”

May 13 -15 - priest visit weekend

For more information, please call Linda Folsom at 919-493-8323 or email us at <http://www.thechristiancommunitync.org>

#### EWS

Feb. 10 “Race to Nowhere” at the Varsity Theater. See details in article  
For information about EWS events, please see the detailed school calendar at: <http://www.emersonwaldorf.org/community/calendar/>

#### Other Activities of Interest

Feb 15, 7p - **NDE Study Group** - a once-a-month study group, on the 2<sup>nd</sup> Tuesday of the month, for near-death experiences (NDEs). The Raleigh/Durham Friends of IANDS group is part of the International Association for Near-Death Studies. This is part of our research work in the fields of consciousness studies, neuroscience and NDEs. We welcome all people who are interested in NDEs, especially those who have had an NDE. At the home of Robert and Suzanne Mays, 5622 Brisbane Dr, Chapel Hill, just north of I-40, off Mount Sinai Road. . For more information, please call us at 919-929-1073 or [mays@ieee.org](mailto:mays@ieee.org). Our meetings for the remainder of the year will be: March 15, (no meeting in April), May 10, and June 14. .

## Study Groups:

**Child's Needs Study Group** – One Saturday a month 10 am-12 pm.; reading *The First Seven Years* by Edmond Schoorel; Please call Lauren Mills Nyland for further information – 968-7721, or [mills.lauren@gmail.com](mailto:mills.lauren@gmail.com)

**Christian Community Study Group: “Feed the Body, Feed the Soul” - Sundays 11a - 1p** at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd., Chapel Hill. The group will spend the first hour reading and discussing and the second hour sharing a Pot Luck meal. Book: *Threefold Mary* by Emil Bock. One does not have to be a member of the Christian Community to join this group. All are welcome. Check the website for further details [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) or call Mary Beth at 929-9791.

**The Goethean Conversation Study Group – Sundays 3-5 PM.** Marjorie Spock, in her book *Group Moral Artistry*, suggested substituting Goethean conversation for reading or lecturing, which many felt to be an outmoded form of Anthroposophical group life. We are currently applying these principles to the book *Learning to Experience the Etheric World: Empathy, the After-Image and a New Social Ethic* by Baruch Urieli and Hans Mueller-Wiedemann It meets at the home of Martha and Dirk Kelder in Chapel Hill. For more information please call 919-942-2112.

**Greensboro Study Group - Sunday nights, 7 pm.** Currently reading *The Fifth Gospel* by Rudolf Steiner. Contact Sandy LaGrega at (336) 292-7947 or Judy Boyd (336) 454-2451.

**Ita Wegman Study Group** – Wednesdays 11:30-1:00 at the home of Kathleen Wright. Currently reading: *Rudolf Steiner's Mission and Ita Wegman* by Margareta and Erich Kirchner-Bockholt. We shall read works by Dr. Wegman and about her. Call Kathleen Wright if interested at 309-9622 or 672-0149 or email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

**Reading to the Dead Group** – 3rd Thursday of the month, 7p. We are reading *Life Between Death and Rebirth* by Rudolf Steiner. We meet at the home of Robert and Suzanne Mays. We hope that you can find your way to these readings as a way to strengthen and deepen our relationships with the Dead. The upcoming dates are: **February 17, March 17, April 21** (this will be a special Maundy Thursday gathering as well), **May 19** and **June 16**. Any questions can be directed to Joanna Carey: 919-403-7060. Please RSVP to either Suzanne or Joanna that you will be attending.

**Renewing the Culture of Death** – Please contact Jenny Bingham if you are interested in this group. The first half of the monthly meetings will be discussion, and the second half of the meeting will be around practical issues of creating a group who will be available to assist those in the community who want to care for their loved ones at home after death. Jenny Bingham : 208 Murray St., Hillsborough, NC 27278. Phone: 919-241-4304; Email: [jennybingham@yahoo.com](mailto:jennybingham@yahoo.com)

**Rose Cross Study Group – Wednesdays, 7:30 pm,** at the home of Judy Frey, Currently reading *Karma of Untruthfulness Vol. I*. Newcomers are welcome! Please give call Judy at 928-8749 before attending the first time.

**The Socially Resilient Child Study Group – Thursdays 8:45-9:45 a.m.** in the second classroom in the Nursery School Building at EWS; to discuss “How can we support our children in social situations?” Contact Lauren Nyland at 968-7721 or [mills.Lauren@gmail.com](mailto:mills.Lauren@gmail.com)

**Wilmington: “Roscroix Maritime Abbey”,** Tuesdays 7:00 pm at the home of Alicia Marroquin 118 S. 6th St. #B, Wilmington, NC. Book: *Cosmic New Year* by Rudolf Steiner. For more information call Alicia at 910-874-7200 or email: [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**The Winston-Salem Anthroposophical Study Group - Sundays 5-7 pm** at alternating members' homes. This year we will be working on Rudolf Steiner's lectures on *The Gospel of St. John*. Our group focuses on awakening and strengthening the Christ and Sophia impulse in the world and deepening its presence in both a personal and universal way. All are welcome. Please contact Beth Bean (336) 924-8068 for further information.

**Winston-Salem-Yadkin Valley Study Group -Sundays from 6-8 pm;** This Study Group meets September through May, at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group has just begun the book *Meditations on the Tarot*. Call 336-972-8243 for more information.

### **Asheville Study Groups: (see [www.azaleamountain.org](http://www.azaleamountain.org) for more info)**

**Steiner Study Group** – 1<sup>st</sup> and 3<sup>rd</sup> Thursdays, 7-9pm. Currently reading *The Mission of the Archangel Michael*. Contact Todd Crowe at 828-216-3226 or email: [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

**Soul-Weaving Study Group** for parents - 1<sup>st</sup> Sunday of the month, 2-4pm; contact Elizabeth Gilbert at 828-296-8323

**Biodynamic reading group** - 2nd Thursday, reading group and 4th Saturday 10-12am hands-on in the garden.

**Handwork Group** – 4<sup>th</sup> Sunday of the month 2 pm; contact Emily Ankeney for location 828-505-1566

### **South Carolina**

**Charleston/Yonges Island Study group – Tuesdays at 11:30** at the home of Dr. Traute LaFrenz Page; currently reading *Theosophy*; contact Peggy Pearl at [peggy.pearl@yahoo.com](mailto:peggy.pearl@yahoo.com) or 843-554-7166 or Gabrielle Heatherdale at [Heatherdale@gmail.com](mailto:Heatherdale@gmail.com) or 843-688-4816 for more information.

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**Study Group Leaders:** Please keep information about your group current. Send any new information about your Group by the 20<sup>th</sup> of the month preceding publication to: Linda Folsom @ [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com) or call her at 493-8323. Don't see any groups that interest you? Why not start your own? Just write the editor for information about starting a new group: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

## *Holy Nights Review*

By Kathleen Wright

One would have thought that with the difficult year so many had this past year that there would have been poor participation in the Holy Nights, but no, the exact opposite occurred – we had the best attendance ever, with most evenings having at least 18 people! (Jan. 1 had the most with close to 30 people and even Christmas Day had 5, which is a lot considering most go to their families. A couple of people even attended all 13 nights. Even those who were unable to attend all said that they had kept up with the readings at home. Many read the chapters in advance of the evenings. Why this enthusiasm? Some said it was the book – *The Fifth Gospel*. Others said that this year it felt like a “spiritual necessity” and another remarked how not only did so many attend, but they came “in Ernst!”

In addition to the reading and discussion of the book, host families provided delicious buffets of hors d’oeuvres and sweets and there were special activities such as singing to the animals on Christmas Eve, making the Three King’s Prep on New Year’s Eve and the spraying of the prep on Three King’s Day. There was also singing at some homes and the lighting of the Christmas Tree candles.

At the last evening event, a couple of questions came up during the discussion which we promised to research and answer in this issue of *The Sophia Sun*. Here they are:

**Is the Solomon Jesus whom Steiner speaks of in the *Fifth Gospel* the same Being as the one known as The Master Jesus in esoteric circles? What happened to the Solomon Jesus after he left the body of Jesus at the Baptism in the Jordan to let the Christ enter? What is he doing now – does he incarnate on the earth?**

Yes, the Solomon Jesus is indeed the one known as the Master Jesus. Before he was born as Jesus, he had been the great World Teacher Zarathustra. During that incarnation, he had two very special students, who in their next incarnations were Hermes Trismegistus of Egypt, who took on the astral body of Zarathustra; and Moses who took on the etheric body of Zarathustra. In Zarathustra’s next incarnation, he became Nazarathos, the Babylonian teacher of Pythagoras. After the Baptism in the Jordan, the Master Jesus entered the spiritual world where he became one of the 12 Masters of the Great White Lodge. These twelve “Masters” are very advanced human beings, also known as adepts, Bodhisattvas and Buddhas, who together with the angels, help guide humanity. During his years in the Theosophical Society, Rudolf Steiner spoke a lot about these 12 Masters, but after the founding of the Anthroposophical Society, he only spoke of the two who are connected with Western spirituality - Christian Rosenkretz and the Master Jesus.

To answer the question about what the Master Jesus does now and does he incarnate on the earth, we need to explain a little more about the 12 Masters. According to Steiner, 7 of these Masters are always in incarnation on earth – two in the West, two in the East, two in the Center and one who roams around. Whenever an eighth one incarnates, one of the others must discarnate. These human beings are so highly spiritually advanced that they can enter and leave bodies the way we put on and take off a raincoat. Five of the Masters remain in the spiritual world. Christian Rosenkretz and the Master Jesus are almost always in physical incarnation on the earth; however, they live so quietly and unpretentiously that you would never guess who they are. Only once did Christian Rosenkretz take on a public identity – that of the Count St. Germain at the time of the French Revolution during which he introduced the ideas of liberty, equality

and fraternity. The only time the Master Jesus was a public figure (after his life as Jesus) was in the 13<sup>th</sup>-14<sup>th</sup> century when he became the teacher of the mystic Johannes Tauler, but even then his name was not known. People called him “The Friend of God of the Highlands”. Around 1920, Friedrich Rittelmeyer, the Christian Community Priest, asked Rudolf Steiner if Jesus was alive at that time. Steiner replied that Jesus was living in the Carpathian Mountains and that he (Steiner) was in spiritual contact with him.

### **What is the relationship between the Sophia and the Marys of the gospels?**

The Nathan Mary, like the Nathan Jesus, was a “paradisaal” Being preserved from the Fall. When she died at the age of 25, she ascended into the Sun sphere where she was able to “concentrate the forces of the heavenly Sophia within herself to an unusually high degree”. At the Baptism in the Jordan, when the Christ entered the body of Jesus of Nazareth, the entelechy of the Nathan Mary entered into the astral and etheric bodies of the Solomon Mary. Steiner writes that :“Then that immortal part of the original Mother of the Nathan Jesus descended from the spiritual world and transformed the mother who had been taken into the house of the Nathan Joseph and made her once again a virgin. Thus the soul of the mother whom the Nathan Jesus had lost was restored to him at the time of the Baptism by John. The Mother who remained with him harbored within her the soul of his original mother, called in the Bible the “Blessed Mary”.”

Prokofieff concludes: “And so, what had never happened throughout the entire history of humanity – the incarnation of the Sophia in an individual earthly being – now took place through the mediation of the purest of human beings, that is, the most transparent for the forces of the Sophia, the “blessed Mary” described at the beginning of St. Luke’s Gospel.” He writes that she is “the sole incarnation of the Sophia on earth”. However, he adds that “This archetype (the Divine Sophia) has been active since then in the earth evolution of mankind, although the possibility of making it outwardly manifest will only open up to earthly human beings from the sixth cultural epoch onwards;”



**Judy Frey lights the Christmas Tree as Joanna Carey plays the piano and Robert Mays sings at the January 1 Holy Night. (photo by Suzanne Mays)**

## More Scenes from the Holy Nights



**Herb Slapo and Suzanne Mays**



**Martha Kelder, Nancy Willson, Peg Carmody**



**Bill, Eve Olive, Martha, Bob Wright**



**Margaret Heath, James Hoesch, Allen B.**



**Mindy Kash and Martha Kelder**



**Judy Granberry, Nancy Willson, Bruce Bornhorst**



## **BRANCH ANNOUNCEMENTS**

### **MARK YOUR CALENDARS NOW!**

**Rudolf Steiner's 150<sup>th</sup> Birthday Celebration** – Although Steiner's real birthday is February 25, we will be celebrating on **Saturday, March 26** as that was the date we could borrow the special Exhibition panels created by Doug Miller. (read all about them in the article on the Teleconference) The place will be announced shortly. In addition to the five panels of pictures and text about the life and legacy of Steiner, there will be talks by Peg Carmody on Steiner's legacy living on in our branch's initiatives, and Kathleen Wright will speak about Steiner's life. The festivities will end with a birthday cake. We plan to do extensive advertising so that the greater community can learn about Steiner.

Our **Annual General Meeting** will be held on **May 21 from 1-5 PM** in the Brown Room of the Emerson Waldorf School. It will begin with a Pot Luck meal at 1 PM and the Business Meeting will commence at 2 PM. All initiatives are asked to submit a report on the past year's activities of their group. In the past, we have held our AGM in February or March; however, the Board decided for several reasons that it makes more sense to have the meeting at the end of our year. We tend to think and plan our year as though it begins in September and ends in June. Also it is hoped that a few more volunteers will join the Board and they will need some time to train before taking on their new roles. We will be needing a Treasurer and Secretary for the coming year.

**Spiritual Research Seminar March 10-12** in NYC featuring Peter Selg. The theme is "Unbornness". Our Branch's Eve Olive will be reading her poetry and poetry of other authors on the topic of birth at the conference. See ad for this conference on p. 16

**Bruce Kirchoff** is offering a workshop here on "How to Read a Lecture: Steiner's Lectures as Art" **June 3-4**.

### **Postponed:**

**The Biodynamic Conference** that was planned for this month has to be postponed as Gunther Hauk is not well. He asks if we can reschedule for **November**.

**The Anthroposophy at the Beach Trip**, originally scheduled for April 1-3 needs to be rescheduled for the **first weekend in May**. It is hoped that more people can attend at that time. Details to follow in our next issue!

### **NEW ACQUISITION!**

**Michael Howard**, the well-known anthroposophical sculptor has informed us that he has completed the beautiful wooden **lectern** for our community. Kathleen Wright will pick it up in the middle of March. It will primarily be used for First Class Lessons, but other groups may borrow it as well.

### **EWS NEWS:**

**Thursday, February 10** the Emerson Waldorf School will be sponsoring a showing of the film "**Race to Nowhere**" at **7 PM at the Varsity Theater in Chapel Hill**. It will be followed by a panel discussion of local education leaders. While the critics prefer the documentary "Waiting for Superman" (it won "Documentary of the Year" at the Critics Choice Awards), we Waldorf advocates feel that the "Superman" movie is not on the mark in addressing the real concerns and solutions to today's problems with education. "Race to Nowhere" is much more accurate, we feel. Check this film out. Tickets are \$10. in advance and \$15. at the door.

## **End of Life Documents Workshop**

**three sessions on Wednesday afternoons**

**from 2:00- 4.30 p.m.**

**January 26th**

**February 2<sup>nd</sup>**

**February 9th**

**Cost: \$60 + \$15 for materials**

**208 Murray St.**

**Hillsborough NC 27278**

This is an opportunity to participate in a casual group where you will complete your End of Life Documents. When you leave, they will be notarized to make them legally acceptable in NC.

You will choose your health care agent, consider organ/ tissue/ whole body donation, and begin to think about your after death care.

We will explore Aging with Dignity's Five Wishes Document. This is a NC legally acceptable document which guides you through the process of letting your family and doctors know:

Who you want to make health care decisions for you

The kind of treatment you want and don't want

What comfort care means to you

How you want to be treated and what you want your loved ones to know.

Contact: [jennybingham@yahoo.com](mailto:jennybingham@yahoo.com)

**919 241 4304**

This workshop will be followed later in February by a workshop on "Home Funeral Care Education- Continuing the Care of your Loved One After Death."

## **Come to the Choral Gatherings !**

We are happy to announce a regular monthly sing to be held at the home of Joanna Carey at 112 Solterra Way in Durham the 1st Friday of each month, 7:30p - 9:30p. Bring a potluck snack if you desire.

We welcome all ranges, especially altos.

After some healthy warm ups, we will begin to work on some beautiful pieces from many traditions. Some will be rounds and some are part pieces. No previous singing experience is necessary, just a desire to sing with others. Future dates for the group are: February 4<sup>th</sup>, March 4<sup>th</sup>, April 1<sup>st</sup>, May 6<sup>th</sup>, and June 3<sup>rd</sup>.

All are welcome. Please RSVP to Joanna Carey 919-403-7060.

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## **Condolences for Marlene Joyce**

On Friday evening January 21 at 11:10 PM, Marlene Joyce's Mother, Helene Anderson crossed the Threshold. Helene was 90 years old. Helene had a good life and brought into the world two children. Marlene loved golfing and even played baseball as an adult. She was a devout Methodist and volunteered for many causes. The daughter of Danish immigrants, Helene lived in Michigan and Florida before coming to North Carolina to be closer to her daughter and grandchildren. Marlene held a Vigil for her Mother at her home, which many of our Branch members attended. We send Marlene thoughts of love and consolation at this time of grief for her.

## ANTHROPOSOPHICAL SOCIETY HOSTS TELECONFERENCE WITH REGIONAL, BRANCH AND GROUP LEADERS

Marian Leon and John Beck invited all anthroposophical branch and group leaders to participate in one of three phone conferences January 7, 10 and 11 in order to discuss the upcoming 150<sup>th</sup> anniversary of Rudolf Steiner.

The following are minutes from the phone conference I participated in on Tuesday evening, January 11. About 21 people participated in this phone call, which lasted close to 90 minutes. The phone call began with participants introducing themselves and telling where they came from.

Marian Leon then proceeded to tell about the resources and activities that have been developed by the Society for Steiner's birthday. One of the main activities will be a traveling exhibit created by Douglas Miller, former editor of the Society's newsletter and member of the General Council. It consists of 5 panels, four of which are 3ft. by 5ft. The panels contain text and photographs from the life and legacy of Rudolf Steiner. Four copies have been made of this exhibit, so that branches and groups can borrow them at the time of their choosing. They need only pay for the postage. In order for a branch to obtain these, one needs to contact Marian Leon at: [marian@anthroposophy.org](mailto:marian@anthroposophy.org) or call the office at Ann Arbor.

The next tribute to Steiner is a large article by Fred Amrine entitled "Discovery of a Genius: Rudolf Steiner at 150". Fred is a teacher in the German Dept. at the University of Michigan. This article will appear in the upcoming issue of the national newsletter, which is going to the printer next week. Marian announced that there will be a double run of this issue, so that the extra issues can be widely distributed.

The next announcement was that the Traveling Speaker's Program is being expanded and that it will now include touring speakers. Contact Margaret Shipman if you are interested in hearing which speakers will be traveling around the country so that your branch can participate. Her email address is: [shipman2005@sbcglobal.net](mailto:shipman2005@sbcglobal.net). Sherri Wildfeuer will be doing a speaking tour about the life of Rudolf Steiner on the West coast. Eugene Schwartz is offering an online course.

The national website is in the process of being enhanced. Many changes have already happened. There are now many articles you can access and there are links to various branches around the country. Soon there will be audios and videos available. Also, a template has been created for websites suitable for branches to use. Check out the Great Lakes Branch's website to see how they have utilized the template. Soon there will also be a "Members Only" section on the site.

Marian then listed some of the things on the Calendar of Events. She said that for a complete listing, check out the national website. Upcoming are: AGM October 14-16 in Portland, OR; Class Conference August 7-12 in Fair Oaks, CA; Center for Anthroposophy June 26-July 8 – Virginia Sease will be offering a course this year; Conference on the second Mystery Drama with Barbara Renold August 17-21; a Camphill Conference: "Being Human in the 21<sup>st</sup> Century" in April; the annual Spiritual Research Seminar in NY will be March 11-12; keynote speaker is Peter Selg speaking on "Unbornness".

Branches are encouraged to see the biodynamic bee film "Queen of the Sun". One can purchase copies at [www.queenofthesun.com/store](http://www.queenofthesun.com/store) Libraries and commercial enterprises must pay \$295. Schools pay \$99. One woman told the phone participants that she convinced a Portland, Oregon movie theater to run the movie for two weeks. The showing was so successful that the theater ran it for an additional 5 weeks, bringing

it to a total of 7 weeks! Their local newspaper did a review of the film and gave it a B+ rating and critics there said it was one of the top five films of the year! This video would be a great fundraiser for any branch.

Plans are in the work for Marian and John to host teleseminars, open to all but especially intended for the many Society members who do not live close to any branches or groups.

Next, John Beck gave a report on "basic communications and messaging ideas for 2011". He told how AWSNA's work had inspired him to develop ideas.

#### **NEW NAME FOR NEWSLETTER**

John announced that the name of the newsletter will be changed with the upcoming issue which goes to press next week. It will be: "Being Human: Personal and Cultural Renewal in the 21<sup>st</sup> Century". John said that another title that had been considered was "Awakening to Community".

2011, John said, would be a "whole year event". While a birthday tends to look to the past, Americans are much more attuned to the future, just as Steiner was. We should therefore not merely commemorate what Steiner did during his lifetime, but see where his work is headed. Are we creating the "future worthy of the human being" that he envisioned? Anthroposophy is a "civilization initiative". We need to renew culture on a planetary level. One participant expressed that there are so many evil influences in the world today. John recommended that we read *The Karma of Untruthfulness Vol. I and II*, which address her concerns. Another participant remarked that Nicanor Perlas once said that ours was the last generation of "natural human beings."

One noted that that this is the second century of Anthroposophy in America. 100 years is a threefold Christ rhythm (3 X 33 1/3) and that something very reinforcing happens at the 100<sup>th</sup> anniversary of spiritual movements. (I believe he was referring to the 100<sup>th</sup> anniversary of Steiner's announcement about Christ's reappearance in the Etheric.) John recommended reading Paul Hawken's *Blessed Unrest*.

Another participant suggested that we ask ourselves: "whose work do we admire?" and then invite them to talk to us. We need to do more outreach. Another suggested our attending the Bioneers Conference in CA.

John spoke briefly about the questionnaires that members filled out on line. Only about 10-12% have participated so far, but there have been some good responses. He will send out an email about the results of the survey.

It was mentioned that Margaret Shipman's online Study group has 150 participants, most of whom are members who do not live near a group or branch.

Participants in the phone call expressed their gratitude and all felt they had gotten a lot out of the phone call and hope that there will be more experiences like this in the future.

Kathleen Wright

### **Words of Wisdom from a Friend on Facebook:**

An old Cherokee was talking to his grandson one evening. "In all of us are 2 wolves fighting. One represents evil - hatred, envy, jealousy, resentment, self pity, lies and false pride. The other represents good - love, peace, humility, hope, kindness, empathy, generosity and truth." The grandson thought for a minute. He asked: "Which one wins?" His grandfather said, "The one that you feed the most."

(this was taken from, of all places, an anonymous comment to a washingtonpost online article on Sarah Palin's infamous "Take Back the 20" campaign target map.)

# Review of The Karma of Untruthfulness Vol. I

## Lecture V

### Dornach, December 16, 1916

By Judy Frey

*(Editor's Note: The Karma of Untruthfulness was recommended by John Beck during the Teleconference written up in the article on pages 11-12. There is a Study Group in our community hosted by Judy Frey that has been working on Vol. I for the last several months. Judy very kindly writes a beautiful and insightful summary of each lecture and sends it out via email to the participants. The most recent chapter summary is below. We hope that after you read it, you will be inspired to read the book, and maybe even consider joining the Study Group.)*



At the beginning of the lecture, Dr. Steiner observed that there were peaceful means to settle the dispute between Germany and the countries at the periphery of Europe (mainly England, France and Russia) but if these means were ignored, it would have repercussions on the whole of mankind, even into the future. He insists that Anthroposophists look at facts with an eye for the truth, for "the truth can never be seriously harmful or work harmfully."

The audience was warned that even if, as some claimed, the present day strife between nations was a karmic necessity, it only means that man himself must cope with his mistakes. The way to cope with this "karma of materialism" is not to fall into a fatalistic attitude in the face of karma, but to set about incorporating certain conditions into human development that would bring healing for the future. Man himself must plant these seeds, since the divine spiritual powers that intervened in human development in the 4th Age will no longer do so in the new age of human freedom. The seeds for further development Dr. Steiner hoped to plant with these lecture have to do with the power of modern man to ferret out the truth and to form healthy judgments.

We are then pointed to a book by an American, Brook Adams, which was published in Europe in 1895. Dr. Steiner felt it was important to recognize both the origin of the book (America) and the publishing house that translated it into German, a publishing house that catered to a spiritual stream hostile to the Anthroposophical Movement. If the ideas in the book had come to naught, he probably wouldn't have mentioned it, but he saw the opinions in the book still manifesting themselves in 1916, to wit: imaginative peoples tend to be warlike while peoples who have developed sober scientific judgments also take a lead in industry and commerce. In a word: the Serbs, who are imaginative people cannot help but be warlike while the logically-minded Brits and Americans know best how to advance industry and commerce. Dr. Steiner maintained that only those with spiritual sight can characterize a group of people over long spans of evolution, and that we must take care not to label whole nations of people due to what their politicians do. Then he sets out to show how individual politicians, reincarnated from the 1500's, are still acting as puppets for occult brotherhoods who wish to make the economic interests in the hands of a few into the main priority of the "nations of the periphery." These brotherhoods set up puppet people who will breathe out false ideas (like Brook Adams in this lecture and Lord

Rosebery and Lord Gray from the last two lectures), other people who in their lack of clear thinking keep repeating these false ideas as truths. Then these occult brotherhoods, having knowledge of the strengths that live as spiritual impulses in certain groups of people, set up situations such as political alliances, political strife, economic difficulties and the like, in order to bring war and chaos into the world, so that their own aims will be furthered.

At this point, Dr. Steiner switches to another thought (which should work on our souls in connection with all that we have learned in these lectures thus far, although I am not sure of the connection. jf): that sprouting and burgeoning life must be accompanied by decay; that balance is never found in the world of Maya, but only in spiritual reality; and that if bad seeds were sown in 1916, bad fruits would ripen in the late summer and autumn of 1917. For Anthroposophists of his time, he stressed the same thing in a more positive manner: "What I want to make clear to you is the importance of putting forward the thoughts in the right direction, and of seeking them in the right way." p 95. (Which leads us to the thought that the spiritual worlds do not need politicians, soldiers, people repeating slogans in order to have an insight as to what is developing here below, but they primarily need people who can form the right judgments, make the right thoughts, plant the right seeds for the future by putting these thoughts into the world and discussing them in their groups, and who make the effort to seek the truth in all matters. jf)

Next he turns to the early to mid-1500's during the reign of Henry VIII in England. Henry's chancellor, Sir Thomas More, was an enlightened spirit who retained some of the intellectual soul vestiges of atavistic clairvoyance that lived in the 4th Age (in a shadowy form that needed to be enhanced and Christianized through long periods of deep meditation) along with the independent thought of the 5th Age. He stood between these two Ages and bore both actively within his soul (this comes out more fully in the next lecture.) Because of this, he was able to write the book, *Utopia*. Dr. Steiner draws our attention to the unusual manner of Thomas More's execution which was by horrible pain, dismemberment with his ashes strewn to the four directions of the earth---a method of death that exactly coincides with the punishment for betraying the secrets of a particular degree of Freemasonry. Now since Freemasonry was not active at that time in England, we must ask ourselves what other secret brotherhood knew that this form of execution would have effects on a soul going through the gate of death and possibly into his next incarnation? Dr. Steiner hints that this punishment may very well have come about because of More's book, *Utopia*, rather than his disagreement with a king whom he felt kindly toward.

*Utopia* is not simply an imaginary story, but it embodies Thomas More's desire to criticize the English state of his time. Dr. Steiner relates a little of the introduction of *Utopia* wherein More said he was party to a discussion of English jurisprudence between a very enlightened and intelligent man and a brilliant lawyer. The lawyer was bragging about how many thieves he had convicted and condemned. The enlightened man claimed that he had visited a kingdom called Utopia where the people felt it was more humane to seek out and eliminate the causes that led to desperate conditions and thereby they would eliminate the need to prosecute thieves altogether because there would be no thieves. The reasons for thievery that were ferreted out by this city were ex-soldiers who had no other skills, rich men's retainers who were accustomed to the high life and then kicked out, and of course, desperate people who had lost their health or limbs.

Another contributing factor that led to thievery (and this is likely the one that enraged the secret brotherhood which was whispering economic supremacy into the ears of a few willing men in England and which led to their decision to eliminate Thomas More, jf) was the very real problem of displaced farmers. The enlightened man observes that landowners often decide that keeping sheep is more profitable than keeping poor farmers on the land. These men buy up most of the land, drive the farmers off, and put sheep in their fields. The farmers must, by necessity, steal to feed themselves and their families.

Dr. Steiner calls our attention to *Utopia* because he saw in Thomas More a man who was using the reason of the 5th Age combined with more innate feeling for the truth of the 4th Age to try to get to the bottom of things. Dr. Steiner points out that there really were rich landowners in the 1500's who were driving the poor farmers off their land and that "the structure of the English state today is intimately bound up with what happened all that time ago and was criticized in this way by Sir Thomas More."

Turning his spiritual eyes on this matter, Dr. Steiner concludes that the English people as a whole were not responsible for this sad state of affairs of his day, but the responsibility lay with the politicians, and furthermore, these politicians are the actual heirs of those people who were criticized by More in the 1500's. Specifically, he pointed to Lord Rosebery whose words he had quoted in the last lecture about how the English people must put their stamp on the world as a leading force. In that lecture, Lord Rosebery was singled out as one of those puppet individuals who spoke words inspired by secret brotherhoods. Apparently, Rudolf Steiner himself or others who sought the truth, had been reproached by those who didn't want to hurt the feelings of the English. Since Dr. Steiner knew that these untruthful ideas about English supremacy advanced the aims of occult brotherhoods, he felt no compulsion to keep silent, saying, "It is necessary to become familiar with the laws of cause and effect and not babble about one nation or another being to blame for this or that." He was not putting blame on England, but showing the need for spiritual research and if that is not available then to look carefully at what individuals in influential positions put out as a truth when it is in fact a lie and how this lie gets taken up by the larger population.

Next we are guided to think of the three main component parts, which arose from Charlemagne's kingdom: France, Germany-Austria, and Italy. There were once close links between Germany and Italy, but the expansionist aims of the Venetians pushed the two apart. Other links were formed, others broken until at last the Triple Alliance was formed which was to keep the peace between France-Germany/Austria-Italy. Some years later, the Triple Entente of Britain, France and Russia appeared, also with the so called intent to promote peace, and peace disappeared. The Triple Entente brought about a link between the Balkan countries and Italy. Secret threads were set up between Rome and Belgrade.

The secret brotherhoods tried to instigate conflict in 1888 using their knowledge of all the feelings and ties that bound nations. That conflict was averted. They tried again successfully in 1914 with the assassination in Sarajevo. If you compare the events of the crisis of 1888 and that of 1914, you will find that they are identical. Opinions are propagated; they are taken up as truths; situations are set up, and people who are not fully conscious or who do not actively seek the truth, are led into strife. It is just as important to learn about the occult forces behind the events of the physical world as it is to learn about the spiritual world itself.

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## **Borrowing Books from our Phoenix Library**

**Our Rudolf Steiner Branch library, which is known as Phoenix Library, has well over 500 books, magazines, articles, and DVD's. It is housed at the home of Judy Frey. Donations to the library are always welcome. Simply contact Judy or our Board President, Peg Carmody.**

1. You must be a member of the Rudolf Steiner Branch (NC) community in order to borrow books from the Phoenix library. Contact Peg Carmody if you wish to join our community at [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com) or call 537-8142.
2. The best way to borrow is to visit the library directly. Call Judy in advance to make an appointment at 919-928-8749.
3. You can order books by phone or email, and Judy will mail them to you if you send the postage. Check with Judy for the rate. Judy's address is: **Judy Frey, 55207 Broughton, Chapel Hill, NC 27517**

**2011 SPIRITUAL RESEARCH SEMINAR:  
Unbornness, Immortality, Reincarnation:  
The Continuum of Life:  
Before Birth, on Earth, after Death, and Later  
Friday, March 11 - Saturday, March 12  
Kimmel Center, New York University  
60 Washington Square South  
New York City, New York**

A golden thread runs through all of Rudolf Steiner's teachings. From his earliest moments to his last breath, he sought to find a way for contemporary human beings to experience the reality that the world is a spiritual world and that human beings are embodied spiritual beings endowed with organs of both sensory and spiritual perception, and who are thus both visibly and invisibly connected, as the world itself is, with spiritual realities and, indeed, the source of all reality. In this way, Rudolf Steiner gave us the task of realizing the continuity, the non-duality, of the visible and the invisible worlds. This task can seem overwhelming. Where are we to begin? How are we to find the beginning of the golden thread? As William Blake wrote:

I give you the end of a golden thread,  
Only wind it into a ball,  
It will let you in at Heaven's Gate  
Built in Jerusalem's Wall.

There are, of course, many ways to enter the labyrinth of Anthroposophy, but there is only one to which Rudolf Steiner returned repeatedly throughout his life: the path of the continuity of life through death. Death understood as a metamorphosis of life, as a metamorphosis of love; this was Steiner's own experience. From childhood, he was aware both of the non-mortal spiritual essence of the human being—our "I"—and the continued existence and earthly presence of human beings after physical death.

Moreover, he understood that this potential connection with loved ones after death—and indeed all the dead—could open the connection between the visible and the invisible worlds. After all, those who pass into the spiritual world at death are the fringe of the entire spiritual world, a gateway to the angelic worlds. Therefore Rudolf Steiner strove tirelessly throughout his teaching life to renew the understanding of humanity as a single being—a single community—on both sides of the threshold. At the same time, equally central to his mission, he taught the reality of reincarnation, describing in detail the journey of the "I" from death to a new birth. In this way, he gave new meaning both to "immortality," life after death, and to "unbornness," life before birth.

Our seminar this year will explore all these interdependent aspects that unite life, death, life after death, and rebirth as a path of knowledge, experience, and practice—one that allows us to re-imagine humanity and the cosmos as a spiritual, evolutionary process.

#### **Seminar Speakers**

**PETER SELG** is director of the Ita Wegman Institute for Basic Research into Anthroposophy in Switzerland and professor of medicine at the Alanus University of Arts and Social Sciences in Germany. He is the author of *Unbornness and The Path of the Soul after Death* and will give two lectures, one on each of these two topics.

**THOMAS MEYER** is the founder of Perseus Verlag, Basel, editor of the monthly journal *Der Europäer*, and the author of (among others) *Rudolf Steiner's Core Mission*, will speak on Rudolf Steiner's karma research, with particular reference to the Roman poet, Ovid and the nineteenth-century English diplomat, adventurer, mystic, and esotericist, Laurence Oliphant.

**MICHAEL LIPSON, Ph.D.**, is a clinical psychologist practicing in Great Barrington, Massachusetts, the author of *Stairway of Surprise* and *Group Meditation* (forthcoming), and translator of Georg Kühlewind's *From Normal to Healthy: Paths to the Liberation of Consciousness*. He will speak of the presence of the dead in relation to meditation and psychotherapy.



**CHRISTOPHER BAMFORD** is Editor-in-Chief at SteinerBooks and editor of *Staying Connected: How to Continue your Relationships with Those Who have Died*. He will speak on the global significance of understanding humanity as a single community on both sides of the Threshold for the creation of a new, spiritual culture—the future culture of the coming Sixth Epoch.

**RACHEL C. ROSS** is an educator and eurythmist of wide experience. She holds a diploma in Artistic and Pedagogical Eurythmy from the London School of Eurythmy; a diploma in Therapeutic Eurythmy from the Medical Section of the Goetheanum in Dornach, Switzerland; and a Masters of Science in Education from Sunbridge College in New York. Rachel specializes in treating children with developmental disorders and learning disabilities. She has been involved as a developmental specialist, designing and implementing programs, training staff, teaching, and consulting at Waldorf and public schools. Rachel is a faculty member and co-director of the Waldorf Resource/Remedial Teacher Training Programs in Spain, Brazil, Ireland and Toronto. These training initiatives are in partnership with the Association for Healing Education. She maintains an active practice in therapeutic eurythmy and remedial movement therapy and is a traveling consultant to many Waldorf and private schools nationwide. She is the author of *Adventures in Parenting* (AWSNA, 2008).

#### **GUEST ARTISTS:**

**David Anderson, painting exhibit**  
**Mariel Farlow, sculpting**  
**Eve Olive, poetry**

### **Seminar Schedule**



#### **Friday Evening, March 11**

Registration 6:30

OPENING: Gene Gollogly 7:00

"Rudolf Steiner's Core Mission" by Thomas Meyer 7:10

Break 8:00

"Rudolf Steiner in Relation to the Dead" by Peter Selg 8:15

Reception 9:15

#### **Saturday, March 12**

CONTINENTAL BREAKFAST 8:00

"Humanity on Both Sides of the Threshold" by Christopher Bamford 9:00

Eurythmy / Rachel Ross 10:00

Break 10:30

"Unbornness and the Path of the Soul after Death" by Peter Selg 10:50

#### **LUNCH 12:00**

Poetry/ Eve Olive 1:20

"The Presence of the Dead" by Michael Lipson 1:30

Break 2:30

Eurythmy/ Rachel Ross 2:45

"Rudolf Steiner's Karma Research" by Thomas Meyer 3:15

Break 4:15

**CLOSING:** Meditation for the Dead, led by Chris Bamford and Gene Gollogly 4:30

### **Recommended Reading for the Conference:**

The Influence of the Dead on Destiny  
 Death as Metamorphosis of Life  
 Life Between Death and Rebirth  
 What Is Necessary in These Urgent Times  
 Reincarnation and Karma

Secrets of the Skeleton  
 The Soul's Long Journey  
 Experiences with the Dying and the Dead  
 A Psychology of Body, Soul & Spirit  
 A Western Approach to Reincarnation and Karma  
 The Karma of Anthroposophy

To reserve a place or for further information, please contact **Marsha Post** by email ([marsha@steinerbooks.org](mailto:marsha@steinerbooks.org)) or phone (413) 528-8233 ext. 203.

**CONFERENCE FEE \$200**—price includes Friday evening reception and a continental breakfast and lunch on Saturday. For hotels, check online with [www.hotels.com](http://www.hotels.com) or a similar service.



## A Message from Dr. Mark at Jubilee Books

Good news is that we have finally gotten partial shipment of the 2011 BD Calendars at the Jubilee Store at my medical practice. Right now I have about 25 copies of *Stella Natura*. These cost \$14.95 plus tax.

We also have five copies of the *North Hemisphere Astro Calendar for 2011* which is developed by Brian Keats and is different from the Stella Natura, but

very interesting and has parts with naked and eye astronomy and excellent info on weather patterns, planetary movements and it is a whole different approach about astro-biologic practice. I have also put in an order for 20 copies of the Maria Thun *2011 North American BD Sowing and Planting Calendar*. They were \$13.95 last year and I expect them to be the same this year. They will be in next week.

I was able to get some Echinadoron Lozenges, Euphrasia eye drops, Arnica Essence, and Oxalis 10% ointment, all at 25% normal price. I don't know if there are any more after these at the sale price. I will inquire if there is demand. It is definitely a great deal for the Echinadoron.

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## EURYTHMY FOR ADULTS

WEDNESDAYS 8:30-10:00

At the Emerson Waldorf School

In the Eurythmy Room

During this session, the class will focus on Tone Eurythmy

Eve Olive will co-teach with Aileen Niessen,

a Euythmist from Switzerland

Five Classes Jan. 19 - Feb. 16 - \$50.00

For inquiries contact Eve Olive 489-2564

Or email: [eveolive@frontier.com](mailto:eveolive@frontier.com)

## Rudolf Steiner: The Man, The Age, The Path

An Online Course with Eugene Schwartz

March 1st through April 1st, 2011



February 25, 2011 will mark the 150th anniversary of Rudolf Steiner's birth. In conjunction with this, Eugene Schwartz has created a unique multi-media "Online Journey" that will both deepen and broaden our understanding of Steiner's contributions to the modern world. He will explore Steiner's biography, the times in which he lived, and, above all, the significance of his path of inner development for the individual, for humanity, and for the future of the Earth.

This online course will be six hours of audio and visual content, but it will be divided into short, 15 - 30 minute segments that you may pause at any time. The segments may be listened to or watched as often as you wish during the month that they are online. Although these presentations are meant to be an introduction to the life and work of Rudolf Steiner, long-time students of Anthroposophy will find new insights as well.

How it works: On February 28, registrants will be sent a username and password and a link to the online course's web page. They may visit that page as often as they wish throughout the month. **The fee for the online course is \$35.00.** MillennialChild.com Members receive a 50% discount on the course fee. Become a Member of MillennialChild.com by going to the website.

### About the Presenter:

Eugene Schwartz has been involved with the work of Rudolf Steiner for over 42 years, and he has been a Waldorf school teacher, an educator of teachers, and an educational consultant for 33 years. He has given nearly 2000 lectures on Waldorf education and Anthroposophy. He has had the privilege of knowing many individuals who knew Rudolf Steiner personally, while his work as a Waldorf consultant brings him into contact with thousands of individuals whose lives are interwoven with Anthroposophy today. Eugene's articles, podcasts, and videos may be found on this web site.

### The major themes that will be covered:

1. Rudolf Steiner's life in the context of the times in which he lived. Steiner's strivings and accomplishments will be viewed in relationship to some of the cultural, spiritual, and political leaders of his age. In the course of Steiner's lifetime, the US Civil War took place, the electric light, the automobile, and the airplane were invented, the Titanic sank, and the First World War erupted. How did these developments, and a host of others, form Rudolf Steiner's nature and philosophy?
2. What is Anthroposophy? We will touch on some of the foundations of Steiner's worldview, particularly his research into the evolution of humanity and the world; the question of Good and Evil; reincarnation and karma; the role played by Western culture and Christianity; the relationship of science and spirituality. How much of Steiner's research drew on the work of others? Were his innovations in many fields really original? How is it possible for one man to be an "authority" in so many fields?
3. Steiner's path of spiritual development. Although Steiner's "findings" are frequently cited by admirers and detractors alike, little is said about the methodology he used to arrive at those results. Steiner was unique among teachers of the "perennial wisdom" in his unfolding multiple paths to self-development and higher knowledge. We will look at the "philosophical path" as presented in *The Philosophy of Freedom*, and examine the meditative approach that lives in a work such as *How To Know the Higher Worlds*, and examine what was "new" in Steiner's approach to these paths.
4. Rudolf Steiner and the future. 150 years is a long time gone in our fast-moving world. Does Steiner still have relevance for our times, not to speak of the future? Have such offshoots of Anthroposophy as Waldorf Education, Bio-Dynamic Farming, Anthroposophically-Enhanced Medicine, etc. strengthened Steiner's contribution to modern life, or diluted his message? What was Steiner's hope for our times?

Contact us: [info@millennialchild.com](mailto:info@millennialchild.com)

## **On the Birth of Rudolf Steiner**

### **Excerpted from “The Mission of Rudolf Steiner”**

*an essay derived from an address given at  
the American Anthroposophical Society's Annual General Meeting, November, 2004.  
by Dr. Ernst Katz*

Significant markers of the guidance and inspiration by St. Michael can be clearly discerned in the circumstances surrounding Rudolf Steiner's life at its very beginning as well as at its untimely end.

At the beginning, we note the following unusual circumstances: Rudolf Steiner was born shortly before midnight on February 25, 1861, in the tiny village of Kraljevec. Owing to negligence of the midwife, the child was bleeding almost to death. It was questionable how long it would survive. If this birth had been normal, the child would have been baptized a few days later in the church of Kraljevec, but now an emergency baptism was called for. However, the schedule of the church of Kraljevec could not accommodate this emergency. So the child was carried two miles through wintry February cold and snow to the church of Draskovec, a neighboring village. There it was baptized on February 27, and named:

#### **Rudolfus Josephus Laurentius Steiner**

or, as we would say: Rudolf Joseph Laurence Steiner.

It is significant that the church of Draskovec was dedicated to St. Michael. It was a St. Michael Church! Apparently destiny had arranged circumstances so that St. Michael would stand guard, as it were, like a god-parent, at this human being's entry into the physical life on earth.

Toward the end of Rudolf Steiner's life, from Christmas 1923 to March 30, 1925, St. Michael is in evidence like the final chords of a great symphony. The esoteric lectures of the School for Spiritual Science, which Rudolf Steiner gave in 1924, were a direct inspiration of Michael. The closing sentence of the last of these lectures reads: “Thus may be confirmed the content of the present Michael communication.” And the last words of the very last lecture that Rudolf Steiner was able to give, known as “The Last Address,” on September 28, 1924, describe in imaginative poetic words St. Michael as the Messenger of Christ. In addition, the essays which Rudolf Steiner wrote weekly for the newsletter *Das Goetheanum*, during the last months of his life, from his sickbed, are known as *The Michael Mystery*. They are his Michael legacy.

*(Editors Note: The rest of this essay is excellent, but it is about 13 pages long. I debated about printing it and then decided that I would just print a small portion of it. If you would like to read it in its entirety, You may look it up on the Internet by simply putting in a search “The Mission of Rudolf Steiner Ernst Katz”.)*

### **The Conclusion of Dr. Katz's essay:**

So what was and is the mission of Rudolf Steiner? I want to answer this question by means of a picture that I ask you to imagine, and by a poem that Rudolf Steiner wrote. I hope that the picture will tell more than a thousand words can tell. With this picture, I try to summarize the various aspects of the mission of Rudolf Steiner. It is my picture. Do not try to paint it. Rather keep it fluid in imagination. I could present it especially well because I spoke from the stage of the Detroit Waldorf School. It is a large stage, brightly illumined, backed by a white wall on which is painted a great mural of St. Michael subduing the dragon.

Imagine in the front of this stage stands Rudolf Steiner, in his black suit as we know him from many pictures. About, five feet behind him stand two figures, one somewhat to the right, the other somewhat to the left. The one on the right appears in red regalia. It is Christian Rosenkretz, who renewed the Mysteries for the Western World in such ways that his students could remain engaged in worldly pursuits.

The one on the left appears almost transparent, of a bluish hue. It is the Initiate who is most closely associated with the Christ Mystery, the “Master Jesus.” About fifteen feet behind these two, on a slight elevation, stands St. Michael, and on a somewhat higher elevation about fifteen feet behind St. Michael stands the radiant figure of Christ, surrounded behind Him by a semicircle of angelic beings of the various hierarchies.

From Christ streams forward a rose-pink stream of divine love towards the smaller hill where St. Michael, the Ambassador of Christ, stands. He adds brilliant cosmic light to the stream of divine love. Now this stream of light-permeated divine love streams further forward, spreading slightly, reaching the two Great Initiates of the Western World. They focus the stream onto Rudolf Steiner in front of them.

As Rudolf Steiner receives this stream from the spiritual world behind him, he transforms it so that it becomes a power that fills the entire space in front of him — the Ambassador of St. Michael, with a living three-dimensional mosaic of constantly moving little luminous cells of the most variegated colors and brightness, a spectacle that tells, in a secret language of light and love, how the human being can find who he or she really is, and what the mission of each one is, in being active, always true to oneself. Thus Rudolf Steiner, the Ambassador of St. Michael, who is the Ambassador of Christ, brings to mankind, in a form appropriate for our consciousness, the inspiration of cosmic light-permeated divine love. That is (as well as I can say it) the mission of Rudolf Steiner, which he accepted and carried out.

However, one can ask: Did Rudolf Steiner ever actually state what he considered to be his mission? In his autobiography, he describes eloquently and sensitively all the people he met and what they felt as *their* mission, but nothing about his own mission. Of course, his autobiography covers the period only up to 1907, and most of his esoteric work came later. But once, on his sickbed, only a couple of weeks before he died, he wrote a poem that tells what he felt as his mission. Unlike many other poems he wrote during his creative life (which start typically with “The light of the sun,” or “The sphere of spirit is the soul's true home”) this last verse is a declaration of his Will, what he wanted to accomplish against the odds of the forces that want to degrade the human being to the level of being merely a thing, a thing that can be fashioned to specifications, that is bound by external rules, and can be discarded after being used. The human thing. This verse starts with the words “I want ...” (Ich möchte ...):

I want with cosmic spirit  
To enthuse each human being  
That a flame they may become  
And fiery will unfold  
The essence of their being.

The other ones, they strive  
To take from cosmic waters  
What will extinguish flames  
And pour paralysis  
Into all inner being.

O joy, when human being's flame  
Is blazing, even when at rest.  
O bitter pain, when the human thing  
Is put in bonds, when it wants to stir.

## A Personal Tribute to Rudolf Steiner from our Branch's Founder

Fifty years ago this February a young architectural student stopped in front of a bookstore window in London and her life changed. It was 1961 and she went home with a flyer delineating all the events celebrating the 100th anniversary of the birth of a man called Rudolf Steiner of whom she had just become aware. The bookstore was called the "Rudolf Steiner Bookshop and Lending Library". It was situated down a little street which led to the British Museum.

Years passed; fourteen of them. The young architect became a eurythmist, married and settled in Durham, North Carolina. She searched, mostly in vain, for anyone who had even heard of Rudolf Steiner. Finally with one other aware individual and two recently interested people, she started the "Rudolf Steiner Study Group". It met to begin with in an old mill house which had been set up as a Buddhist Meditation Center Behind the Psychical Research Foundation on Erwin Road; both buildings long gone in favor of an immense parking lot for Duke employees.

This study group was started in late March 1975, that is, just 50 years after Rudolf Steiner's death.

So as we celebrate in our community the 150th anniversary of Rudolf Steiner's birth, we can also reflect on the 'co-incidences' of significant dates that show a connection between our work here and the life of this great human being. And we can give thanks that from these modest beginnings people from all over have been drawn to the work here and have built and are continuing to build a community which supports a Waldorf School, an anthroposophical medical practice, a biodynamic farm, a forming Christian Community, a regular newsletter and now a recently started fourth Foundation Studies Program.

In the eyes of this now grey-haired architect/eurythmist, this is indeed remarkable and heartwarming. The hierarchies have smiled on us and my gratitude to them, and to all of you, is deeply felt.

*Eve Olive*

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### **NEXT BRANCH MEETINGS:**

**JANUARY 29,  
FEBRUARY 26**

This year our branch will be taking up the study of Prokofieff's book *The Esoteric Significance of Spiritual Work in Anthroposophical Groups and the Future of the Anthroposophical Society*. Branch meetings begin at 3 PM with recitation of Verses, followed by a sharing around the Circle of attendees. Next there is the reading and a discussion. Those who like may stay for a Pot Luck meal and fellowship. The January meeting will be at the home of Peg Carmody, 11 Bolin Hts. In Chapel Hill. The February meeting will be at the home of Kathleen Wright, 4615 Greenglen Dr. in Durham. For more information call her at : 919-309-9622 or email:

[sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com).

Right: Steiner stands before his sculpture "The Representative of Humanity"



# FOUNDATION STUDIES RESUME AT EWS

By Margaret Heath

A new Foundation Studies in Anthroposophy and the Arts Program began here in Chapel Hill on Saturday, January 15th. This year, our first session coincided with Waldorf Education Day at the Emerson Waldorf School. So we had the fortunate opportunity of beginning our course with a lecture by Douglas Gerwin, the Director of the Center for Anthroposophy in New Hampshire, which is the hub of these satellite programs.

The very well-attended opening lecture was "What does the Brain have to do with Learning?" in which Douglas Gerwin explored how Waldorf education contributes to the development and health of the brain, as these are now being understood through new insights from recent neuro-scientific research.

After a wonderful Eurythmy session with Eve Olive, the Foundation Studies group gathered in the Eurythmy Room. We realized another first for us is to have a class of 17 wonderful women.

I chose to open with a focus on South Africa, as Eve Olive and I are deeply connected to that country, with its heartfelt effort to transform its past. Another surprise - two of the students are also from South Africa!

We finished by complementing the earlier pictures of the brain with a brief exploration of the latest neuro-cardiology research. This is particularly relevant, as this first semester, we will be studying *How to Know Higher Worlds* from the perspective of "awakening the heart as an organ of perception" - marvelous task!

## Upcoming Events

**April 30th** there will be a workshop with Maurice York and Eve Olive on "Nature and Eurythmy - Emerson, Thoreau and Steiner"

**May 6th & 7th** will be Rick Spaulding on the same theme, with Jennifer Greene "Leaning from Water."

## Editor's Note re: the date of Steiner's Birth

No doubt some of you will be thinking that we have the wrong date for Steiner's birth. Yes, we know that even in his Autobiography he states that he was born on February 27, 1861; however that is not the case. Why he said it was, we can only speculate. What we have learned from other authors in whom Steiner confided is that shortly a couple of days before the Full Moon around 11:15 PM on February 25, Franziska and Johannes Steiner welcomed their little son into the world. The midwife apparently did a very careless job in tying his umbilical cord and then wrapped him in swaddling clothes. The child began to get weaker and paler. Finally, the blood came through the swaddling clothes, but the poor baby had already lost too much blood. When he was two days old his parents feared that he could not possibly survive another day, and so his Father went out into the freezing and snowy day with the baby and walked for two miles to the Church of St. Michael. The baby was baptized and the priest who filled out the form wrote: February 27 as the date of birth as well as Baptism. We don't know why he did it, nor why Steiner accepted it as his birthday when he knew it wasn't. Perhaps it was to keep things simple, or perhaps he felt that he had been given a "second birth" following that Baptism, for right after it he began to come revive. So whether you prefer February 25 or 27<sup>th</sup>, both can be considered his birthday.

## **NEW PSYCHOSOPHY SEMINAR COMING SOON!**

The Psychosophy Seminar is designed for anyone whose profession involves working with people, and who is interested in learning how to incorporate fundamental principles of spiritual science into his/her life and professional service. This would include Educators, Counselors, Administrators, Social Workers, Ministers, Caretakers and anyone involved in aspects of socially responsible organizations.

The seminar will occur with an opening evening followed by three and a half days for three sessions per year for four years, with both an East Coast cohort (meeting in Pennsylvania) and a West Coast cohort (meeting in California). The first session is scheduled for November 2011, with subsequent sessions planned to occur in February and May/June.

The faculty are William Bento, Ph.D., James Dyson, M.D., and Roberta Nelson, Ph.D. LAC, LPC. All 3 are well-known experts in their fields, which span transpersonal psychology, mental health, psychosynthesis, soul healing, and anthroposophy. Several adjunct faculty will join the three core faculty members to add expertise with individual topics.

The Psychosophy Seminar's most recent run in the US was from 2001-2004, and anticipation for this Seminar re-offering has been growing for several years!

We are currently collecting names of people who may be interested in participating in this seminar so that we may be in touch with them with more information about the course, the faculty, the calendar, and costs.

Should you like your name to be added to our mailing list, please email me at [amcmahon@camphillsoltane.org](mailto:amcmahon@camphillsoltane.org). Please include your name and email address. Be assured, you may opt out of our mailing list at any time.

We hope to hear from you soon!

Sincerely,

Anne-Marie McMahon

Administrator, Psychosophy Seminar

Coworker Outreach Coordinator

Camphill Soltane

610-469-0933

[www.camphillsoltane.org](http://www.camphillsoltane.org) | [Facebook](#)

*"Living, learning and working with young adults and adults with special needs"*

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## **CAMPHILL VILLAGES CELEBRATE THEIR 50<sup>TH</sup> ANNIVERSARY WITH APRIL SYMPOSIUM AT KIMBERTON FARM: "BEING HUMAN IN THE 21<sup>ST</sup> CENTURY – TOWARD NEW THINKING"**

This conference will be held from April 26-29 and hopes to attract 150 participants. For more information about this exciting event plus registration materials and information about the many guest speakers, go to [www.Camphill.org](http://www.Camphill.org)



## Message from the Sardellos About the Heart Initiation Course:

Dear Friends considering the Heart Initiation Course Beginning February 17,

Frank Waters is one of my all time heroes of mythic thinking. He wrote many prophetic novels, the hugely important *The Way of the Hopi*, and a book I picked up again over the week-end *Mexico Mystique: The Coming Sixth World of Consciousness*, which he wrote in 1975. It is about the end of the Mayan Calendar, which we hear a lot about these days, and is dated as occurring the winter Solstice, 2012. The information we all hear about this moment divides nicely into those who see catastrophic events – already happening, with larger ones on the horizon, and those seeing the dawning of the new Aquarian Age. Frank Water's research is impeccable; it cuts through vagaries and generalizations and gives genuinely helpful advice that is deeply related to our course Heart Initiation.

The outlook is not only dire, his research shows that this momentous change of cycles occurs on December 24, 2011 rather than the Winter Solstice of 2012.

What does "dire" mean? Everything you now see occurring will intensify rapidly – further corruption in government and corporations, upheavals, accidents, love turning to hate, short-sightedness, people dying of sheer fright, destruction by fire and earthquake and other natural catastrophes, violent deaths, economic upheavals, ecological disasters. Here is the astrological configuration of this time as described by Frank Waters:

Oppositions of planets at 180 degrees and squares at 90 degrees are regarded as unfavorable aspects. Squares occur here between Sun and Mars, Saturn and Venus, Neptune and Mercury, Jupiter and Venus, Uranus and Sun; and Mars and Uranus are in opposition to each other and squared with the Sun. Offhand, the whole configuration seems decidedly negative and unfavorable at best. ....

The most significant aspect of this unusual pattern is the conjoining of the Sun and Pluto; Saturn in exact opposition to Jupiter; Uranus squaring the conjunction.

What distinguishes Frank Waters, though, from so many other commentators on this event is that he shows us the kind of soul capacities that are being supported in the cosmos at this time to help with the inevitable transformations coming. The capacities also show in the configurations of the planets and concern: a) Neptune in Pisces at a 60 degree angle to the Sun-Pluto conjunction: b) Venus at 7 degrees Aquarius making a sextile to Uranus; c) Mercury in Sagittarius, make a sextile to Venus in Aquarius.

What are the meanings of these configurations? The first indicates that it is possible to activate the capacity of heart intuition during this time, which will mitigate the opposition between sensing/reflex and mind/reason. The second configuration will make it possible to activate a kind of love that mitigates the powerful stress of this moment, where service becomes paramount as a world outlook. The third configuration makes possible the activation of harmonious energy in the throat center – suggesting that language will play a great part in the coming cycle; not the chatter now in use, but words used carefully and creatively with respect for their power.

Dear friends, these three capacities – intuition of the heart as the new way of knowing, love as an actual force in the world, and language as active gesture of action, are precisely three of the capacities that are developed in the Heart Initiation Course!

When we began this course some 10 years ago now, we were inwardly clear about offering something that goes way beyond personal development – that we were preparing for the future that is coming toward us. The difficult times will last way beyond the end of this year – at least until 2016. We invite you to prepare new soul and spirit capacities that make you into a servant rather than a reactor to the times.

See the full description of the Heart Initiation course on our website: [www.spiritualschool.org](http://www.spiritualschool.org)

Warmly,

Robert Sardello, PhD. and Cheryl Sanders-Sardello PhD.

The School of Spiritual Psychology

***The School of Spiritual Psychology***  
***Presents***  
**Steps on the Grail Path:**  
**Spiritual Practices with Crystals and Minerals**

**With Robert Sardello, PH.D.**  
**And Cheryl Sanders-Sardello, PH.D.**  
**First Session: March 31-April 4, 2011**  
**Second Session: June 16-20**  
**Third Session: September 29-October 3, 2011**  
**Fourth Session: March 1-5, 2012**  
**Held at the Center for Spiritual Psychology**  
**Benson, North Carolina**

Each Session begins on Thursday evening at 6:00 and ends Monday at noon.  
 Acceptance of applications closes two weeks before the beginning of the course.

Enter an astounding way of working with crystals and minerals to develop spiritual capacities.  
 Based on an understanding of crystals, gems, and minerals as more than tools of personal evolution but rather as the visible bodies of spiritual beings, you will learn to be in relation with these beings.

By coming into inner relation with the spiritual beings of the stone world, our perspective is forever shifted. We begin to inwardly realize how narrow our normal range of experience is and how we live in a world of anti-silence that keeps us in inner ignorance. The Stone Path opens the infinite world of Silence, develops the capacity of being able to be with and care for others through the loving mediation of crystal beings, orients us to a radiant light of serving, helps us into devotional honoring of the fecund darkness from which all emerges, and shows us the incredible holiness of the human body in its intimacy with the earth-body. This is essentially a mystery path of working with the stone world meant to prepare us to meet the time stream from the future as it manifests every moment in our becoming.

We unfold the wisdom spoken by Nicola Tesla.... "In a crystal we have the clear evidence of the existence of a formative principle, and though we cannot understand the life of a crystal, it is nonetheless a living being."

And we develop the body's capacity of reverence for the stone world as indicated by the clairvoyant, Rudolf Steiner..... "Our sense organs are therefore perceiving with, but do not perceive themselves. The same applies to the angels and the mineral world. Their sense organs are to be found in the mineral physical world. Our precious stones are the secret instrument with which angels perceive".

**Curriculum includes:**

Stilling the mind to find the way through the narrowness of mental organization and opening to the breadth and depth of body awareness.

Learning to develop bodily capability of sensing inner dimensions of crystals and minerals

Developing capacities of perceiving in reverence – giving spiritual attention to the physical mineral world

Developing the capacity of feeling-knowing of a stone as it resonates within the individual soul; the particular soul resonances of different minerals and crystals and what they reveal

**The cosmology of a spiritual physics.** Physics in its Greek origin means "a-rising". Meeting the presence of the arising of the world into wholeness of being. Learning to navigate through the help of crystals, the intricate worlds of wholeness.

Working with the most powerful of crystal beings – the beings of moldavite and azeztulite, those beings concerned with the transformation of the human body into a vessel of world-transformation.

Working with the stories, myths, and mystery schools concerned with transformation through the beings of stones

Working with zodiac signs, gemstones, and the regions of the body

New approaches to healing with gemstones, including working with the use of gemstones by the medieval mystic Hildegard of Bingen in ways suitable to the present.

The Grail Myth and modern gemstone practices.

### The Coursework

**The first session** develops an understanding of the relation of the creative worlds of the cosmos to the depth of the spiritual will forces which originate from the spiritual earth. It also develops an understanding of various stone meditations and the kinds of stones that can be used, and in what forms.

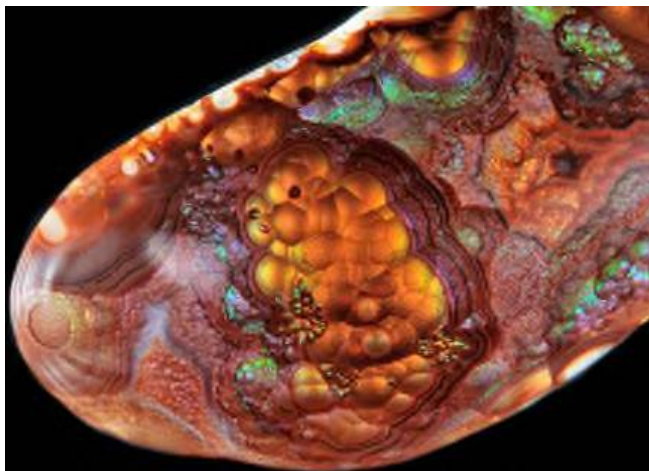
The practices develop Stone-Awareness. In the present way stones are employed in new age work, little attention is given to the stones themselves; there is a quick jump to feel what the stones bring. This inherent egotism has to be diverted in order to rightly meet the angelic presences. We work with a number of different stones – quartz, chalcedony, carnelian, garnet, rose quartz and others, to develop the experience of stone qualities such as form, transparency, and color as modes of deep spiritual consciousness requiring the befriending of the elemental beings of stones, opening then to the angelic presences.

**The second session** develops a sensory Yoga of Stones, the connection between the Self and the divine Self. Each stone is a spiritual gesture. We work to relinquish the usual sense of ourselves and to find the regions within us that can meet the crystal beings on their own terms. We develop the practices to come to the mineral realm as described by Rudolf Steiner:

.... Then we see the mineral realm, which by its nature contains crystals. Crystals, mineral crystals, become wonderful objects of research and observation precisely for the person seeking entry into the spiritual worlds. Once again, one feels compelled to lift ones gaze from the crystallized minerals one encounters on earth to the world-all, to the cosmos...Once again one experiences the essence of things out there in the cosmos, and once more one says to oneself: what we experience down here as crystallized minerals is caused by the living spirit found in the expanse of the cosmos.

(from: *True and False Paths of Spiritual Investigation*)

We work with a variety of minerals and crystals such as fluorite, rosophia, snowflake obsidian, ruby, and others to show how we move from the sensory presence of the stones we befriend to a soul sense of the beings of the stones.



*A polished piece of Mexican fire agate, viewed at a magnification of 4x, imaged by Thomas Shearer of ColdStone Photography, LLC in Duluth, Minnesota. (Courtesy of Nikon Small World)*

**The third session** develops an understanding of the circulation that can occur from the inner presence of the beings of crystals and minerals back to the spiritual worlds and the return of new human capacities, through the Sophia.

The practices involve developing the capacity to not only enter into the imaginative world of crystals and minerals, but to go beyond that and to unite our soul with the soul of specific stones to fully experience the soul dimension of specific crystals and minerals. We learn to enter the descriptions of stones given by typical new age compendia of stones and to hear these descriptions as the voice of the stones rather than simply descriptions of the qualities that we derive from stones. We move from

the notion of stones as being for our use to stones as central to the making of a New Heaven and a New Earth. We work extensively with tourmaline as the "Christ Stone", the stone that has been called the 'authority' stone, showing, though practices, how it changes sensory perception of ALL stones, revealing them in their spirit-qualities.

**The fourth session** concerns understanding the difference between meeting the soul worlds of minerals and crystals and going through the soul world to encounter the spiritual worlds of specific stones, such as azezulite, aquamarine, and stones of the planets.

Practices involve coming to develop the inner capacities of holding the spirit worlds of stones within inner, clear, consciousness, and being present to the awaking of the light body through the inner presence of the beings of stones. We develop the capacity to track the inner transfiguration of the body. We return again to the way crystals and minerals are described in new age compendia, this time to re-hear the descriptions as the spiritual

activity of the stones. We work with specific stones that correspond to the constellations and planetary spheres to begin to feel the presence of the creative presence coming from these regions.

We provide an imagination of how to work with minerals and crystals on an ongoing basis and how to notices the inner changes and bodily transformations brought about and how those changes bring healing to others and to the world.

**Suggested readings for the course include:**

Robert Sardello, *Steps on the Stone Path: Working with Minerals and Crystals as a Spiritual Practice*

Rudolf Steiner, *True and False Paths of Spiritual Investigation*

**The Faculty**

Robert Sardello, Ph.D. and Cheryl Sanders, Ph.D., co-directors of the School of Spiritual Psychology are the lead faculty. Other faculty are sometimes brought in for individual sessions.

SEE COMPLETE DESCRIPTION OF ALL COURSES OF THE SCHOOL OF SPIRITUAL PSYCHOLOGY ON OUR WEBSITE: **WWW.SPIRITUALSCHOOL.ORG**

**REDEEMING THE REALM OF RIGHTS:  
A Conference on Rights and Democracy  
Hosted by the Social Sciences Section of North America  
Thursday, June 30 to Sunday, July 3, 2011  
at the Hawthorne Valley School in Harlemville, NY**

Along with a financial and environmental crisis, we are facing a crisis in democracy and human relations. Within our national and state governments, financial and corporate interests take priority over the rights of the people, resulting in human and environmental exploitation and international strife. This is not simply the result of institutional failure, but a failure of developing the necessary human capacities needed for a living democracy. Our institutions and social forms are a reflection of thoughts and feelings that people carry within them. Therefore, meaningful change will not only require the transformation of our outer structures but also require an inner transformation of the people who are active within them.

In this conference, we will use the social threefolding ideas of Rudolf Steiner as framework to explore our American political heritage, some of the most pressing political issues of our times, and the outer forms and inner capacities that we will need in the future to redeem the realm of rights. Along with presentations we will employ artistic exercises and focused and free-form conversations to gain insights and develop new capacities.

Initial sponsors of this conference are the Center for Social Research at Hawthorne Valley, Think OutWord, and the Berkshire Taconic Branch of the Anthroposophical Society. Conference fees will be on a sliding scale: consideration is being given to a range of \$125 - \$300.

For more information about the conference, contact  
Gary Lamb, [garylamb@taconic.net](mailto:garylamb@taconic.net) ; 518-672-4465. Ext. 223.

## NATIVITY PLAY IN BEIJING, CHINA

Tammy Hughes sent us these wonderful photos of the Nativity Play, which the 7<sup>th</sup> graders at the Nan Shan Waldorf School in Beijing performed:



# Directory of Anthroposophical Initiatives in North Carolina

## Branches

### **The Rudolf Steiner Branch (NC) of the Anthroposophical Society in America** *Serving Chapel Hill, Durham, Hillsborough, Pittsboro, Cedar Grove, Mebane and Raleigh*

P.O. 16024

Chapel Hill, NC 27516

[www.anthroposophync.org](http://www.anthroposophync.org)

#### **RSBNC Board:**

President; Peg Carmody 919-537-8142; [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

Vice President: Nancy Willson 919-493-1091

Secretary: Kathleen Wright 919-309-9622;

[kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com)

Treasurer: Peg Carmody

Newsletter: *The Sophia Sun* (monthly 9 times per year)

Email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

## Groups:

**Asheville:** Todd Crowe 828-216-3226; [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

Website: [www.azaleamountain.org](http://www.azaleamountain.org)

**Greensboro:** Sandy LaGrega – 336-292-7947; [sunsan52@aol.com](mailto:sunsan52@aol.com)

**Wilmington:** Anna Bowman - 910-338-0833

Alicia Marroquin - 910-874-7200; [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**Winston-Salem-Yadkin Valley** - Sarah Putnam- 336-972-8243; [sputnam01@att.net](mailto:sputnam01@att.net)

Beth Bean - 336-942-8068

## Education

### **Emerson Waldorf School (N-K-12)**

[www.emersonwaldorf.org](http://www.emersonwaldorf.org)

6211 New Jericho Rd.

Chapel Hill, NC 27516

Administrator: Joanna Andruscavage

Main Office: 919-967-1858

High School Office: 919-932-1195

Early Childhood office: 919-967-3362

### **Foundation Year Studies at the Emerson Waldorf School**

(sponsored by the Center for Anthroposophy in NH)

Contact: Claire Viadro 919-967-8215; [Viadro@mindspring.com](mailto:Viadro@mindspring.com)

### **Home Nursery School Association (serving Durham, Chapel Hill and Hillsborough)**

(There are currently 7 home nursery programs that utilize Waldorf principles)

Contact: Marie Nordgren 919-544-8748; [amnordgren@aol.com](mailto:amnordgren@aol.com)

### **School of Spiritual Psychology**

Benson, NC

[www.spiritualschool.org](http://www.spiritualschool.org)

Robert Sardello and Cheryl Sanders-Sardello, Directors

**Azalea Mountain Morning Garden (serving Asheville)**

Contact: Kate Reese or Maria Allen 828-505-1350; [www.azaleamountain.org](http://www.azaleamountain.org);  
**Azalea Mountain School K-4, a Waldorf-inspired school plans to open in the Fall of 2011.**  
 (see website for more info at [www.azaleamountain.org](http://www.azaleamountain.org))

## Medical

**Mark Eisen, M.D., anthroposophical family medical practice**

900 MLK Blvd., Chapel Hill, NC 27514, 919-967-9452; [mjepractic@aol.com](mailto:mjepractic@aol.com)  
**Jubilee** – offering Anthroposophical books, Weleda remedies and toiletries, Dr. Hauschka cosmetics, True Botanica remedies, at the medical practice of Dr. Eisen

**Margaretta Bornhorst, R.N.** anthroposophical nurse; Rhythmical massage practitioner, 919-824-7337; [healingrhythms@gmail.com](mailto:healingrhythms@gmail.com)

**Divine Rose** - Cory Roth, NC licensed/certified Dr. Hauschka esthetician; offers Dr. Hauschka facial treatments and make-up sessions; contact: 919-933-4748; [Divinerose55@gmail.com](mailto:Divinerose55@gmail.com)

## Biodynamic Farms

**Whitted-Bowers Farm** - Demeter certified – specializing in fruits and vegetables; 8707 Art. Rd., Cedar Grove, NC 27231; 919-732-5132; Rob and Cheri Bowers, owners

**Infinity Farm** – uses biodynamic methods; organic goat milk, grass fed meats; organic eggs; vegetables. Jon Lyerly, director 919-357-7453; [jlyerly2@gmail.com](mailto:jlyerly2@gmail.com); or Dave Roth 919-245-1040; [infinityfarmnc@gmail.com](mailto:infinityfarmnc@gmail.com); 1600 McDade Store Rd., Cedar Grove, NC

## The Arts

**Eurythmy** - Eve Olive - 919-489-2564; [eveolive@frontier.com](mailto:eveolive@frontier.com)  
 Ann Calloway – 919-403-8678 [callaway.lonaann@gmail.com](mailto:callaway.lonaann@gmail.com)

**Werbeck Singing** - Joanna Carey – 919-403-7060

**Lyre Music**-\_Joanna Carey – 919-403-7060  
 Suzanne Mays – 919-929-1073

**School of Choreocosmos, Sophia Grail Circles**

Kelly Calegar - [www.eastcoastschoolofchoreocosmos.com](http://www.eastcoastschoolofchoreocosmos.com)  
 Marlene Joyce – [mjoyce126@bellsouth.net](mailto:mjoyce126@bellsouth.net)

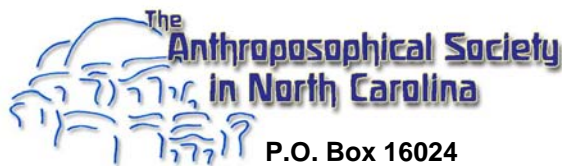
## Christian Community

A Christian Community priest visits our Congregation bi-monthly. Currently, Rev. Carol Kelly and Rev. Patrick Kennedy are the priests we share with the Washington D.C. parish.

**Contact:** Linda Folsom, Steering Committee member, 493-8323.  
[lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com)  
 Website: [www.christiancommunitync.org](http://www.christiancommunitync.org)

## Anthroposophical Lending Library

The Phoenix Library, Chapel Hill, NC 27517  
 Contact: Judy Frey 919-928-8749; [damaris12@nc.rr.com](mailto:damaris12@nc.rr.com)



P.O. Box 16024  
Chapel Hill, NC 27516-0913

## *The Sophia Sun*

P.O. Box 16024  
Chapel Hill, NC 27516  
[www.anthroposophyNC.org](http://www.anthroposophyNC.org)

Editor.....Kathleen Wright  
Calendar.....Linda Folsom

**The Sophia Sun** is the newsletter of the Rudolf Steiner Branch (NC) of the Anthroposophical Society in America, a 501(c)3 non-profit organization. It is published 9 times a year (no issues in Jan., July and Aug.). Members are encouraged to view the newsletter electronically by visiting our website [www.anthroposophyNC.org](http://www.anthroposophyNC.org). If you wish to receive the newsletter by email, please write to the editor at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) **Note:** On line, the newsletter is in color; mailed copies are in black and white. To receive the newsletter by Postal service please contact the editor. **Cost is \$20. a year for members and \$40 for nonmembers.**

### **Submitting articles, letters, announcements and ads:**

Please send UNFORMATTED text in Microsoft Word to [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com).  
Articles should not exceed 3 pages in length, and preferably should be 1-2 pages long.

**Ads for goods and services:** Dues-paying members of the Rudolf Steiner Branch are entitled to one free ad per year (quarter of a page). Please contact the editor for rates if you are not a member and wish to place an ad.

If you have any questions, please contact: **Kathleen Wright, at 919-309-9622 or 919-672-0149 or email her at [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)**



**Anthroposophy**, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). **Rudolf Steiner** was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditator, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement, anthroposophical medicine, biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at [www.anthroposophy.org](http://www.anthroposophy.org) or our local website at [www.anthroposophyNC.org](http://www.anthroposophyNC.org)